Suicidal Thoughts Report – File in Research File

Participant ID (Do not include any identifiable information): Date:

Time period: Telephone Screen / Baseline /Rand Assessment / MBCT+1month / 9m / 12m / 18m / 24m

BDI suicide item score:
Hamilton suicide item score:
Suicide risk information: *Include whether the participant has reported any of the following:* • *History of previous suicide attempts* • *Current suicidal ideation* • *Suicide plans / preparations* • *Escalation in suicidal ideation* • *Protective factors* • *Regular contact with GP?* *Date reported: ___/___/___*
Additional notes / actions taken: *As part of the PREVENT protocol, suicide risk is **managed** by the patient's GP.* *Date action taken: ___/___/__*

Researcher: _____ Signed: _____ Date: ___/___/___

Clinical Lead: _____ Signed: _____ Date: ___/___/___

GP Risk Letter – Copy filed in Patient Contact File

Surgery Address

Date

Dear Dr _____

POTENTIAL SUICIDE RISK

Re: Participant Name _____ DOB

As you know, PATIENT NAME, is taking part in the PREVENT trial comparing mindfulness-based cognitive therapy with antidepressant medication for the treatment of recurrent depression. As part of this research I speak with him/her on a number of occasions to assess his/her wellbeing and depressive symptoms. I am writing to update you about our discussions/meeting today.

As part of the assessment we ask about depression using a standardised interview and questionnaire. PATIENT NAME reported that he / she ……(verbal report / score on relevant item). I have not undertaken a formal assessment with PATIENT NAME but I have recommended that he / she arrange to make an appointment to come and see you to discuss this further.

As ever, the clinical management of this patient remains your responsibility, but it is part of our study protocol to inform you of any suicidal thoughts disclosed to ourselves so that you can take account of them in your clinical management of this patient.

Yours sincerely,

Site Researcher **Supervised by Site Clinical Lead**

Cc: Participant
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