

A. Training to be a doula

A1. What year did you complete your training?

.....

A2. Why have you not been able to support any women one-to-one yet?

I completed the training but stopped volunteering 1

I completed the training but have not yet been
matched with anyone (please go to question A4) 2

Other (please say what)

.....

A3. Why were you not able to continue? Please tick all that apply

Too time consuming

I moved away

I got a paid job

I did not feel that I was suited to the role

The role is not what I expected

Other (please say what)

.....

A4. Were there any aspects of active volunteering that you feel the training did not prepare you for?

Yes 1

No 2

If yes, please say what aspect(s):

.....

A5. Was there anything in the training that you struggled with?

Please tick all that apply.

Studying

Finding the time

Travel to the venue

Child care

No - did not struggle with anything

Other - please say what:

.....

A6. How important are the following for encouraging new volunteers to stay with the service? Please circle a number for each type of support listed to indicate whether it was not important (0), somewhat important (1) or very important (2).

	Not	Somewhat	Very
	0	1	2
Do not have a long wait before supporting a woman	0	1	2
Start with a simple case	0	1	2
Be a backup doula first	0	1	2
Have more contact from service staff	0	1	2
Option of voluntary work other than one to one support eg attend events, promote service	0	1	2
Other (please say what)			
.....			

A7. How important were the following outcomes of the training for you personally?

	Not Important	Important	Very Important
	0	1	2
Increased confidence	0	1	2
Qualification	0	1	2
Increased knowledge	0	1	2

Helped to get future training and job	0	1	2
Made friends	0	1	2
Sense of achievement	0	1	2
Other (please say what)			

.....

A8. What could the service do to help newly-qualified doulas complete their volunteering commitment?

Please tick all that apply.

- Do not have a long wait before supporting a woman
- Start with a simple case
- Be a backup doula first
- Have more contact from service staff
- Option of voluntary work other than one
- to one support eg attend events, promote service
- Nothing needed
- Other (please say what)

.....

B. Becoming involved with the service

B1. What were your *personal* reasons for becoming involved?

	Not a reason	A small reason	A big reason
Wanted to support women in pregnancy	0	1	2
Wanted to support women in childbirth	0	1	2
I had a positive personal birth experience and wanted to help other women have a positive experience	0	1	2
I had a negative personal birth experience and I wanted to help prevent other women have a negative experience	0	1	2
Wanted to work with socially disadvantaged women	0	1	2
Other (please say what)	0	1	2

.....

B2. What were your *work* related reasons for becoming involved?

	Not a reason	A small reason	A big reason
To use the skills I already had	0	1	2
To help in applying for further training (please say which)	0	1	2
To help in gaining employment (please say which)	0	1	2
To find out more about working in health and social care	0	1	2
Other (please say what)			

.....

B5. What aspects of the role would have encouraged/would encourage you to keep volunteering?

	Not at all	Somewhat	A great deal
Payment	0	1	2
Greater responsibility	0	1	2
Being able to support women with simpler needs	0	1	2
Being able to support women with more complicated needs	0	1	2
Other (please say what)	0	1	2

.....

B6. What else would have encouraged/would encourage you to keep volunteering?

	Not at all	Somewhat	A great deal
More contact with other doulas	0	1	2
More support from service/project staff	0	1	2
Better recognition by health services	0	1	2
Fewer commitments in personal life	0	1	2
Other (please say what)	0	1	2

.....

C. The doula role

C1. If the service could **only** provide support at **one** stage, which should it be?

Please circle only ONE.

Support before the birth 1

Support during labour/birth 2

Support after the birth 3

Please say why

.....

C3. To what extent is the doula role about friendship?

It is not part of the role 1

It is a small part of the role 2

It is a big part of the role 3

Please say why you have chosen the option above:

.....

C4. To what extent is the doula role about working with the woman's partner/ wider family?

It is not generally part of the role 1

It is generally a small part of the role 2

It is generally a big part of the role 3

C6. How important do you think it is that a doula has had a child and/or has parenting experience?

Not important 1 Quite important 2 Very important 3

Please say why you have chosen this option:

.....

D. About You

D1. How old are you?

.....

D2. How old were you when you left school or college?

.....

D4. Are you currently in paid employment?

- No 1
- Yes - part time 2
- Yes - full time 3
- Other (please say what) 4

.....

D5. What is your ethnic group?

- White 1
- Mixed 2
- Asian or Asian British 3
- Black or Black British 4
- Other (please specify) 5

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Finally....

Thank you very much for filling in this questionnaire and for being part of this research study.

Please remember that everything you have told us in this questionnaire is confidential and will not be fed back to anyone at the doula service.

If you have any questions about the research or this questionnaire, please email [REDACTED]. Alternatively, ring [REDACTED], the Evaluation Project secretary, on [REDACTED] and leave your number and one of the research team will phone you back.

Please use the space below and the blank page opposite for anything else that you would like to tell us.