Drug Abuse Screening Test (DAST-10)

General Instructions

"Drug use" refers to (1) the use of prescribed or over-the-counter drugs in excess of the directions, and (2) any nonmedical use of drugs. The various classes of drugs may include cannabis (i.e., marijuana, hashish), solvents (e.g., paint thinner), tranquilizers (e.g., Valium), barbiturates, cocaine, stimulants (e.g., speed), hallucinogens (e.g., LSD), or narcotics (e.g., heroin). The questions do not include alcoholic beverages.

Please answer every question. If you have trouble with a question, then choose the response that is mostly right.

Segment: ____________ Visit Number: ___________ Date of Assessment: ______/______/________

These questions refer to drug use in the past 12 months. Please answer No or Yes.

1.	**Have you used drugs other than those required for medical reasons?**	☐ No	☐ Yes
2.	**Do you use more than one drug at a time?**	☐ No	☐ Yes
3.	**Are you always able to stop using drugs when you want to?**	☐ No	☐ Yes
4.	**Have you had "blackouts" or "flashbacks" as a result of drug use?**	☐ No	☐ Yes
5.	**Do you ever feel bad or guilty about your drug use?**	☐ No	☐ Yes
6.	**Does your spouse (or parents) ever complain about your involvement with drugs?**	☐ No	☐ Yes
7.	**Have you neglected your family because of your use of drugs?**	☐ No	☐ Yes
8.	**Have you engaged in illegal activities to obtain drugs?**	☐ No	☐ Yes
9.	**Have you ever experienced withdrawal symptoms (i.e., felt sick) when you stopped taking drugs?**	☐ No	☐ Yes
10.	**Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding)?**	☐ No	☐ Yes

Comments:

Scoring

Score 1 point for each "Yes," except for question 3, for which a "No" receives 1 point.

DAST Score: __________

Interpretation of Score:

Score	Degree of Problems Related to Drug Abuse	Suggested Action
0	No problems reported	None at this time
1–2	Low level	Monitor, reassess at a later date
3–5	Moderate level	Further investigation
6–8	Substantial level	Intensive assessment
9–10	Severe level	Intensive assessment

Adapted with permission.[100,101]