Evidence Table 7. Intervention characteristics—survivorship care models focused on SCP development

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| **Author, Year****Trial Name****Type of Survivorship Model, if Defined****Recipient of Intervention Component** | **Inclusion/Exclusion Criteria** | **Goal of Intervention****Intervention Duration** | **Components of Survivorship Care** | **Intensity of Intervention** | **Delivery Agent (and Mode of Delivery)** |
| Curcio et al. 20116NRNRPatients | Inclusion criteria: * Patients who had completed acute treatment for cancer within the past 2 years. Acute treatment was defined as completion of any planned surgery, chemotherapy, or radiation therapy. Survivors who remained on hormonal treatments for their cancer were considered to have completed their acute treatment and were included. Survivors within 2 years of completing their acute treatment also were included. An additional inclusion criterion was being older than 18 years.

Exclusion criteria: * Having evidence of metastatic disease; receiving hospice services; or being unable to read, write, or speak English.
 | To improve cancer survivors’ knowledge about their disease and decrease anxiety.Average duration: 1 month | G1: Survivorship protocol (i.e., formalized mechanism to review IOM recommendations with the patient) visit in which an individualized SCP was reviewed with the patient and any questions were answered; a followup phone call to answer any remaining questions and assess their anxiety and knowledge | Intervention component 1: Survivorship visit including review of individualized care planAverage number: 1Average time in each session (SD): 58.8 minutes (12.5)Intervention component 2: Phone callAverage number of sessions: 1 | Intervention component 1: Nurse practitioner (face-to-face)Intervention component 2: Nurse practitioner (telephone) |

Evidence Table 7. Intervention characteristics—survivorship care models focused on SCP development (continued)

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| **Author, Year****Trial Name****Type of Survivorship Model, if Defined****Recipient of Intervention Component** | **Inclusion/Exclusion Criteria** | **Goal of Intervention****Intervention Duration** | **Components of Survivorship Care** | **Intensity of Intervention** | **Delivery Agent and Mode of Delivery** |
| Grunfeld et al., 20117NRSCPIntervention component 1: Patients, PCPs also receive the patient’s SCPIntervention component 2: Patients | Inclusion criteria: * Women with early-stage breast cancer who completed primary treatment at least 3 months previously, except for continued use of tamoxifen or an aromatase inhibitor, and who were without recurrent or new primary cancer.

Exclusion criteria: * Patients were excluded if they were still experiencing complications of primary treatment, did not have a PCP to provide care, were previously enrolled on a study requiring oncology followup, were actively followed up for another primary cancer, or had a PCP who already had a patient enrolled in the trial (to avoid contamination).
 | To determine if an SCP for breast cancer survivors improves patient-reported outcomesAverage duration: 2 years, although only results up to the 12-month visit were reported | A comprehensive SCP that consisted of the prescribed elements, including a personalized treatment summary, a patient version of the Canadian national followup guideline, a summary table of the guideline that served as a reminder system, and a resource kit tailored to the patient’s needs on available supportive care resources. These documents were compiled in a binder and were reviewed with the patient during an educational session with a nurse, who also made an explicit statement that followup care was now the responsibility of the PCP and that access to the oncologist was available when needed. These documents were also sent to the patient’s PCP together with the full followup guideline, a user-friendly summary version, and a reminder table | Intervention component 1: SCP binder delivery and educational sessionAverage number of sessions (SD): 1Average time in each session: 30 minutesIntervention component 2: Routine followup transferred to PCP | Intervention component 1: Nurse (face-to-face)Intervention component 2: PCP (face-to-face) |

Evidence Table 7. Intervention characteristics—survivorship care models focused on SCP development (continued)

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| **Author, Year****Trial Name****Type of Survivorship Model, if Defined****Recipient of Intervention Component** | **Inclusion/ Exclusion Criteria** | **Goal of Intervention****Intervention Duration** | **Components of Survivorship Care** | **Intensity of Intervention** | **Delivery Agent and Mode of Delivery** |
| Jefford et al., 20118NRNRPatients, although support people are encouraged to attend intervention component 1 | Inclusion criteria: * Eligible survivors were (a) diagnosed with CRC (stages I–III), (b) completing primary treatment with curative intent (surgery, chemotherapy, radiotherapy, or combination) or had completed primary treatment with curative intent within the past 12 months, (c) older than 18 years, and (d) able to speak sufficient English to complete questionnaires and provide informed consent.

Exclusion criteria:* Patients had severe cognitive or psychological difficulties, as determined by the treating provider.
 | This study aimed to develop and pilot test an innovative supportive care program for people with potentially curative CRCAverage duration of interaction: ~7 weeks for intervention components 1 and 2 | Provision of information—DVD, information booklet, question prompt list; an individualized SCP for the survivor, their GP, and oncology specialists; a face-to-face, nurse-led end-of-treatment session; followup telephone calls | Intervention component 1: End-of-treatment consultationAverage number of sessions: 1Average time in each session: 1 hourIntervention component 2: Followup telephone callsAverage number of sessions: 3Average time in each session: 10 minutes | Intervention component 1: Nurse (face-to-face or telephone)Intervention component 2: Nurse (telelphone) |

Abbreviations: CRC = colorectal cancer; G = group; IOM = Institute of Medicine; NR = not reported; PCP = primary care physician; SCP = survivorship care plan; SD = standard deviation.