Evidence Table 6. Intervention characteristics—nurse-led survivorship care models

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| **Author, Year**  **Trial Name**  **Type of Survivorship Model, if Defined**  **Recipient of Intervention Component** | **Inclusion/Exclusion Criteria** | **Goal of Intervention**  **Intervention Duration** | **Components of Survivorship Care** | **Intensity of Intervention** | **Delivery Agent (and Mode of Delivery)** |
| Gates et al., 20124  NR  Nurse-led survivorship care  (Draws on Pender’s Revised Health Promotion Model)  Patients | Inclusion criteria:   * Survivor participants: Had a diagnosis of HL; received upper torso radiotherapy at any stage during treatment, regardless of other therapies; at least 5 years postcompletion of curative treatment for HL; a new referral to the haematology late effects clinic at Peter Mac; over 18 years old; able to complete study requirements in English; had a sibling, partner, or significant other unaffected by a diagnosis of cancer who met eligibility criteria outlined below, and were willing to take part as a control participant. | To establish whether receiving a health-promoting intervention from a specialist cancer nurse demonstrates capacity to improve HL survivors’ knowledge of and motivation to adopt health-promoting behaviors.  Average duration of interaction: 6 months | Nurse-led consultations include an education package tailored to the individual’s health needs, screening for emotional distress, and delivery of an individualized SCP  Phone calls to reinforce intervention | Intervention component 1: Nurse-led consultations  Average number of sessions: 2  Intervention component 2: Phone call to reinforce intervention  Average number of sessions: 2 | Intervention component 1: Nurse (face-to-face)  Intervention component 2: Nurse (telephone) |

Evidence Table 6. Intervention characteristics—nurse-led survivorship care models (continued)

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| **Author, Year**  **Trial Name**  **Type of Survivorship Model, if Defined**  **Recipient of Intervention Component** | **Inclusion/Exclusion Criteria** | **Goal of Intervention**  **Intervention Duration** | **Components of Survivorship Care** | **Intensity of Intervention** | **Delivery Agent (and Mode of Delivery)** |
|  | Inclusion critieria (cont.):   * Healthy participants: A sibling, partner, or significant other of a study group HL survivor; never diagnosed with cancer (excluding nonmelanoma skin cancers); of comparable age (+/− 5 years) and gender to the study group HL survivor; over 18 years; able to complete the study requirements in English; no co-occurring serious and/or uncontrolled illness that impacted their functional status, including heart disease, stroke, respiratory disease, diabetes, dementia, and Alzheimer’s disease. |  |  |  |  |

Evidence Table 6. Intervention characteristics—nurse-led survivorship care models (continued)

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| **Author, Year**  **Trial Name**  **Type of Survivorship Model, if Defined**  **Recipient of Intervention Component** | **Inclusion/Exclusion Criteria** | **Goal of Intervention**  **Intervention Duration**  **Cointerventions** | **Components of Survivorship Care** | **Intensity of Intervention** | **Delivery Agent (and Mode of Delivery)** |
| Knowles et al., 20075  NR  Nurse-led care  Patients | Inclusion criteria (cont.):   * All patients having undergone surgery with curative intent for a colorectal cancer primary (Dukes A, B, and C) who would be considered eligible for surgical resection in the event of disease recurrence.   Exclusion criteria:   * Patients with metastatic or recurrent colorectal disease. * Patients who wished to remain in traditional followup care. * Patients not deemed suitable for nurse-led followup by their surgeon/oncologist due to complications or complex comorbidities. * Patients from outside of the Lothian Area who would routinely be followed up closer to home. | Pilot study designed to assess the feasibility of a followup program led by nurse specialists for patients with colorectal cancer  Average duration of interaction: ~12 months | Telephone clinic; consultant clinic; nurse specialist clinics  Investigations and assessments (e.g., pathology results, symptom assessment, clinical examination, wound examination, rectal exam, carcinoembryonic antigen marker, computed tomography scan) routinely required per-protocol varied per clinic interval | Intervention component 1: Telephone clinic  Average number of sessions: 1  Intervention component 2: Consultant clinic  Average number of sessions: 1  Intervention component 3: Nurse specialist clinics  Average number of sessions: 3  Average time in each session: 20–25 minutes | Intervention component 1: Nurse (telephone)  Intervention component 2: Surgical consultant (face-to-face)  Intervention component 3: Nurse (face-to-face) |

Abbreviations: HL = Hodgkin’s lymphoma; NR = not reported; SCP = survivorship care plan; SD = standard deviation.