

Table 7: Summary of Recommendations in Included Guidelines

Recommendations	Strength of Evidence and Recommendations
Allan, 2018 ¹⁴	
<p>Palliative (end-of-life) cancer pain: “We recommend against use of medical cannabinoids as first- or second-line therapy for palliative cancer pain owing to limited benefits and high risk of harms”</p> <p>-“Clinicians could consider medical cannabinoids for refractory pain in palliative cancer patients, with the following considerations:</p> <ul style="list-style-type: none"> — a discussion has taken place with patients regarding the risks and benefits of medical cannabinoids for pain — patients have had a reasonable therapeutic trial of ≥ 2 prescribed analgesics and have persistent problematic pain despite optimized analgesic therapy — medical cannabinoids are adjuncts to other prescribed analgesics” (p.112) 	<p>-Strong recommendation against first-line or second-line use</p> <p>-GRADE quality of evidence for ≥30% reduction in palliative pain: Very low</p> <p>-Weak recommendation to consider in refractory pain</p>
Australia, 2017 ¹⁷	
<p>“As there are very few studies on medicinal cannabis treatment in palliative care, it should be used only after standard treatments have failed. It is possible that medicinal cannabis will interact with chemotherapy and other medications used in palliative care. More studies are needed to better understand this.”(p.3)</p> <p>“Patients and prescribing clinicians should be aware of possible adverse events such as somnolence, nausea and dizziness. Adverse events such as confusion, pain, diarrhoea or hallucinations may impact the overall aims of the palliative medicine and reduce quality of life, and should be evaluated on a case-by-case basis.”(p.11)</p>	<p>Strength of recommendations not provided.</p> <p>Levels of evidence by disease category:</p> <p>Alzheimer’s Disease: Dronabinol for weight gain, mood: C</p> <p>Cancer: Dronabinol, THC, THC:CBD for pain: C Cannabis sativa for symptoms related to cancer and cancer-treatments: C Dronabinol for appetite and nausea: C Nabilone for pain, morphine use, nausea, anxiety, appetite, and overall distress: C Dronabinol, THC:CBD or THC for caloric intake, appetite, weight gain, nausea and vomiting, sleep, depressed mood: D</p>

CBD = cannabidiol; THC = tetrahydrocannabinol