

**Table MH13.10 Sources of Mental Health Services in the Past Year among Youths Aged 12 to 17, by Age Group: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH**

Source of Mental Health Service <sup>1</sup>	TOTAL						AGED 12-13						AGED 14-15						AGED 16-17					
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
<b>SPECIALTY MENTAL HEALTH<sup>2</sup></b>	13.6	13.8	1.02	0.32	0.37	1.13	13.1	13.5	1.03	0.58	0.63	1.08	14.5	14.9	1.02	0.56	0.60	1.07	13.2	13.1	0.99	0.52	0.71	1.35
<b>Outpatient</b>	12.5	12.7	1.02	0.31	0.34	1.11	11.5	12.0	1.04	0.53	0.57	1.07	13.6	13.9	1.03	0.54	0.57	1.05	12.3	12.3	1.00	0.51	0.69	1.35
Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor	10.5	10.7	1.02	0.28	0.31	1.12	9.3	9.9	1.06	0.46	0.47	1.01	11.4	11.6	1.02	0.48	0.49	1.01	10.5	10.4	0.99	0.48	0.64	1.34
Mental Health Clinic or Center	3.0	3.1	1.04	0.16	0.19	1.19	2.4	2.6	1.06	0.26	0.27	1.01	3.2	3.4	1.05	0.27	0.33	1.25	3.3	3.3	1.01	0.28	0.38	1.38
Partial Day Hospital or Day Treatment Program	1.9	2.0	1.04	0.13	0.16	1.25	1.8	2.0	1.09	0.23	0.34	1.45	2.4	2.5	1.06	0.25	0.35	1.43	1.6	1.6	0.98	0.19	0.23	1.18
In-Home Therapist, Counselor, or Family Preservation Worker	3.2	3.1	0.98	0.16	0.19	1.18	3.0	2.8	0.95	0.29	0.33	1.15	3.7	3.8	1.01	0.30	0.36	1.22	2.9	2.8	0.98	0.27	0.36	1.36
<b>Inpatient or Residential (Overnight or Longer Stay)<sup>2</sup></b>	2.3	2.3	0.98	0.14	0.14	0.98	2.5	2.4	0.95	0.29	0.29	0.99	2.3	2.3	1.01	0.22	0.24	1.09	2.2	2.2	0.98	0.22	0.18	0.82
Hospital	2.0	2.0	0.99	0.13	0.14	1.10	2.2	2.2	0.98	0.27	0.29	1.06	2.0	2.0	0.99	0.21	0.23	1.10	1.9	1.9	1.00	0.19	0.18	0.94
Residential Treatment Center	0.8	0.8	0.94	0.08	0.08	0.98	0.6	0.5	0.81	0.13	0.10	0.81	0.9	0.9	1.00	0.13	0.14	1.12	0.9	0.9	0.95	0.16	0.13	0.80

See notes at end of table.

(continued)

**Table MH13.10 Sources of Mental Health Services in the Past Year among Youths Aged 12 to 17, by Age Group: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH (continued)**

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	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
<b>NONSPECIALTY SERVICE</b>	15.0	15.3	1.02	0.33	0.45	1.34	16.4	17.2	1.05	0.65	0.75	1.16	16.3	16.6	1.02	0.56	0.69	1.24	12.5	12.2	0.97	0.50	0.66	1.33
<b>Education<sup>3,4</sup></b>	13.0	13.2	1.02	0.32	0.43	1.33	14.2	15.0	1.05	0.60	0.69	1.14	14.5	14.8	1.02	0.53	0.62	1.17	10.2	9.9	0.97	0.46	0.61	1.31
School Social Worker, School Psychologist, or School Counselor	9.4	9.7	1.04	0.27	0.40	1.49	10.3	10.8	1.05	0.51	0.61	1.20	10.5	11.0	1.05	0.46	0.56	1.21	7.4	7.5	1.00	0.39	0.51	1.31
Special School or Program within a Regular School for Students with Emotional or Behavioral Problems	5.0	4.9	0.99	0.20	0.21	1.09	5.2	5.5	1.05	0.34	0.40	1.17	5.7	5.6	0.98	0.35	0.38	1.09	4.1	3.8	0.93	0.30	0.29	0.98
<b>General Medicine</b>																								
Pediatrician or Other Family Doctor	2.8	2.9	1.02	0.15	0.17	1.13	2.9	3.1	1.06	0.28	0.33	1.20	2.7	2.7	1.03	0.23	0.29	1.26	2.8	2.8	0.98	0.25	0.31	1.23
<b>Juvenile Justice</b>																								
Juvenile Detention Center, Prison, or Jail <sup>5</sup>	0.2	0.2	0.97	0.04	0.04	0.99	0.1	0.0	0.68	0.04	0.03	0.84	0.2	0.3	1.13	0.06	0.08	1.28	0.4	0.4	0.92	0.08	0.07	0.87
<b>Child Welfare</b>																								
Foster Care or Therapeutic Foster Care	0.4	0.3	0.84	0.05	0.06	1.07	0.3	0.3	0.96	0.09	0.14	1.43	0.3	0.3	0.77	0.07	0.06	0.81	0.5	0.4	0.81	0.11	0.10	0.88

\* Low precision; no estimate reported.

PUF = public use file, which refers to estimates produced from a NSDUH public use file (a PUF is a NSDUH restricted-use file that has undergone statistical disclosure limitation treatment); RUF = restricted-use file, which refers to estimates produced from a NSDUH RUF and published in NSDUH's mental health detailed tables available at <http://www.samhsa.gov/data/>; SE = standard error that is associated with the estimate.

NOTE:  $Ratio\ of\ estimates = PUF\ estimate \div RUF\ estimate$ ;  $Ratio\ of\ SEs = PUF\ SE \div RUF\ SE$ .

NOTE: Receipt of mental health services for youths aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

<sup>1</sup> Respondents could indicate multiple service sources; thus, these response categories are not mutually exclusive.

<sup>2</sup> Because of revisions to Specialty Mental Health Service estimates in 2013, these estimates are not comparable with previously published estimates presented before the 2013 NSDUH.

<sup>3</sup> Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>4</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the previously published education services estimates presented before the 2009 NSDUH.

<sup>5</sup> These services were often provided by psychiatrists, psychologists, social workers or counselors who work for the court system.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013.