

Table MH13.7 Sources of Payment for Outpatient Mental Health Treatment/Counseling among Adults Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH

Source of Payment ¹	TOTAL						AGED 18-25						AGED 26-49						AGED 50+					
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
Self or Family Member Living in Household	35.7	37.1	1.04	1.51	1.71	1.14	42.8	44.1	1.03	1.76	1.79	1.02	36.6	37.0	1.01	1.78	1.77	1.00	32.2	34.8	1.08	3.07	3.87	1.26
Family Member Not Living in Household	3.4	3.3	0.97	0.61	0.53	0.87	8.5	7.4	0.87	1.02	0.95	0.94	3.0	3.0	1.00	0.73	0.73	1.01	2.3	2.3	1.03	1.23	1.25	1.01
Private Health Insurance	36.2	35.0	0.97	1.43	1.51	1.06	34.1	32.8	0.96	1.74	2.18	1.25	39.3	39.6	1.01	1.85	2.00	1.08	33.4	30.1	0.90	2.82	2.51	0.89
Medicare	17.1	16.6	0.97	1.40	1.55	1.11	6.5	6.3	0.96	0.89	0.91	1.02	9.2	9.5	1.03	1.05	0.99	0.94	29.8	29.0	0.97	3.05	3.75	1.23
Medicaid	11.6	11.0	0.94	0.94	0.98	1.04	8.9	8.5	0.96	0.94	1.10	1.17	11.7	10.9	0.93	1.10	1.23	1.12	12.5	12.0	0.96	1.86	2.03	1.09
Rehabilitation Program	0.4	0.4	1.07	0.13	0.15	1.13	0.3	0.3	1.00	0.22	0.26	1.20	0.4	0.4	1.03	0.18	0.20	1.10	0.3	0.4	1.15	0.24	0.28	1.21
Employer	7.6	7.1	0.94	0.89	1.01	1.13	2.4	1.8	0.75	0.51	0.36	0.71	9.2	9.1	0.98	1.20	1.56	1.30	7.4	6.6	0.88	1.73	2.17	1.25
VA or Other Military Program	5.0	5.1	1.01	0.69	0.76	1.10	2.2	2.4	1.12	0.44	0.58	1.32	3.8	3.6	0.97	0.61	0.69	1.12	7.5	7.8	1.04	1.57	1.65	1.05
Other Public Source	3.4	3.5	1.02	0.53	0.62	1.18	2.7	2.1	0.77	0.61	0.59	0.96	4.7	4.7	1.00	0.96	1.14	1.18	2.2	2.5	1.15	0.64	0.72	1.13
Other Private Source	1.3	1.4	1.05	0.28	0.31	1.08	2.6	2.6	1.03	0.67	0.68	1.03	1.4	1.6	1.12	0.43	0.49	1.16	0.8	0.7	0.89	0.43	0.43	1.00
Free Treatment	5.8	5.8	1.00	0.70	0.65	0.93	13.4	14.3	1.07	1.30	1.50	1.16	5.1	4.8	0.94	0.83	0.61	0.74	4.1	4.0	0.99	1.38	1.46	1.06

* Low precision; no estimate reported.

PUF = public use file, which refers to estimates produced from a NSDUH public use file (a PUF is a NSDUH restricted-use file that has undergone statistical disclosure limitation treatment); RUF = restricted-use file, which refers to estimates produced from a NSDUH RUF and published in NSDUH's mental health detailed tables available at <http://www.samhsa.gov/data/>; SE = standard error that is associated with the estimate; VA = U.S. Department of Veteran Affairs.

NOTE: $Ratio\ of\ estimates = PUF\ estimate \div RUF\ estimate$; $Ratio\ of\ SEs = PUF\ SE \div RUF\ SE$.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

¹ Respondents could indicate multiple sources of payment for outpatient mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013.