# Newcastle-Ottawa Scale (NOS)

- **1. STUDY TYPE:**
- $\Box$  Case control
- $\Box$  Cohort

# **CASE CONTROL**

### Selection

- 2. Is the case definition adequate?
- □ Yes, with independent validation (e.g. lymphedema determined by lymphscintigraphy)
- □ Yes, e.g. record linkage or based on self reports
- $\Box$  No description
- 3. Representatives of the cases (how were cases selected)
- □ Consecutive or obviously representative series of cases
- Potential for selection biases or not stated
- 4. Selection of Controls
- □ Community controls
- □ Hospital controls
- $\Box$  No description
- 5. Definition of Controls
- □ No history of disease (endpoint)
- $\Box$  No description of source

# Comparability

- 6. Comparability of cases and controls on the basis of the design or analysis
- □ Study controls for stage of lymphedema
- □ Study controls time of onset of lymphedema

# Exposure

- 7. Ascertainment of exposure
- □ Secure record (e.g. surgical record/research records)
- □ Structured interview where interviewer blind to case/control status
- □ Interviewer not blinded to case/control status
- □ Written self report of medical record only
- $\Box$  No description

### 8. Same method of ascertainment for cases and controls

- $\Box$  Yes
- $\square$  No

### 9. Non-Response rate (drop outs)

- □ Same rate for both groups
- $\Box$  Non respondents described
- □ Rate different and no designation (description)

# **COHORT STUDIES**

# Selection

10. Representativeness of the exposed cohort

- □ Truly representative of the average secondary lymphedema patient in the community
- □ Somewhat representative of the average secondary lymphedema patient in the community
- □ Selected group of users e.g. nurses, volunteers
- □ No description of the derivation of the cohort
- 11. Selection of the non exposed cohort
- □ Drawn from the same community as the exposed cohort
- □ Drawn from a different source
- □ No description of the derivation of the non exposed cohort
- 12. Ascertainment of exposure
- □ Secure record (e.g. surgical records/clinical records)
- □ Structured interview
- □ Written self report
- $\Box$  No description

13. Demonstration that outcome of interest was not present at start of study

- □ Yes
- $\square$  No

# Comparability

14. Comparability of cohorts on the basis of the design or analysis

- □ Study controls for stage of lymphedema
- □ Study controls for time of onset of lymphedema

# Outcome

- 15. Assessment of outcome
- □ Independent blind assessment

□ Record linkage (some other objective measure not encompassed by "independent blind assignment" see above)

- $\Box$  Self report
- $\Box$  No description

### 16. Was follow-up long enough for outcomes to occur

- $\Box \quad \text{Yes (6 weeks +)}$
- $\Box$  No (less than 6 weeks)

### 17. Adequacy of follow up of cohorts

- $\Box$  Complete follow up all subjects accounted for
- □ Subjects lost to follow up unlikely to introduce bias small number lost (> 80% follow up),
- or description provided of those lost
- $\hfill\square$  Follow up rate < 80% and no description of those lost
- $\Box$  No statement