

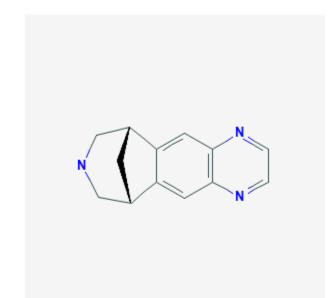
U.S. National Library of Medicine National Center for Biotechnology Information **NLM Citation:** Drugs and Lactation Database (LactMed) [Internet]. Bethesda (MD): National Library of Medicine (US); 2006-. Varenicline. [Updated 2018 Dec 3]. **Bookshelf URL:** https://www.ncbi.nlm.nih.gov/books/



# Varenicline

Revised: December 3, 2018.

CASRN: 249296-44-4



## **Drug Levels and Effects**

## Summary of Use during Lactation

Varenicline is a partial nicotine agonist used to assist smoking cessation. One researcher points out that based on animal data on nicotine, varenicline might interfere with normal infant lung development and recommends against its use in nursing mothers.[1] Because no information is available on the use of varenicline during breastfeeding, an alternate drug is preferred, especially while nursing a newborn or preterm infant.[2] If a mother chooses to breastfeed while taking varenicline, she should monitor her infant for seizures and excessive vomiting.

## **Drug Levels**

Maternal Levels. Relevant published information was not found as of the revision date.

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Infant Levels. Relevant published information was not found as of the revision date.

### **Effects in Breastfed Infants**

Relevant published information was not found as of the revision date.

#### **Effects on Lactation and Breastmilk**

Relevant published information was not found as of the revision date.

### **Alternate Drugs to Consider**

(Smoking Cessation) Bupropion

#### References

- Maritz GS. Are nicotine replacement therapy, varenicline or bupropion options for pregnant mothers to quit smoking? Effects on the respiratory system of the offspring. Ther Adv Respir Dis. 2009. PubMed PMID: 19706643.
- 2. McAllister-Williams RH, Baldwin DS, Cantwell R et al. British Association for Psychopharmacology consensus guidance on the use of psychotropic medication preconception, in pregnancy and postpartum 2017. J Psychopharmacol. 2017;31:519-52. PubMed PMID: 28440103.

## **Substance Identification**

#### **Substance Name**

Varenicline

### **CAS Registry Number**

249296-44-4

#### **Drug Class**

Breast Feeding

Lactation

Nicotinic Agonists