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# **Trimethoprim**

Revised: October 31, 2018.

CASRN: 738-70-5

## **Drug Levels and Effects**

## **Summary of Use during Lactation**

Because of the low levels of trimethoprim in breastmilk, amounts ingested by the infant are small and would not be expected to cause any adverse effects in breastfed infants.

## **Drug Levels**

*Maternal Levels*. In 20 mothers in the immediate postpartum period given oral trimethoprim, peak milk levels occurred 3 hours after the dose. In 14 of these women who received a daily dosage of 320 mg, the peak milk level averaged 2.4 mg/L and the trough averaged 1 mg/L. In 6 other women who received a daily dosage of 480 mg, the peak milk level averaged 4 mg/L and the trough averaged 1.5 mg/L. The authors calculated that a breastfed infant would receive a daily dosage of 0.75 mg with a maternal dosage of 320 mg daily and 1.7 mg with a maternal dosage of 480 mg.[1][2]

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Forty women in the early postpartum period received oral co-trimoxazole and had milk levels measured several times daily for 5 days. After trimethoprim doses of 320 mg daily, average milk levels were about 2 mg/L. Milk levels increased to about 3 mg/L by day 5 of therapy. In 10 other women who received trimethoprim 480 mg daily, average milk levels were only slightly higher.[3] With the usual dose of trimethoprim 320 mg daily, an exclusively breastfed infant would be expected to receive 0.45 mg/kg daily of trimethoprim. This is very low in comparison to the established treatment dosages of 8 mg/kg daily for infants over 2 months of age.

Infant Levels. Relevant published information was not found as of the revision date.

#### **Effects in Breastfed Infants**

In one study, no adverse effects were noted in infants during 4 days of maternal therapy with co-trimoxazole.[1]

In a telephone follow-up study, 12 nursing mothers reported taking co-trimoxazole (dosage unspecified). Two mothers reported poor feeding in their infants. Diarrhea was not reported among the exposed infants.[4]

#### **Effects on Lactation and Breastmilk**

Relevant published information was not found as of the revision date.

### **Alternate Drugs to Consider**

Ciprofloxacin, Levofloxacin, Nitrofurantoin

#### References

- 1. Arnauld R, Soutoul JH et al. [Study on the passage of trimethoprim into mother's milk]. Ouest Med. 1972;25:959-64.
- 2. Borderon E, Soutoul JH et al. [Excretion of antibiotics in human milk]. Med Mal Infect. 1975;5:373-6.
- 3. Miller RD, Salter AJ. The passage of trimethoprim/sulfamethoxazole into breast milk and its significance. In: Daikos CK, ed. Progress in Chemotherapy. Antibacterial chemotherapy. 1974;1:687-91.
- 4. Ito S, Blajchman A, Stephenson M et al. Prospective follow-up of adverse reactions in breast-fed infants exposed to maternal medication. Am J Obstet Gynecol. 1993;168:1393-9. PubMed PMID: 8498418.

### **Substance Identification**

### **Substance Name**

Trimethoprim

## **CAS Registry Number**

738-70-5

### **Drug Class**

**Breast Feeding** 

Lactation

Anti-Infective Agents, Urinary

Antibacterial Agents

Folic Acid Antagonists