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| --- | --- | --- | --- | --- | --- | --- |
| **Outcome Cat** | **Author,** **Year** | **Outcome** | **Int arm** | **Events in IG n/N (%)** | **Events in CG n/N (%)** | **RR (95% CI)** |
| Low birthweight | Brumfit, 19752 | Birthweight ≤2500 g | IG1 | 18/235 (7.7%) | 21/178 (11.8%) | 0.65 (0.36 to 1.18) |
| Elder, 19713 | Birth weight <2495 g\* | IG1 | 15/133 (11.3%) | 15/145 (10.3%) | 1.09 (0.55 to 2.14) |
| Kazemier, 20157 | SGA less than P10 | IG1 | 1/40 (2.5%) | 3/45 (6.7%) | 0.38 (0.04 to 3.46)†‡ |
| SGA less than P5 | IG1 | 0/40 (0.0%) | 1/45 (2.2%) | 0.37 (0.02 to 8.93)§ |
| Kincaid-Smith, 19658 | Birthweight <2500 g | IG1 | 9/61 (14.8%) | 12/56 (21.4%) | 0.69 (0.31 to 1.51) |
| Little, 19669 | Birthweight ≤ 2495 g | IG1 | 10/124 (8.1%) | 13/141 (9.2%) | 0.87 (0.40 to 1.92) |
| Savage,196711 | Birthweight ≤2500 g | IG1 | 7/93 (7.5%) | 21/98 (21.4%) | 0.35 (0.16 to 0.79) |
| Wren, 196913 | Birth weight Birthweight <2500 g | IG1 | 4/83 (4.8%) | 14/90 (15.6%) | 0.31 (0.11 to 0.90) |
| Preterm birth | Furness, 19755 | Preterm birth before 38 weeks | IG1 | 12/57 (21.1%) | 10/52 (19.2%) | 1.09 (0.52 to 2.32) |
| IG2 | 12/61 (19.7%) | 10/52 (19.2%) | 1.02 (0.48 to 2.17) |
| Gold, 19666 | Preterm birth before 37 weeksǁ | IG1 | 2/35 (5.7%) | 0/30 (0.0%) | 4.31 (0.21 to 86.32) |
| Kazemier, 20157 | Preterm birth before 37 weeks | IG1 | 2/40 (5.0%) | 2/45 (4.4%) | 1.13 (0.17 to 7.62)¶ |
| Preterm birth before 34 weeks | IG1 | 1/40 (2.5%) | 0/45 (0.0%) | 3.37 (0.14 to 80.36)# |
| Preterm birth before 28 weeks | IG1 | 0/40 (0.0%) | 0/45 (0.0%) | NA\*\* |
| Preterm birth before 32 weeks | IG1 | 1/40 (2.5%) | 0/45 (0.0%) | 3.37 (0.14 to 80.36)**††** |
| Wren,196913 | Preterm birth before 37 weeks | IG1 | 5/83 (6.0%) | 15/90 (16.7%) | 0.36 (0.14 to 0.95) |

\* Excludes induced onset of labor

† Study reported risk difference: -4.2 (-25.3 to 17.1)

‡ Analysis of IG dropped those with persistent ASB

§ Study reported risk difference: -2.2 (-23.4 to 19)

ǁ Assumed 37 weeks

¶ Study reported risk difference: .6 (-20.8 to 21.7)

# Study reported risk difference: 2.5 (-18.8 to 23.6)

\*\* Study reported risk difference: 0 (-9.4 to 10.5)

†† Study reported risk difference: NR (-18.8 to 23.6)

**Abbreviations**: Cat = category; CI = confidence interval; g = grams; IG = intervention group; Int = Intervention; n = number of cases; N = number of participants; NR = not reported; NS = not significant; P5 = 5th percentile; P10 = 10th percentile; RR = relative risk; SGA = small for gestational age