| **Target pop** | **Author, year** | **Description** | **Int arm** | **FU**  **(mos)** | **IG results** | **CG results** | **OR (95% CI)** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Young adults** | Larimer, 2007197 | Any adverse events | IG1 | 12 | 0/737 (0%) | 0/751 (0%) | NR, NS |
| Lewis, 2014225 | Any adverse events | IG1 | 6 | 0/119 (0%) | 0/121 (0%) | NR, NS |
| Any adverse events | IG2 | 6 | 0/119 (0%) | 0/121 (0%) | NR, NS |
| Neighbors, 2010201 | Any adverse events | IG1 | 24 | 0/164 (0%) | 0/164 (0%) | NR, NS |
| Any adverse events | IG2 | 24 | 0/163 (0%) | 0/164 (0%) | NR, NS |
| Any adverse events | IG3 | 24 | 0/163 (0%) | 0/164 (0%) | NR, NS |
| Any adverse events | IG4 | 24 | 0/164 (0%) | 0/164 (0%) | NR, NS |
| **Adults** | Bischof, 2008149 | Adverse effects of the intervention | IG0 | 12 | 1/269 (0.4%) | 2/139 (1.4%) | NR, NS |
| Adverse effects of the intervention | IG1 | 12 | 0/131 (0%) | 2/139 (1.4%) | NR, NS |
| Adverse effects of the intervention | IG2 | 12 | 1/138 (0.7%) | 2/139 (1.4%) | NR, NS |
| **Older adults** | Watson, 2013230 | Any adverse events | IG1 | 12 | 0/263 (0%) | 0/259 (0%) | NR, NS |
| **Pregnant women** | Ondersma, 2015217 | Any adverse events | IG1 | 6 | 0/20 (0%) | 0/19 (0%) | NR, NS |

**Abbreviations**: CG = control group; CI = confidence interval; IG = intervention group; Int = intervention; mos = months; NR = not reported; NS = not statistically significant; OR = odds ratio; pop = population