| **Author, Year** | **Randomization Adequate?** | **Allocation Concealment Adequate?** | **Groups Similar at Baseline?** | **Eligibility Criteria Specified?** | **Outcome Assessors Masked?** | **Care Provider Masked?** | **Patient Masked?** | **Attrition and Withdrawals Reported?** | **Loss to Followup:  Differential/ High?** | **Analyze People in the Groups in Which They Were Randomized?** | **Quality Rating** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DeFronzo, 201198 ACT NOW | Unclear; likely yes (block randomization based on a 'randomization code') | Unclear | Yes | Yes | Unclear | Unclear; likely yes | Unclear; likely yes | Yes | No/No | Yes | Fair |
| Katula, 2013172 | Unclear | Unclear | Yes | Yes | Yes | No | No | Yes | No/No | Yes | Fair |
| Kawamori, 2009101 | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No/No | Yes | Good |
| Li, 2014110 Da Qing | Unclear; cluster randomization | Unclear | Yes | Yes | Unclear | No | No | Yes | No/No | Yes | Fair |
| Lindahl, 2009171 VIP | Yes | Yes | Yes | Yes | Yes | No | No | Yes | No/No | No | Fair |
| Lindblad, 2011168 NANSY | Unclear | Unclear | Yes | Yes | Unclear | Unclear | Yes | Yes | No/No | Yes | Fair |
| Lu, 2011166 | Unclear | Unclear | Yes | Yes | Unclear | No | No | Yes | No/No | Yes | Fair |
| NAVIGATOR, 2010104, 104 | Yes | Yes | Yes | Yes | Yes | Unclear | Yes | Yes | No/No | Yes | Good |
| Nijpels, 2008105 DAISI | Yes | Yes | No; not HbA1c | Yes | Unclear | Yes | Yes | Yes | No/No | Yes | Fair |
| Penn, 2009169 EDIPS | Yes | Yes | Yes | Yes | Yes | No | No | Yes | No/No | Yes | Fair |
| Ramachandran, 2009106 IDPP-2 | Yes | No- sequential | Yes | Yes | Yes | Unclear | Yes | Yes | No/No | No; ~11% randomized but not analyzed | Fair |
| Rasmussen, 2008167 ADDITION | Unclear; Yes for Cambridge | Unclear; Yes for Cambridge | Yes | Yes | Yes | No | No | Yes | No/No | Yes | Fair |
| Saito, 2011107 | Yes | Yes | Yes | Yes | No | No | No | Yes | No/No | Yes | Fair |
| Sakane, 2011170 JDPP | Unclear | Unclear | Yes | Yes | No | No | No | Yes | No/No | No; ~30% not analyzed | Fair |
| Zinman, 2010109 CANOE | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No/No | Yes | Good |