

**Appendix F Observational results:  
death from hemorrhagic stroke**

Row	Study PMID	Study Name	Outcome	Outcome Definition	Population Type	Population	Subgroup	Cases Total/N Total (Rate %)	Followup	n3 FA	n3 measure
2	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	DHA	Intake
3	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	DHA	Intake
4	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	DHA	Intake
5	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	DHA	Intake
6	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	DHA	Intake
7	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA	Intake
8	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA	Intake
9	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA	Intake
10	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA	Intake
11	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA	Intake
12	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA+DHA	Intake
13	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA+DHA	Intake
14	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA+DHA	Intake
15	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA+DHA	Intake
16	Takata 2013 23788668	Shanghai Women's and Men's Health Studies	Stroke death, hemorrhagic	nd	Healthy	Healthy 40-74	All	5836/134296 (4.35)	11.2 y women; 5.6 y men	EPA+DHA	Intake

### Appendix F Observational results: death from hemorrhagic stroke

Row	Study PMID	Supplement	Adjustments	Quantile	n3 units	Quantile low	Quantile median
2	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q1	g/d	nd	0.009 (men), 0.008 (women)
3	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q2	g/d	nd	0.02 (men), 0.02 (women)
4	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q3	g/d	nd	0.05 (men), 0.04 (women)
5	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q4	g/d	nd	0.08 (men), 0.08 (women)
6	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q5	g/d	nd	0.15 (men), 0.15 (women)
7	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q1	g/d	nd	0.006 (men), 0.005 (women)
8	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q2	g/d	nd	0.01 (men), 0.01 (women)
9	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q3	g/d	nd	0.02 (men), 0.02 (women)
10	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q4	g/d	nd	0.03 (men), 0.03 (women)
11	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q5	g/d	nd	0.07 (men), 0.06 (women)
12	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q1	g/d	nd	nd
13	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q2	g/d	nd	nd
14	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q3	g/d	nd	nd
15	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q4	g/d	nd	nd
16	Takata 2013 23788668	No	age at baseline, total energy intake, income, occupation, education, comorbidity index, physical activity level, red meat intake, poultry intake, total vegetable intake, total fruit intake, smoking history (ever/never smoking for women; pack-years of smoking for men), and alcohol consumption (among men only).	Q5	g/d	nd	nd

**Appendix F Observational results:  
death from hemorrhagic stroke**

Row	Study PMID	Quantile high	Metric	n Cases	N quantile	Person Years	Estimate	CI low	CI high	Comparison	P value
2	Takata 2013 23788668	nd	HR	162	26860	nd	Reference group			P trend	0.93
3	Takata 2013 23788668	nd	HR	94	nd	nd	0.87	0.67	1.13		
4	Takata 2013 23788668	nd	HR	66	26860	nd	0.76	0.56	1.02		
5	Takata 2013 23788668	nd	HR	76	nd	nd	1.01	0.76	1.36		
6	Takata 2013 23788668	nd	HR	62	26858	nd	0.95	0.5	1.82		
7	Takata 2013 23788668	nd	HR	174	26860	nd	Reference group			P trend	0.39
8	Takata 2013 23788668	nd	HR	87	nd	nd	0.75	0.57	0.97		
9	Takata 2013 23788668	nd	HR	71	26860	nd	0.75	0.56	1.01		
10	Takata 2013 23788668	nd	HR	69	nd	nd	0.88	0.65	1.2		
11	Takata 2013 23788668	nd	HR	59	26858	nd	0.81	0.58	1.12		
12	Takata 2013 23788668	nd	HR	165	26860	nd	Reference group			P trend	0.99
13	Takata 2013 23788668	nd	HR	92	nd	nd	0.85	0.65	1.1		
14	Takata 2013 23788668	nd	HR	69	26860	nd	0.78	0.58	1.05		
15	Takata 2013 23788668	nd	HR	73	nd	nd	1.02	0.55	1.9		
16	Takata 2013 23788668	nd	HR	61	26858	nd	0.88	0.64	1.23		