

Appendix F
Observational results: death from congestive heart failure

Row	Study PMID	Study Name	Outcome	Outcome Definition	Population Type	Population	Subgroup	Cases Total/N Total (Rate %)	Followup	n3 FA	n3 measure	Supplement
2	Yamagishi 2008 18786479	JACC	CHF death	nd	Healthy	Healthy 40-79 yo	All	307/57972 (0.53)	12.7 y	All n-3	Intake	No
3	Yamagishi 2008 18786479	JACC	CHF death	nd	Healthy	Healthy 40-79 yo	All	307/57972 (0.53)	12.7 y	All n-3	Intake	No
4	Yamagishi 2008 18786479	JACC	CHF death	nd	Healthy	Healthy 40-79 yo	All	307/57972 (0.53)	12.7 y	All n-3	Intake	No
5	Yamagishi 2008 18786479	JACC	CHF death	nd	Healthy	Healthy 40-79 yo	All	307/57972 (0.53)	12.7 y	All n-3	Intake	No
6	Yamagishi 2008 18786479	JACC	CHF death	nd	Healthy	Healthy 40-79 yo	All	307/57972 (0.53)	12.7 y	All n-3	Intake	No

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Row	Study PMID	Adjustments	Quantile	n3 units	Quantile low	Quantile median	Quantile high	Metric	n Cases	N quantile	Person Years
2	Yamagishi 2008 18786479	age, sex, htn and dm history, smoking status, alcohol consumption, BMI, mental stress, walking, sports, education, total energy, dietary intake of cholesterol/saturated and omega-3FA/vegetables/fruit	Qt1	g/d	0.05	nd	1.18	HR	68	11594	735904
3	Yamagishi 2008 18786479	age, sex, htn and dm history, smoking status, alcohol consumption, BMI, mental stress, walking, sports, education, total energy, dietary intake of cholesterol/saturated and omega-3FA/vegetables/fruit	Qt2	g/d	1.18	nd	1.47	HR	53	11595	735904
4	Yamagishi 2008 18786479	age, sex, htn and dm history, smoking status, alcohol consumption, BMI, mental stress, walking, sports, education, total energy, dietary intake of cholesterol/saturated and omega-3FA/vegetables/fruit	Qt3	g/d	1.47	nd	1.75	HR	50	11594	735904
5	Yamagishi 2008 18786479	age, sex, htn and dm history, smoking status, alcohol consumption, BMI, mental stress, walking, sports, education, total energy, dietary intake of cholesterol/saturated and omega-3FA/vegetables/fruit	Qt4	g/d	1.75	nd	2.11	HR	58	11595	735904
6	Yamagishi 2008 18786479	age, sex, htn and dm history, smoking status, alcohol consumption, BMI, mental stress, walking, sports, education, total energy, dietary intake of cholesterol/saturated and omega-3FA/vegetables/fruit	Qt5	g/d	2.11	nd	5.06	HR	78	11594	735904

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Row	Study PMID	Estimate	CI low	CI high	Comparison	P value
2	Yamagishi 2008 18786479	Reference group				0.03
3	Yamagishi 2008 18786479	0.69	0.47	1.01		
4	Yamagishi 2008 18786479	0.56	0.37	0.85		
5	Yamagishi 2008 18786479	0.6	0.39	0.92		
6	Yamagishi 2008 18786479	0.58	0.36	0.93		