Evidence Table 11. Description of quality improvement elements in studies addressing distress

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Author, year** | **Facilitated relay of clinical data to providers?** | **Provider education?** | **Patient family caregiver education?** | **Promotion of self-management?** | **Patient caregiver reminder system?** | **Organizational change?** | **Other?** |
| Aranda, 20061 | Yes | Yes | Yes | Yes | No | No | No |
| Blumenthal, 20062 | No | No | Yes | Yes | No | No | No |
| Carlson, 20103 | No | No | No | No | No | Yes | No |
| Hudson, 20054 | No | No | Yes | Yes | Yes | No | No |
| Porter, 20115 | No | No | Yes | Yes | No | No | No |
| Steel, 20076 | No | No | Yes | Yes | No | No | Yes |
| Walsh, 20077 | No | No | Yes | Yes | No | No | No |

**Evidence Table 11 Reference List**

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4. Hudson PL, Aranda S, Hayman-White K. A psycho-educational intervention for family caregivers of patients receiving palliative care: a randomized controlled trial. J Pain Symptom Manage 2005; 30(4):329-41.

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6. Steel JL, Nadeau K, Olek M, Carr BI. Preliminary results of an individually tailored psychosocial intervention for patients with advanced hepatobiliary carcinoma. J Psychosocial Oncology 2007; 25(3):19-42.

7. Walsh K, Jones L, Tookman A *et al*. Reducing emotional distress in people caring for patients receiving specialist palliative care. Randomized trial. Br J Psychiatry 2007; 190:142-7.