

Items included in the Retinopathy Dependent Quality of Life (RetDQoL) Questionnaire

This questionnaire asks about your quality of life—in other words, how good or bad you feel your life is.	
I	In general, my present quality of life is: excellent — extremely bad
II	If I did not have diabetic eye problems, my quality of life would be: very much better — worse
NOTE: All items 1–24 begin with the phrase: If I did not have diabetic eye problems:	
1	I could handle my household tasks: very much better — worse
2	I could handle my personal affairs (letters, bills, etc): very much better — worse
3	My experience of shopping would be: very much better — worse
4	My feelings about the future (e.g. worries, hopes) would be: very much better — worse
5	My feelings about past medical care and/or self-care (e.g. anger or regret) would be: very much better — worse
6	*My work life would be: very much better — worse
7	*My closest personal relationship would be: very much better — worse
8	*If I did not have diabetic eye problems, my family life would be: very much better — worse
9	My friendships and social life would be: very much better — worse
10	I could do things for others as I wish: very much better — worse
11	I could get out and about (e.g. on foot, or by car, bus or train): very much better — worse
12	*My vacations would be: very much better — worse
13	My financial situation would be: very much better — worse
14	The way people in general react to me would be: very much better — worse
15	My physical appearance (including clothes and grooming) would be: very much better — worse
16	Physically I could do: very much more — less
17	I could enjoy my leisure activities and interests (e.g. reading, TV, radio, hobbies): very much more — less
18	My self-confidence would be: very much better — worse
19	My motivation would be: very much better — worse
20	*I could do things independently: very much better — worse
21	I would have mishaps or would lose things: very much less — more
22	The time it takes me to do things would be: very much less — more
23	I would find taking care of my diabetes (e.g. self-testing, medication, food, exercise): very much easier — more difficult
24	I could enjoy nature: very much more — less
25	Do your diabetic eye problems affect your quality of life in any ways that have not been covered by the questionnaire? If 'yes', please describe.

*Denotes a 'not applicable' option

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Content of the 2 overview items (showing the scores assigned)

I) In general, my present quality of life is:	
Excellent	3
Very good	2
Good	1
Neither good nor bad	0
Bad	-1
Very bad	-2
Extremely bad	-3

II) If I did not have diabetic eye problems, my quality of life would be:	
Very much better	-3
Much better	-2
A little better	-1
The same	0
Worse	1

Content of a condition-specific domain (showing the scores assigned)

9a) If I did not have diabetic eye problems, my friendships and social life would be:	
Very much better	-3
Much better	-2
A little better	-1
The same	0
Worse	1

9b) My friendships and social life are:	
Very important	3
Important	2
Somewhat important	1
Not at all important	0
