**Table 22. Characteristics of studies on populations with cancer conditions**

| **Author, year**  **Study Location** | **Years of recruitment** | **Single or Multicenter** | **Recruitment Setting** | **Study Design** | **Inclusion Criteria** | **Study’s stated goal is weight maintenance** | **Control**  **Active Intervention** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Chlebowski, 20061  United States | 1994-2001 | Multicenter | Clinical | Randomized intervention | Age: 48-79  Resected unilateral invasive breast cancer survivors with at least 10 years life expectancy  Acceptable adjuvant therapy  At least 20% calories from fat  Medically stable for intervention trial entry within 365 days of surgery | No | Other  Diet |
| Djuric, 20022  United States | 1997-1999 | Single | Work place  School  Community/ geographic | Randomized intervention | Age: 21-50  At least one first-degree relative with breast cancer A current benign mammogram or breast examination with follow-up recommendation of ≥1 year  No expected changes in use of oral contraceptives Good general health  No expected changes in lifestyle during the study. | No | Usual care  Diet (3 active arms) |
| Schwartz, 20093  United States | Not reported | Single | Clinical | Randomized intervention | Histological confirmed diagnosis of breast cancer, lymphoma and colon cancer. Exercised less than 120min /week Chemotherapy and radiation naive.  Beginning chemotherapy with steroid as part of treatment plan; as chemo or anti-nausea No Psych illness No cardiovascular, movement-limiting arthritis or pulmonary disease that will preclude exercise program No steroid intake in last 6 months.  No Paget’s disease, hyperparathyroidism, rheumatoid arthritis, ankylosing spondylitis, and other metabolic bone disease. | Yes | Usual care  Physical activity (2 active arms) |
| Wijndaele, 20094  Australia | Not reported | Multicenter | Community/ geographic | Prospective | Not having hearing, speech, or cognitive disabilities that would prevent completing a telephone interview. | Yes | No control listed  Self-management (2 active arms) |

Psych = Psychological

**References**

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