; **Table 21e. QOL outcomes in studies without an underlying condition**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Author, year** | **Arm** | **Outcome Defined** | **Baseline N** | **Baseline QOL , mean** | **Final Measure** | **N at Final Measure** | **QOL , final measure, mean** | **Change from BL** | **Measure of Association** | **Between group differences** | **Variables Adjusted for** | **Comment** |
| **Combination interventions** |  |  |  |  |  |  |  |  |  |  |  |  |
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| Gram, , 20106 |

  |  | Health-related quality of life (measured using the Short Form Health Survey [SF-36] questionnaire) |  |  |  |  |  |  |  | There were no significant differences in quality of life measured by SF-36 between and within groups (p358) |  |  |

BL = Baseline; N = Sample Size; QOL = Quality of Life; SF-36 = Short Form health survey

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