Fostering Healthy Futures

Table E-36. Fostering healthy futures, study characteristics

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| **First Author, Year** | **State, Country** | **Source (s) of Funding** | **Study Design** | **KQ** | **Research Objective** | **Comparison Groups** | **Baseline N** | **Study Duration** | **Inclusion Criteria** | **Exclusion Criteria** |
| Taussig, 201027  Taussig, 2012 28 | Colorado, U. S. | National Institute of Mental Health; Kempe Foundation, Pioneer Fund, Daniels Fund, Children’s Hospital Research Institute | RCT | 1, 2, 4 | To determine if the interventions would result in better self-esteem, social support, social acceptance, and coping skills immediately following and if these improvements would be associated with improved quality of life in 6 mos | G1:Fostering Healthy Futures G2: Assessment-only (Control) | G1: 79 G2: 77 | 30 weeks each for both the skills group and the mentoring components provided over 11-13 months Follow-up: 6 mos post-intervention | placed in foster care by court order due to maltreatment within the preceding yr; currently resided in foster care within 35 min drive of skills group sites; lived with current caregiver for ≤ 3 wks; demonstrated adequate proficiency in English | No longer in foster care, info on child welfare records that made them ineligible (not further defined); developmentally delayed; not proficient enough in English |