Combined Parent-Child Cognitive Behavioral Therapy

Table E-25. Combined parent-child cognitive behavioral therapy, study characteristics

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| **First Author, Year** | **State, Country** | **Source (s) of Funding** | **Study Design**  | **KQ**  | **Research Objective**  | **Comparison Groups**  | **Baseline N** | **Study Duration**  | **Inclusion Criteria** | **Exclusion Criteria** |
| Runyon, 201025 | New Jersey, USA | NIMH | RCT | 1, 4 | To compare the efficacy of two types of group CBT for preventing physical abuse recurrence and treating child traumatic symptoms. | G1: Combined Parent-Child CBT (CPC-CBT)G2: Parent-Only CBT:Overlapping components with G1: motivational interviewing; psychoeducation; anger management and coping skills; personal safety plan. Focus on parent skills training and behavior management. Children received an ‘Attentional Control Child Activity’ Intervention (neutral games and art projects). Similar to usual care parent-focused services.  | ChildrenG1: 40G2: 35ParentsG1: NRG2: NR | Post Intervention: Immediately following treatment completionFollow-up: 3 months post-intervention | Substantiated CPS allegation or parent acknowledged use of physical punishment by positively endorsing 2+ items on Minor Assault or 1 item on Severe or Very Severe Assault subscales of Conflict Tactics Scale-Parent-Child.Substantiated allegation/physical punishment within past 4 months;Children had to meet 1+ symptom criteria:- Endorsement of 4 PTSD symptoms;- Elevation (T score > or=65) on at least 1 externalizing behavior subscale on CBCL;Siblings included if child physical abuse + symptom criteria met | Parent and child: -Active psychotic or substance use disorder resulting in significant impairment in adaptive functioning;- Unwilling to participate;- Pervasive developmental disorder;- Parent had also perpetrated sexual abuse against child;-Not receiving psychotherapy for child physical abuse outside of study.If parent or child currently taking psychotropic medications, must have had sTable E-medication regimen for at least 1 month prior to admission to study. |