Combined Parent-Child Cognitive Behavioral Therapy

Table E-25. Combined parent-child cognitive behavioral therapy, study characteristics

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| **First Author, Year** | **State, Country** | **Source (s) of Funding** | **Study Design** | **KQ** | **Research Objective** | **Comparison Groups** | **Baseline N** | **Study Duration** | **Inclusion Criteria** | **Exclusion Criteria** |
| Runyon, 201025 | New Jersey, USA | NIMH | RCT | 1, 4 | To compare the efficacy of two types of group CBT for preventing physical abuse recurrence and treating child traumatic symptoms. | G1: Combined Parent-Child CBT (CPC-CBT) G2: Parent-Only CBT:  Overlapping components with G1: motivational interviewing; psychoeducation; anger management and coping skills; personal safety plan. Focus on parent skills training and behavior management. Children received an ‘Attentional Control Child Activity’ Intervention (neutral games and art projects). Similar to usual care parent-focused services. | Children G1: 40 G2: 35 Parents G1: NR G2: NR | Post Intervention: Immediately following treatment completion  Follow-up: 3 months post-intervention | Substantiated CPS allegation or parent acknowledged use of physical punishment by positively endorsing 2+ items on Minor Assault or 1 item on Severe or Very Severe Assault subscales of Conflict Tactics Scale-Parent-Child. Substantiated allegation/physical punishment within past 4 months; Children had to meet 1+ symptom criteria: - Endorsement of 4 PTSD symptoms; - Elevation (T score > or=65) on at least 1 externalizing behavior subscale on CBCL; Siblings included if child physical abuse + symptom criteria met | Parent and child: -Active psychotic or substance use disorder resulting in significant impairment in adaptive functioning; - Unwilling to participate; - Pervasive developmental disorder; - Parent had also perpetrated sexual abuse against child; -Not receiving psychotherapy for child physical abuse outside of study.  If parent or child currently taking psychotropic medications, must have had sTable E-medication regimen for at least 1 month prior to admission to study. |