Table E-103. Trauma-focused cognitive behavioral therapy, population clinical characteristics

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| First Author, Year | Comparison Groups | Maltreatment Type | Number of Exposures, Duration of Exposure, Number of CPS Referrals | Child Clinical Presentation, % With MH Symptoms or Behavior Problem, % Meeting a Diagnosis | Caregiver Presentation  % With MH symptoms, % Meeting a Diagnosis |
| Cohen, 199649 | G1: Cognitive-behavioral therapy for sexually abused pre-school children (CBT-SAP) G2: Nondirective supportive therapy (NST) | Sexual abuse | Number of exposures One: 25% 2-5: 26% 6-10: 15% 10+: 29%  Unknown: 5% | % with MH symptoms or behavior problems  G1: 100% G2: 100% % meeting a dx  G1: 100% G2: 100% | % with MH symptoms/substance abuse  NR  % meeting a dx  NR |
| Cohen, 200450 | G1: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) G2: Child Centered Therapy for Treating PTSD | Sexual abuse | Number of exposures  Both Groups: Median 4 and range 1-1000 Duration of exposure  G1: NR G2: NR Number of CPS referrals  G1: NR G2: NR | % with MH symptoms or behavior problems  Both groups: 9 taking psychotropic medications and 20 previously received counseling for the present sexual abuse episode % meeting a dx  89 met full criteria for current PTSD | % with MH symptoms/substance abuse  16% psychotropic medications and 24% drug/alcohol abuse  % meeting a dx  NR |
| Deblinger, 200151 | G1: Supportive Therapy  G2: Cognitive Behavioral Therapy | Sexual abuse | Number of exposures  Once: 34% More than once: 66% Duration of exposure  G1: NR G2: NR Number of CPS referrals  G1: NR G2: NR | % with MH symptoms or behavior problems  G1: NR G2:NR % meeting a dx  G1: NR G2: NR | % with MH symptoms/substance abuse  NR % meeting a dx  NR 27% of mothers reported sexual assault as an adult and 73% did not. 45% mothers reported sexual abuse as a child and 54% denied sexual abuse. |