Table E-103. Trauma-focused cognitive behavioral therapy, population clinical characteristics

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| First Author, Year | Comparison Groups  | Maltreatment Type  | Number of Exposures, Duration of Exposure, Number of CPS Referrals  | Child Clinical Presentation, % With MH Symptoms or Behavior Problem, % Meeting a Diagnosis  | Caregiver Presentation % With MH symptoms, % Meeting a Diagnosis |
| Cohen, 199649 | G1: Cognitive-behavioral therapy for sexually abused pre-school children (CBT-SAP)G2: Nondirective supportive therapy (NST) | Sexual abuse  | Number of exposuresOne: 25%2-5: 26%6-10: 15%10+: 29% Unknown: 5%  | % with MH symptoms or behavior problems G1: 100%G2: 100%% meeting a dx G1: 100%G2: 100% | % with MH symptoms/substance abuse NR % meeting a dx NR  |
| Cohen, 200450 | G1: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)G2: Child Centered Therapy for Treating PTSD  | Sexual abuse  | Number of exposures Both Groups: Median 4 and range 1-1000Duration of exposure G1: NRG2: NRNumber of CPS referrals G1: NRG2: NR | % with MH symptoms or behavior problems Both groups: 9 taking psychotropic medications and 20 previously received counseling for the present sexual abuse episode% meeting a dx 89 met full criteria for current PTSD | % with MH symptoms/substance abuse 16% psychotropic medications and 24% drug/alcohol abuse % meeting a dx NR  |
| Deblinger, 200151 | G1: Supportive Therapy G2: Cognitive Behavioral Therapy | Sexual abuse  | Number of exposures Once: 34%More than once: 66%Duration of exposure G1: NRG2: NRNumber of CPS referrals G1: NRG2: NR | % with MH symptoms or behavior problems G1: NRG2:NR% meeting a dx G1: NRG2: NR | % with MH symptoms/substance abuse NR% meeting a dx NR27% of mothers reported sexual assault as an adult and 73% did not. 45% mothers reported sexual abuse as a child and 54% denied sexual abuse.  |