**Appendix Table F15. Exploring heterogeneity in pain relief around 3 months after aerobic exercise, compared to placebo; results from meta-regression**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Variable** | **Coefficient** | **Standard Error** | **T Statistic** | **P>t** | **Lower 95% CI** | **Upper 95% CI** |
| Treatment duration (week) | 0.01 | 0.03 | 0.34 | 0.74 | -0.06 | 0.08 |
| Constant | -0.53 | 0.49 | -1.09 | 0.30 | -1.59 | 0.53 |
| Median age | 0.06 | 0.05 | 1.34 | 0.21 | -0.04 | 0.16 |
| Constant | -4.38 | 3.00 | -1.46 | 0.17 | -10.91 | 2.16 |
| Female proportion | -0.03 | 0.02 | -1.73 | 0.11 | -0.07 | 0.01 |
| Constant | 1.89 | 1.35 | 1.40 | 0.19 | -1.08 | 4.86 |
| Body Mass Index | -0.21 | 0.22 | -0.97 | 0.38 | -0.78 | 0.35 |
| Constant | 5.80 | 6.69 | 0.87 | 0.43 | -11.39 | 22.98 |
| Number of treatments/week | -0.19 | 0.23 | -0.81 | 0.44 | -0.70 | 0.32 |
| Constant | 0.05 | 0.65 | 0.07 | 0.95 | -1.38 | 1.47 |
| Duration per section | 0.00 | 0.00 | 1.12 | 0.29 | 0.00 | 0.01 |
| Constant | -0.42 | 0.16 | -2.67 | 0.03 | -0.78 | -0.07 |