Appendix Table C113. Summary of study baseline characteristics for low protein diet versus usual protein diet and other dietary intervention trials

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| **Characteristic** | **Mean (Range)**  **(unless otherwise noted)** | **Number of Trials Reporting** |
| ***Low protein versus usual protein diet trials (n=6)*** | |  |
| Total number of patients evaluated | 1480 (63-585) | 6 |
| Age of patients, years | 51.9 (48.5-57.9) | 5 |
| Gender, male, % | 59.3 (54.2-83.0) | 5 |
| Race/ethnicity, white, % | 85.0 | 1 |
| Body Mass Index | 27.1 (24.6-27.6) | 3 |
| Patients with diabetes, % | 21.4 (0-100) | 4 |
| Diabetic nephropathy trials, number of patients | 159 (47-112) | 2 |
| % HbA1c in patients with diabetes | 7.8 (7.65-8.1) | 2 |
| Estimated or measured GFR, ml/min/1.73m2 | 45.1 (38.6-85.7) | 3 |
| Serum creatinine, mg/dL | 1.8 (1.1-1.9) | 2 |
| Creatinine clearance, ml/min/1.73m2 | 47.3 (33-50.4) | 2 |
| Albumin excretion rate, μg/min | 507.5 | 1 |
| Albuminuria, mg/24 h | 366.0 | 1 |
| Systolic blood pressure, mm Hg | 133.3 (131.0-140.0) | 3 |
| Diastolic blood pressure, mm Hg | 81.9 (77.0-90.0) | 3 |
| Patients with hypertension, % | 82.2 (66.1-85.3) | 2 |
| Patients with cardiovascular disease, % | NR | NR |
| ***Low protein diet versus other diets (n=2)*** | | |
| Total number of patients evaluated | 289 (98-191) | 2 |
| Age of patients, years | 54.6 (45-59.5) | 2 |
| Gender, male, % | 56.7 (52.9-64.3) | 2 |
| Race/ethnicity, white, % | NR | NR |
| Body Mass Index | 28 | 1 |
| Patients with diabetes, % | 100 | 1 |
| Diabetic nephropathy trials, number of patients | 191 | 1 |
| % HbA1c in patients with diabetes | 7.6 | 1 |
| Estimated or measured GFR, ml/min/1.73m2 | 63 | 1 |
| Serum creatinine, mg/dL | 1.84 | 1 |
| Creatinine clearance, ml/min/1.73m2 | NR | NR |
| Albumin excretion rate, μg/min | NR | NR |
| Albuminuria, mg/24 h | NR | NR |
| Systolic blood pressure, mm Hg | 154.3 (151-156) | 2 |
| Diastolic blood pressure, mm Hg | 88.7 (88-90) | 2 |
| Patients with hypertension, % | NR | NR |
| Patients with cardiovascular disease, % | NR | NR |
| ***Low triglyceride diet versus gemfibrozil (n=1)*** | | |
| Total number of patients evaluated | 57 | 1 |
| Age of patients, years | 51.3 | 1 |
| Gender, male (%) | 75.4 | 1 |
| Race/ethnicity, white (%) | NR | NR |
| Body Mass Index | 26.2 | 1 |
| Patients with diabetes (%) | 0 | 1 |
| Estimated or measured GFR (ml/min/1.73m2) | 35.5 | 1 |
| Serum creatinine (mg/dL) | 2.4 | 1 |
| Creatinine clearance (ml/min/1.73m2) | NR | NR |
| Albumin excretion rate (μg/min) | NR | NR |
| Albuminuria (mg/24 h) | 950.0 | 1 |
| Systolic blood pressure (mm Hg) | 136.5 | 1 |
| Diastolic blood pressure (mm Hg) | 84 | 1 |
| Patients with hypertension (%) | NR | NR |
| Patients with cardiovascular disease, % | NR | NR |

\*NR=Not reported; GFR = glomerular filtration rate