Table E.16. Characteristics of studies comparing non-CBT psychoanalysis versus wait listing

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| Author, Year | Study Country, Study Design, Type of Study (Efficacy/ Effectiveness), Study Settings | Type of Anxiety/Severity (CGI) | Intervention and Comparisons (N of Patients) | Characteristics of Interventions (Psychotherapy: Components, Delivery Model)/Pharm: Drug) Intensity, Duration (Weeks)) | Patient Characteristics Mean Age (Range) , Male (%), Race/Ethnicity, Comorbidity, Household Income, Parent Education, Family Dysfunction/Stressor, Treatment Sequence, Insurance, History of Maltreatment) | Length of Follow up (Weeks) |
| Gottken, 2014145 | Germany  RCT  Efficacy  Mental health clinic | GAD, PD, PD with agoraphobia, SoP, SP | Non-CBT psychoanalysis, (N=18) | Short term psychoanalytic child therapy  Individual based  20-25 weekly sessions  Delivered by psychologist, psychiatrist | Age mean (years) (years): 7.07 (range: 4-10)  Males: 61.1%  Less than high school or high school graduate (parent): 37.5%  Some college (parent): 31.3%  College graduate (parent): 31.3%  Depression: 44.5% | 6 |
| Control, (N=12) | Waitlisting or no treatment | Age mean (years): 7.06 (range: 4-10)  Males: 58.3%  Less than high school or high school graduate (parent): 60%  Some college (parent): 10%  College graduate (parent): 30%  Depression: 41.7%  Selective mutism: 8.3% |

CBT: cognitive behavioral therapy, CGI: clinical global impression scale, GAD: generalized anxiety disorder, PD: panic disorder, RCT: randomized controlled trial, SoP: social anxiety, SP: specific phobia.