**Appendix Table F8. Cognitive Training vs. Active Comparison, Normal Cognition: Effect Sizes for Wolinsky 2013 (n=681)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Study Arm** | **Test** | **Cohen’s D** | **95% CI Lower** | **95% CI Upper** |
| **At Home Training** | UFOV | -0.37 | -0.55 | -0.15 |
|  | TMT A | -0.27 | -0.49 | -0.04 |
|  | TMT B | -0.26 | -0.49 | -0.04 |
|  | SDMT | 0.31 | 0.07 | 0.55 |
|  | Stroop Word | 0.24 | 0.00 | 0.48 |
|  | Stroop Color | 0.18 | -0.06 | 0.42 |
|  | Stroop Color-Word | 0.19 | -0.05 | 0.44 |
|  | COWAT | 0.23 | -0.01 | 0.47 |
|  | DVT, Time | -0.21 | -0.44 | 0.04 |
|  | DVT, Errors | -0.05 | -0.27 | 0.17 |
| **Onsite Training** | UFOV | -0.32 | -0.56 | -0.09 |
|  | TMT A | -0.26 | -0.50 | -0.23 |
|  | TMT B | -0.23 | -0.46 | 0.01 |
|  | SDMT | 0.26 | 0.01 | 0.51 |
|  | Stroop Word | 0.27 | 0.02 | 0.52 |
|  | Stroop Color | 0.03 | -0.22 | 0.28 |
|  | Stroop Color-Word | 0.11 | -0.14 | 0.37 |
|  | COWAT | 0.11 | -0.14 | 0.36 |
|  | DVT, Time | -0.06 | -0.31 | 0.19 |
|  | DVT, Errors | -0.11 | -0.35 | 0.12 |
| **Onsite Training with Boosters** | UFOV | -0.58 | -0.82 | -0.34 |
|  | TMT A | -0.20 | -0.45 | 0.04 |
|  | TMT B | -0.32 | -0.57 | -0.07 |
|  | SDMT | 0.35 | 0.09 | 0.61 |
|  | Stroop Word | 0.27 | 0.01 | 0.53 |
|  | Stroop Color | 0.25 | -0.01 | 0.51 |
|  | Stroop Color-Word | 0.19 | -0.08 | 0.45 |
|  | COWAT | 0.15 | -0.11 | 0.41 |
|  | DVT, Time | -0.25 | -0.51 | 0.01 |
|  | DVT, Errors | -0.10 | -0.35 | 0.14 |

CI=Confidence Interval; COWAT=Controlled Oral Word Association Test; DVT=Digit Vigilance Test; SDMT= Symbol Digit Modalities Test; TMT=Trail Making Test (Parts A and B); UFOV= Useful Field of View