**Appendix Table F12. Cognitive Training vs. Active Comparison, MCI: Effect Sizes for Herrera 2012 (n=22)**

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| --- | --- | --- | --- |
| **Test** | **Cohen’s D** | **95% CI Lower** | **95% CI Upper** |
| Memory: Doors recognition subtest, Set A/12 | 3.06 | 1.78 | 4.30 |
| Memory: Doors recognition subtest, Set B/12 | 2.62 | 1.44 | 3.76 |
| Memory: DMS48 test (recognition score) | 2.56 | 1.39 | 3.69 |
| Memory: BEM-144 12-Word-List Recall Test | 3.15 | 1.85 | 4.41 |
| Memory: 16-Item Free and Cued Reminding Test | 2.44 | 1.30 | 3.54 |
| Memory: MMSE, Recall of 3 Words | 1.87 | 0.84 | 2.87 |
| Memory: Recall of Rey's Complex Figure | 0.37 | -0.48 | 1.21 |
| Executive/Attention/Processing Speed: Digit Span Forward | 4.59 | 2.93 | 6.21 |
| Executive/Attention/Processing Speed:Digit Span Backward | 2.17 | 1.09 | 3.23 |

CI=confidence interval; BEM-144=Batterie d’Efficience Mnesique 144; DSM48=Delayed Matching-to-Sample Task; MMSE=Mini-Mental Status Examination; n=sample size