**Key Question 2. Home-only.**

**Evidence Table 29. Study characteristics for studies taking place in a home only setting**

| **Author, year****Location** | **Years of Recruitment** | **Study Design** | **Inclusion Criteria** | **Goal of study is obesity prevention/ weight maintenance** |
| --- | --- | --- | --- | --- |
| Epstein, 20011U.S. | NR | Randomized intervention | Age: 6 -11 yearsBMI: less than the 85th BMI percentileParticipating child should have at least one parent with a BMI that was more than the 85th BMIpercentile, one parent willing to attend treatment meetings, no family member on an alternative weight control program, no parent or child with current psychiatric problems, and no dietary or activity restrictions on the participating parent or child. | Yes |
| Lappe, 20042US | NR | Randomized intervention | Age: 9FemaleBMI: <85th percentile for age and sexMembership of Great Plains Girl Scout Council of greater Omaha; student in metropolitanarea schools. Children with no history of the following: lactose intolerance, milk allergy, corticosteroid or anticonvulsant therapy, familial hypercholesterolemia,mental or physical handicaps, cancer, rheumatoid arthritis, asthma, or any other significant healthproblem reported by the parents were included. Girls with usual dietary intake of less than 1,100 mg of calcium per day were included. Also only the Girls who did not participate in organized team sports three or more times per week were included in an attempt to control for the effects of physical activity on bone health. | No/Not reported |
| French, 20113US | NR | Randomized intervention | Eligibility was determined at the household level and households had to fit the following: Age: at least one child ages ≥5 years and two HH members ages ≥12 years; Residence in a private house or apartment within 20 miles of the university; HH TV viewing weekly average of ≥10 h per person; No HH members with dietary, medical, psychological, or physical limitations that would prevent their participation in intervention activities; and Willingness to be randomized to active intervention or control group. | Yes |
| Fitzgibbon, 20124US | NR | Randomized intervention | Age: 3-5 years Grade: Pre-schoolIntervention was targeted towards Latino families, but Latino ethnicity was not cited as an explicit exclusion criterion | Yes |

BMI = Body Mass Index; HH = Households; N = Sample Size; NR = Not Reported; S1 = Study1