**Table 22a. Weight related outcomes for physical activity intervention studies taking place in a school setting with community component**

| **Author, year** | **Arm** | **Baseline N** | **Baseline measure, mean (SD)** | **First follow-up time-point in weeks** | **N at first followup** | **First follow-up measure, mean (SD)** | **Mean change from baseline (SD)** | **Second followup timepoint in weeks** | **N Second followup** | **Second followup measure, mean (SD)** | **Mean change from baseline (SD)** | **Final measure timepoint** | **N at final measure** | **Final followup measure, mean (SD)** | **Mean Change from baseline (SD)** | **Measure of association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BMI (Kg/m2)** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Webber, 20086 | 1 | NR | 20.9 | 104 |  | 22.9 |  | 156 |  | 22.7 |  |  |  |  |  | NS |
| 2 | NR | 20.7 | 104 |  | 22.7 |  | 156 |  | 22.8 |  |  |  |  |  |  |
| **Kg** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Webber, 20086 | 1 | NR | 49.1 | 104 |  | 59.1 |  | 156 |  | 58.2 |  |  |  |  |  | NS |
| 2 | NR | 48.6 | 104 |  | 58.4 |  | 156 |  | 58.4 |  |  |  |  |  |  |
| **Percent body fat****skin-fold thickness in mm** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Webber, 20086 | 1 | NR | 17.4 | 104 |  | 21.6 |  | 156 |  | 20.8 |  |  |  |  |  | NS |
| 2 | NR | 17.2 | 104 |  | 21.2 |  | 156 |  | 21.2 |  |  |  |  |  |  |
| **Percent body fat** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Webber, 20086 | 1 | NR | 28.1 | 104 |  | 31.8 |  | 156 |  | 31.3 |  |  |  |  |  | NS |
| 2 | NR | 27.8 | 104 |  | 31.5 |  | 156 |  | 31.5 |  |  |  |  |  |  |

BMI = Body Mass Index; Kg = Kilogram; Kg/m2 = kilogram per meter squared; mm = millimeter; N = Sample Size; NR = Not Reported; NS = Not Significant; SD = Standard Deviation