**Evidence Table 69. Description of the interventions used in community settings with home, primary care, and childcare components**

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| **Author, year** | **Arm** | **Description** | **Psychosocial dietary intervention** | **Physical/environ-mental dietary intervention** | **Psychosocial physical activity/ exercise intervention** | **Physical/environ-mental physical activity/ exercise intervention** | **Decrease sedentary behavior intervention** | **Other interventions** | **General Comments** |
| de Silva-Sanigorski, 20101 | 2 | Romp and Chomp interventionLength of intervention, weeks: 208 weeksSetting: Home: To increase awareness of key messages in homesPrimary care: Dental health services, immunization services, community health service providersChild care: Preschools health promotionsCommunity or environment-level: sociocultural and environmental changesPolicy: Yes | To promote healthy eating; by significantly decreasing consumption of high sugar drinks and promoting consumption of water and milk; significantly decreasing consumption of energy-dense snacks and increasing consumption of fruit and vegetables. Series of posters, postcards, and brochures promoting overarching campaign and key messages.Target: ChildParent/CaregiverDelivery: ResearcherTeacherOther: parents  | Provision of water bottles and lunch bags for children attending kindergartens and other early childcare centers.Target: ChildDelivery: Researcher  | Active play workshops for early childhood staff. Active-play games were demonstrated in schools and community festivals and children and parents encouraged participating. Active-play media release. Promotional materials (e.g., balloons, stickers, posters, postcards, etc.) produced and distributed.Target: ChildParent/CaregiverDelivery: ResearcherTeacherOther: parents  | To increase structured active play in kindergarten and day care.Target: ChildDelivery: Researcher  | Target: ResearcherTeacherOther: ParentsDelivery: To significantly increase home/family-based active play and decrease television-viewing time. Through the development and distribution of posters and postcards.  |  |  |