**Evidence Table 69. Description of the interventions used in community settings with home, primary care, and childcare components**

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| **Author, year** | **Arm** | **Description** | **Psychosocial dietary intervention** | **Physical/environ-mental dietary intervention** | **Psychosocial physical activity/ exercise intervention** | **Physical/environ-mental physical activity/ exercise intervention** | **Decrease sedentary behavior intervention** | **Other interventions** | **General Comments** |
| de Silva-Sanigorski, 20101 | 2 | Romp and Chomp intervention  Length of intervention, weeks: 208 weeks  Setting: Home: To increase awareness of key messages in homes  Primary care: Dental health services, immunization services, community health service providers  Child care: Preschools health promotions  Community or environment-level: sociocultural and environmental changes  Policy: Yes | To promote healthy eating; by significantly decreasing consumption of high sugar drinks and promoting consumption of water and milk; significantly decreasing consumption of energy-dense snacks and increasing consumption of fruit and vegetables. Series of posters, postcards, and brochures promoting overarching campaign and key messages.  Target: Child  Parent/Caregiver  Delivery: Researcher  Teacher  Other: parents | Provision of water bottles and lunch bags for children attending kindergartens and other early childcare centers.  Target: Child  Delivery: Researcher | Active play workshops for early childhood staff. Active-play games were demonstrated in schools and community festivals and children and parents encouraged participating. Active-play media release. Promotional materials (e.g., balloons, stickers, posters, postcards, etc.) produced and distributed.  Target: Child  Parent/Caregiver  Delivery: Researcher  Teacher  Other: parents | To increase structured active play in kindergarten and day care.  Target: Child  Delivery: Researcher | Target: Researcher  Teacher  Other: Parents  Delivery: To significantly increase home/family-based active play and decrease television-viewing time. Through the development and distribution of posters and postcards. |  |  |