**Evidence Table 62b. Weight related outcomes for combined diet and physical activity intervention studies taking place in a community setting with school and home components, subgroups**

| **Author, year** | **Arm** | **Sub-group** | **Base-line N** | **Base-line measure, mean (SD)** | **First follow-up time-point in weeks** | **N at first follow-up** | **First follow-up measure, mean (SD)** | **Mean change from base-line (SD)** | **Second follow-up time-point in weeks** | **N Second follow-up** | **Second follow-up measure, mean (SD)** | **Mean change from base-line (SD)** | **Final measure time-point** | **N at final measure** | **Final follow-up measure, mean (SD)** | **Mean Change from base-line (SD)** | **Measure of association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BMI** **Z score** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Econom-os, 20071 | 1 | Fe-males | 298 | 0.617(1.060) | 43 | 298 | 0.615(1.065) | -0.002 |  |  |  |  |  |  |  |  |  |
| 2 |  | 190 | 0.782(1.1) | 43 | 190 | 0.755(1.070) | -0.027 |  |  |  |  |  |  |  |  |  |
| 3 |  |  | 0.679(1.055) | 34 | 117 | 0.688(1.055) | 0.009 |  |  |  |  |  |  |  |  |  |
| 1 | Males | 263 | 0.777(0.999) | 43 | 263 | 0.768(0.995) | -0.009 |  |  |  |  |  |  |  |  |  |
| 2 |  | 195 | 0.918(1.021) | 43 | 195 | 0.882(1.022) | -0.036 |  |  |  |  |  |  |  |  |  |
| 3 |  |  | 1.132(0.903) | 34 | 115 | 1.113(0.926) | -0.018 |  |  |  |  |  |  |  |  |  |

BMI = Body Mass Index; N = Sample Size; SD = Standard Deviation