

**Table MH13.11 Sources of Mental Health Services in the Past Year among Youths Aged 12 to 17, by Demographic Characteristics: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH**

Demographic Characteristic	SPECIALTY MENTAL HEALTH SERVICE																		
	Total <sup>1</sup>						Outpatient <sup>2</sup>						Inpatient or Residential <sup>1,3</sup>						
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	
<b>TOTAL</b>	13.6	13.8	1.02	0.32	0.37	1.13	12.5	12.7	1.02	0.31	0.34	1.11	2.3	2.3	0.98	0.14	0.14	0.98	
<b>GENDER</b>																			
Male	10.5	10.6	1.02	0.41	0.37	0.89	9.2	9.3	1.01	0.37	0.35	0.97	2.3	2.3	1.01	0.20	0.19	0.92	
Female	16.8	17.1	1.02	0.50	0.61	1.22	15.9	16.3	1.03	0.49	0.57	1.15	2.4	2.3	0.95	0.20	0.23	1.18	
<b>AGE GROUP</b>																			
12-13	13.1	13.5	1.03	0.58	0.63	1.08	11.5	12.0	1.04	0.53	0.57	1.07	2.5	2.4	0.95	0.29	0.29	0.99	
14-15	14.5	14.9	1.02	0.56	0.60	1.07	13.6	13.9	1.03	0.54	0.57	1.05	2.3	2.3	1.01	0.22	0.24	1.09	
16-17	13.2	13.1	0.99	0.52	0.71	1.35	12.3	12.3	1.00	0.51	0.69	1.35	2.2	2.2	0.98	0.22	0.18	0.82	
<b>HISPANIC ORIGIN AND RACE</b>																			
Not Hispanic or Latino	14.0	14.3	1.02	0.37	0.43	1.17	12.9	13.2	1.02	0.35	0.41	1.17	2.2	2.2	1.00	0.15	0.16	1.04	
White	14.6	15.1	1.04	0.43	0.50	1.16	13.8	14.3	1.03	0.41	0.49	1.19	1.8	2.0	1.06	0.15	0.18	1.23	
Black or African American	12.8	12.0	0.93	0.84	0.97	1.16	10.6	10.0	0.94	0.72	0.86	1.19	3.9	3.1	0.82	0.57	0.53	0.93	
American Indian or Alaska Native	16.6	15.3	0.93	3.07	2.90	0.94	14.4	13.1	0.91	2.95	3.33	1.13	3.8	3.1	0.83	1.14	1.04	0.91	
Native Hawaiian or Other Pacific Islander	*	9.0	*	*	4.29	*	*	8.7	*	*	4.25	*	*	1.2	*	*	0.93	*	
Asian	8.6	9.2	1.08	1.44	1.76	1.23	7.9	8.6	1.08	1.37	1.67	1.21	1.1	1.6	1.38	0.49	0.83	1.68	
Two or More Races	17.7	19.1	1.08	2.09	2.46	1.18	16.2	17.2	1.06	2.05	2.35	1.15	2.6	3.3	1.25	0.71	1.00	1.40	
Hispanic or Latino	12.3	12.3	1.00	0.70	0.89	1.26	10.9	11.1	1.02	0.63	0.77	1.23	2.8	2.6	0.92	0.36	0.37	1.03	

See notes at end of table.

(continued)

**Table MH13.11 Sources of Mental Health Services in the Past Year among Youths Aged 12 to 17, by Demographic Characteristics: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH (continued)**

Demographic Characteristic	NONSPECIALTY SERVICE																	
	Total						Education <sup>4,5</sup>						General Medicine <sup>6</sup>					
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
<b>TOTAL</b>	15.0	15.3	1.02	0.33	0.45	1.34	13.0	13.2	1.02	0.32	0.43	1.33	2.8	2.9	1.02	0.15	0.17	1.13
<b>GENDER</b>																		
Male	13.3	13.4	1.01	0.44	0.58	1.31	11.4	11.6	1.02	0.42	0.53	1.25	2.4	2.3	0.93	0.20	0.21	1.08
Female	16.8	17.2	1.02	0.47	0.58	1.24	14.6	14.8	1.01	0.45	0.59	1.30	3.2	3.5	1.10	0.22	0.24	1.11
<b>AGE GROUP</b>																		
12-13	16.4	17.2	1.05	0.65	0.75	1.16	14.2	15.0	1.05	0.60	0.69	1.14	2.9	3.1	1.06	0.28	0.33	1.20
14-15	16.3	16.6	1.02	0.56	0.69	1.24	14.5	14.8	1.02	0.53	0.62	1.17	2.7	2.7	1.03	0.23	0.29	1.26
16-17	12.5	12.2	0.97	0.50	0.66	1.33	10.2	9.9	0.97	0.46	0.61	1.31	2.8	2.8	0.98	0.25	0.31	1.23
<b>HISPANIC ORIGIN AND RACE</b>																		
Not Hispanic or Latino	15.3	15.5	1.01	0.36	0.50	1.38	13.2	13.4	1.01	0.35	0.49	1.41	2.9	2.9	1.00	0.16	0.18	1.09
White	14.2	14.6	1.03	0.39	0.53	1.37	12.1	12.5	1.03	0.37	0.55	1.51	2.9	2.9	1.00	0.19	0.26	1.39
Black or African American	20.1	18.9	0.94	0.94	1.09	1.16	17.6	16.5	0.94	0.91	1.05	1.16	3.3	3.0	0.91	0.44	0.43	0.97
American Indian or Alaska Native	13.6	14.3	1.06	2.88	3.87	1.34	11.6	12.6	1.09	2.61	3.58	1.37	2.0	2.6	1.31	1.19	1.56	1.31
Native Hawaiian or Other Pacific Islander	*	17.4	*	*	4.24	*	*	16.4	*	*	4.07	*	*	1.9	*	*	1.13	*
Asian	13.6	14.8	1.09	1.83	1.98	1.08	12.4	13.5	1.09	1.75	1.89	1.08	1.9	2.3	1.19	0.67	0.88	1.31
Two or More Races	17.1	17.4	1.02	1.72	1.98	1.15	15.1	15.4	1.02	1.57	1.85	1.18	3.2	3.6	1.13	0.92	0.93	1.01
Hispanic or Latino	14.1	14.7	1.04	0.70	0.78	1.11	12.1	12.5	1.03	0.64	0.75	1.16	2.4	2.7	1.12	0.34	0.34	1.00

See notes at end of table.

(continued)

**Table MH13.11 Sources of Mental Health Services in the Past Year among Youths Aged 12 to 17, by Demographic Characteristics: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH (continued)**

Demographic Characteristic	NONSPECIALTY SERVICE											
	Juvenile Justice <sup>7</sup>						Child Welfare <sup>8</sup>					
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
<b>TOTAL</b>	0.2	0.2	0.97	0.04	0.04	0.99	0.4	0.3	0.84	0.05	0.06	1.07
<b>GENDER</b>												
Male	0.3	0.3	0.98	0.07	0.06	0.95	0.4	0.4	0.86	0.08	0.09	1.11
Female	0.1	0.1	0.93	0.05	0.05	1.02	0.4	0.3	0.82	0.07	0.07	1.03
<b>AGE GROUP</b>												
12-13	0.1	0.0	0.68	0.04	0.03	0.84	0.3	0.3	0.96	0.09	0.14	1.43
14-15	0.2	0.3	1.13	0.06	0.08	1.28	0.3	0.3	0.77	0.07	0.06	0.81
16-17	0.4	0.4	0.92	0.08	0.07	0.87	0.5	0.4	0.81	0.11	0.10	0.88
<b>HISPANIC ORIGIN AND RACE</b>												
Not Hispanic or Latino	0.2	0.2	1.04	0.04	0.04	1.05	0.4	0.4	0.90	0.06	0.07	1.09
White	0.1	0.1	0.88	0.04	0.04	1.08	0.3	0.3	1.06	0.07	0.09	1.25
Black or African American	0.5	0.7	1.28	0.17	0.15	0.93	0.8	0.6	0.69	0.19	0.14	0.73
American Indian or Alaska Native	0.4	0.3	0.83	0.20	0.18	0.94	1.2	0.8	0.64	0.83	0.69	0.83
Native Hawaiian or Other Pacific Islander	*	0.0	*	*	0.00	*	*	0.0	*	*	0.00	*
Asian	0.1	0.0	0.00	0.07	0.00	0.00	0.1	0.1	1.10	0.10	0.11	1.09
Two or More Races	0.3	0.3	1.05	0.23	0.22	0.95	0.5	0.4	0.74	0.24	0.18	0.76
Hispanic or Latino	0.3	0.3	0.80	0.12	0.11	0.98	0.4	0.2	0.63	0.11	0.09	0.80

\* Low precision; no estimate reported.

PUF = public use file, which refers to estimates produced from a NSDUH public use file (a PUF is a NSDUH restricted-use file that has undergone statistical disclosure limitation treatment); RUF = restricted-use file, which refers to estimates produced from a NSDUH RUF and published in NSDUH's mental health detailed tables available at <http://www.samhsa.gov/data/>; SE = standard error that is associated with the estimate.

NOTE:  $Ratio\ of\ estimates = PUF\ estimate \div RUF\ estimate$ ;  $Ratio\ of\ SEs = PUF\ SE \div RUF\ SE$ .

NOTE: Receipt of mental health services for youths aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>1</sup> Because of revisions to Specialty Mental Health Service estimates in 2013, these estimates are not comparable with previously published estimates presented before the 2013 NSDUH.

<sup>2</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>3</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital or (2) residential treatment center.

<sup>4</sup> Includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>5</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with previously published education services estimates presented before the 2009 NSDUH.

<sup>6</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>7</sup> Includes treatment/counseling received in juvenile detention centers, prisons, or jails, and often provided by psychiatrists, psychologists, social workers or counselors who work for the court system.

<sup>8</sup> Includes services received in foster care or therapeutic foster care.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013.