

Table MH13.6 Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Adults Aged 18 or Older with a Perceived Unmet Need for Mental Health Treatment/Counseling in the Past Year, by Receipt of Past Year Mental Health Treatment/Counseling: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH

Reason Did Not Receive Treatment/ Counseling ¹	TOTAL ²						MENTAL HEALTH TREATMENT/COUNSELING ³											
							Received						Not Received					
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
TOTAL POPULATION	100.0	100.0	1.00	0.00	0.00	.	100.0	100.0	1.00	0.00	0.00	.	100.0	100.0	1.00	0.00	0.00	.
Could Not Afford Cost	46.6	46.8	1.00	1.68	2.01	1.20	45.2	45.6	1.01	2.42	2.74	1.13	48.3	48.3	1.00	2.25	2.77	1.23
Might Cause Neighbors/ Community to Have Negative Opinion	9.0	8.6	0.96	0.85	0.88	1.04	7.9	7.9	1.00	1.08	1.35	1.25	10.3	9.4	0.92	1.35	1.31	0.96
Might Have Negative Effect on Job	8.1	7.8	0.96	0.84	0.85	1.01	8.3	8.6	1.04	1.15	1.19	1.03	7.8	6.8	0.87	1.22	1.19	0.97
Health Insurance Does Not Cover Any Mental Health Treatment/ Counseling	6.0	5.8	0.98	0.71	0.79	1.12	5.7	5.6	0.99	1.07	1.18	1.10	6.2	6.0	0.97	0.92	0.82	0.89
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	10.2	9.8	0.96	0.91	0.73	0.80	11.2	10.7	0.96	1.33	1.31	0.98	8.9	8.6	0.96	1.21	1.23	1.02
Did Not Know Where to Go for Services	20.0	20.2	1.01	1.32	1.64	1.25	16.0	16.7	1.04	1.76	2.00	1.14	24.6	24.2	0.99	1.98	2.03	1.03
Concerned about Confidentiality	7.4	7.3	0.99	0.78	0.94	1.21	6.7	6.4	0.97	1.06	1.04	0.98	8.3	8.3	1.01	1.18	1.40	1.18
Concerned about Being Committed/Having to Take Medicine	9.1	8.4	0.92	0.78	0.78	1.00	9.2	8.7	0.95	1.07	1.27	1.18	9.1	8.1	0.89	1.19	1.06	0.89
Did Not Feel Need for Treatment at the Time	9.4	9.5	1.01	0.92	1.18	1.29	8.7	8.4	0.97	1.30	1.43	1.10	10.1	10.7	1.06	1.35	1.70	1.26
Thought Could Handle the Problem without Treatment	23.6	23.7	1.00	1.41	1.49	1.05	21.0	21.3	1.02	1.93	2.14	1.11	26.5	26.5	1.00	2.02	2.36	1.17
Treatment Would Not Help	8.8	8.3	0.94	0.90	0.93	1.03	8.6	8.9	1.04	1.30	1.52	1.17	9.2	7.5	0.82	1.34	1.24	0.92

See notes at end of table.

(continued)

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Reason Did Not Receive Treatment/Counseling ¹	MENTAL HEALTH TREATMENT/COUNSELING ³																	
	TOTAL ²						Received						Not Received					
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
Did Not Have Time	15.3	15.5	1.01	1.21	1.27	1.05	14.9	15.3	1.02	1.69	1.90	1.12	15.8	15.8	1.00	1.65	1.61	0.97
Did Not Want Others to Find Out	5.3	5.3	0.99	0.58	0.69	1.19	4.4	4.6	1.03	0.75	0.97	1.29	6.3	6.1	0.96	0.95	1.10	1.16
No Transportation/Inconvenient	3.5	3.4	0.96	0.55	0.51	0.92	4.1	4.1	0.99	0.84	0.86	1.03	2.8	2.5	0.88	0.71	0.61	0.86
Some Other Reason ⁴	8.1	8.0	0.99	0.83	0.90	1.08	9.3	8.9	0.96	1.25	1.30	1.04	6.8	7.0	1.03	1.08	1.07	1.00

* Low precision; no estimate reported.

PUF = public use file, which refers to estimates produced from a NSDUH public use file (a PUF is a NSDUH restricted-use file that has undergone statistical disclosure limitation treatment); RUF = restricted-use file, which refers to estimates produced from a NSDUH RUF and published in NSDUH's mental health detailed tables available at <http://www.samhsa.gov/data/>; SE = standard error that is associated with the estimate.

NOTE: $Ratio\ of\ estimates = PUF\ estimate \div RUF\ estimate$; $Ratio\ of\ SEs = PUF\ SE \div RUF\ SE$.

NOTE: Perceived Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment/counseling that was not received. Perception of need was asked of all respondents regardless of disorder status. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health treatment/counseling; thus, these response categories are not mutually exclusive.

² Estimates in the Total columns represent reasons for not receiving mental health treatment/counseling for all adults aged 18 or older with a perceived unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013.