

Table MH13.5 Received Mental Health Treatment/Counseling and/or Illicit Drug or Alcohol Treatment at a Specialty Facility in the Past Year among Adults Aged 18 or Older, by Past Year Illicit Drug or Alcohol Dependence or Abuse Status and Past Year Level of Mental Illness: Comparison of Percentages and Standard Errors from Restricted-Use File and Public Use File Estimates, 2013 NSDUH

Illicit Drug or Alcohol Dependence or Abuse Status/Level of Mental Illness	MENTAL HEALTH TREATMENT/COUNSELING OR SUBSTANCE USE TREATMENT AT A SPECIALTY FACILITY ^{1,2}						MENTAL HEALTH TREATMENT/COUNSELING ONLY ¹						SUBSTANCE USE TREATMENT AT A SPECIALTY FACILITY ONLY ²						MENTAL HEALTH TREATMENT/COUNSELING AND SUBSTANCE USE TREATMENT AT A SPECIALTY FACILITY ^{1,2}					
	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs	RUF Estimate	PUF Estimate	Ratio of Estimates	RUF SE	PUF SE	Ratio of SEs
TOTAL	15.1	15.2	1.00	0.29	0.33	1.14	14.1	14.2	1.00	0.28	0.33	1.17	0.5	0.5	1.01	0.04	0.04	0.93	0.5	0.5	1.03	0.05	0.06	1.10
DEPENDENCE OR ABUSE	27.2	27.8	1.02	0.96	0.94	0.98	21.0	21.6	1.03	0.84	0.92	1.09	2.4	2.4	0.99	0.31	0.30	0.96	3.7	3.7	0.99	0.40	0.46	1.14
Any Mental Illness	47.8	48.0	1.01	1.78	1.89	1.06	37.2	37.8	1.01	1.67	1.87	1.12	2.8	2.6	0.94	0.50	0.51	1.03	7.7	7.5	0.98	0.94	1.01	1.07
Serious Mental Illness	69.2	69.9	1.01	2.78	2.99	1.07	52.8	54.1	1.02	3.03	3.43	1.13	3.6	3.8	1.06	1.09	1.19	1.08	12.8	12.0	0.94	1.99	2.13	1.07
Moderate Mental Illness	46.6	46.9	1.00	3.60	3.75	1.04	35.2	35.1	1.00	3.41	3.51	1.03	3.4	2.7	0.80	0.84	0.66	0.78	7.8	8.8	1.12	1.98	2.05	1.03
Mild Mental Illness	32.6	32.4	0.99	2.62	2.47	0.94	27.1	27.3	1.01	2.48	2.23	0.90	1.8	1.7	0.96	0.64	0.66	1.03	3.7	3.3	0.89	1.03	1.01	0.98
No Mental Illness ³	14.6	14.8	1.01	1.03	1.26	1.22	11.0	11.2	1.01	0.90	1.24	1.37	2.2	2.2	1.03	0.39	0.43	1.11	1.3	1.2	0.94	0.26	0.26	1.02
NO DEPENDENCE OR ABUSE	14.0	14.0	1.00	0.30	0.35	1.15	13.5	13.5	1.00	0.30	0.35	1.16	0.3	0.3	1.03	0.04	0.04	1.05	0.2	0.2	1.07	0.04	0.04	0.96
Any Mental Illness	45.1	44.1	0.98	1.03	1.16	1.12	43.8	42.6	0.97	1.04	1.14	1.09	0.5	0.5	1.07	0.14	0.15	1.06	0.9	0.9	1.08	0.20	0.18	0.92
Serious Mental Illness	69.8	69.7	1.00	2.00	2.31	1.16	67.4	67.0	0.99	2.08	2.36	1.14	0.5	0.5	1.10	0.31	0.34	1.09	2.0	2.2	1.10	0.60	0.69	1.15
Moderate Mental Illness	50.7	49.5	0.97	2.09	2.28	1.09	49.6	48.2	0.97	2.08	2.31	1.11	0.5	0.5	1.08	0.14	0.16	1.08	0.7	0.8	1.10	0.42	0.48	1.14
Mild Mental Illness	32.6	31.4	0.96	1.38	1.41	1.03	31.6	30.4	0.96	1.37	1.39	1.01	0.5	0.5	1.05	0.22	0.23	1.05	0.5	0.6	1.03	0.21	0.22	1.04
No Mental Illness ³	7.8	8.0	1.03	0.25	0.30	1.21	7.4	7.6	1.03	0.24	0.29	1.20	0.2	0.2	1.02	0.03	0.03	1.06	0.1	0.1	1.06	0.03	0.03	1.18

* Low precision; no estimate reported.

PUF = public use file, which refers to estimates produced from a NSDUH public use file (a PUF is a NSDUH restricted-use file that has undergone statistical disclosure limitation treatment); RUF = restricted-use file, which refers to estimates produced from a NSDUH RUF and published in NSDUH's mental health detailed tables available at <http://www.samhsa.gov/data/>; SE = standard error that is associated with the estimate.

NOTE: Ratio of estimates = PUF estimate ÷ RUF estimate; Ratio of SEs = PUF SE ÷ RUF SE.

NOTE: Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically, including data from original methamphetamine questions but not including new methamphetamine items added in 2005 and 2006.

NOTE: Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) Structured Clinical Interview for the *Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes individuals in any of the three categories. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2013 National Survey on Drug Use and Health: Mental Health Findings*.

¹ Mental Health Treatment/Counseling is defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

² Received Illicit Drug or Alcohol Treatment at a Specialty Facility refers to treatment received at a hospital (inpatient only), rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.

³ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013.