



CARMEN STUDY: Peer Mentoring for Young Women in Care

Carmen Study Mentor Contract

In consenting to be a part of the Carmen study, you can gain new skills and receive payment in recognition of your role. You can also opt to gain an ASDAN qualification.

In order for this to happen, you must agree to the following;

Contact and communication:

I will try to ensure that I abide by the minimum requirements for meeting with my mentee i.e. face to face contact for one hour a week (or on occasion, a lengthy 30 minutes+ phone call).

I will attend medical / other appointments where necessary and agreed between my mentee and me.

I will use my mobile phone for the purposes of my peer mentoring role only. These are communicating with my mentee, project coordinator or the research team, and completing my mentor diary. I will not use my phone for general internet use or other telephone calls.

Professionalism:

I will read and abide by the guidelines specified in the peer mentor handbook about remaining professional in my peer mentor role.

Confidentiality and Safety:

I will ensure that conversations I have with my mentee are only discussed between myself and my project coordinator, the researchers and other mentors in group supervision. I will not disclose the personal details of my mentee to anyone outside the project.

I will read and abide by the guidelines specified in the training pack about safeguarding. I will inform my project coordinator immediately if I have any concerns that my mentee is at risk of harm to themselves or others. If my project coordinator is unavailable and I have immediate concerns, I will contact the social services emergency duty team or the police.

I will contact my project coordinator if I feel that I need extra support, if any difficulties in the mentoring relationship arise or I feel I am not coping well in the role.

Contribution to research:

I will complete the mentor diary at the times expected, as outlined in the peer mentor handbook. This means after every contact with my mentee, and completing the reflective diary on a weekly basis. Even if I have not met the expected level of minimum contact, I will record this in my mentor diary.

I will return my mobile phone, and all related mobile phone accessories, to the research team at the end of my peer mentoring role.

Support:

I will attend an initial three-way meeting with my mentee and project coordinator prior to commencing my peer mentoring role.

I will attend monthly support meetings provided by my project coordinator, and will inform them if I am unable to attend for any reason.

I will attend the NCB training booster session at approximately four months into my peer mentoring role, and will inform my project coordinator if I am unable to attend this for any reason.

I will attend a three-way meeting with my mentee and their social worker / the project coordinator at ten months into my peer mentoring role, to discuss the ending of the mentoring relationship.

In return for agreeing to the above I can:

Receive £40 vouchers a month in recognition of my peer mentoring role.

Communicate with my project coordinator in order to receive up to £40 a month which will pay for peer mentoring activities and my travel expenses.

Receive £10 vouchers plus my travel expenses for completing a questionnaire and interview with researchers prior to commencing my peer mentoring work and at the end.

Opt to gain an ASDAN qualification.

Name of Participant
Signature

Date

Name of Researcher
Signature

Date

Please retain a copy for your records.