

## Mentor Snapshot Diary

We would like to ask some questions about your contact with your mentee in the last week. This is to give us a snapshot of the type of contact you have had, and how you felt about your relationship this week. We will ask you the same questions again in a few months' time.

As with the mentor diaries, everything you tell us will be kept confidential to the research team. All of your information will be anonymised. This means we may report what you have said but no one will be able to identify it was you who said it. The only time we have to tell someone else what you have said is if you say something that makes us worry about your safety, the safety of your mentee, or the safety of someone else.

Please answer the questions thinking only about your contact with your mentee in the last week.

**Mentor ID number**.....

**Date**.....

### Section 1 - Face to face meetings

- 1. In the last week, have you had a face to face meeting with your mentee?**

Yes

No (go to section 2)

- 2. How many meetings have you had? .....**

(If more than one, then go through the following questions with regard to each meeting)

- 3. On what date did your face to face meeting take place?**

Date.....

4. **What time of day did it take place?**

- Morning
- Afternoon
- Evening

5. **Roughly how long did you meet with your mentee for?**

- Up to 30 minutes
- 30 minutes to 1 hour
- 1 to 2 hours
- More than 2 hours

6. **Where did you meet?**

7. **What did you do together? (tick all that apply)**

- Talk
- Leisure activity
- Attend an appointment
- Other

**If other, please specify**

8. **What were the topics of discussion? (tick all that apply)**

- Arrangements for next meeting
- General e.g. getting to know you
- Family/Carers
- Friends
- Sexual relationships/boyfriends/girlfriends
- Contraception
- School/education
- Training/work
- Alcohol/drugs
- Directing mentee to other support/help
- Relationship between you and mentee
- Other

**If other, please specify**

**9. How much did the activity cost?**

£.....

**10. How much did it cost you to travel to the meeting?**

£.....

**11. How much did it cost your mentee to travel to the meeting?**

£.....

**12. Are there any thoughts or comments you want to tell us about your face to face contact with your mentee in the last week?**

**Section 2 - Phone calls**

**13. In the last week, have you had any phone conversations with your mentee?**

Yes

No (go to section 3)

**14. How many phone conversations have you had with your mentee?**

Number.....

**15. On average, how long has/have the phone conversation(s) lasted?**

Up to 15 minutes

15 to 30 minutes

30 minutes to 1 hour

Over 1 hour

**16. Who made the phone call(s)?**

I made the call(s)

My mentee made the call(s)

We both made the calls

**17. What were the topics of discussion? (tick all that apply)**

Arrangements for next meeting

General e.g. getting to know you

Family/carers

Friends

Sexual relationships/boyfriends/girlfriends

Contraception

School/education

Training/work

Alcohol/drugs

Directing mentee to other support/help

Relationship between you and your mentee

Other

**If other, please specify**

**18. Are there any thoughts or comments you want to tell us about your phone conversation(s) with your mentee in the last week?**

**Section 3 – Text or email contact**

**19. Have you had any email contact or text message contact with your mentee this week?**

Yes

No (go to section 4)

**20. What type of contact have you had?**

Text message

Email

Both text message and email

**21. What were the topics of discussion?**

Arrangements for next meeting

General e.g. getting to know you

Family/carers

Friends

Sexual relationships/boyfriends/girlfriends

Contraception

School/education

Training/work

Alcohol/drugs

Directing mentee to other support/help

Relationship between you and your mentee

Other

**If other, please specify**

**22. Are there any thoughts or comments you want to tell us about your text and/or email contact with your mentee in the last week?**

**Section 4 - Reflection on relationship in the last week if there has been a face to face meeting**

23. In the last week, is there anything you think worked particularly well with your mentee? Please tell us about this and why you think it worked well.

24. In the last week, is there anything you think did NOT work well with your mentee? Please tell us about this and why you think it may not have worked well. What steps did you take to overcome the problem?

25. On a scale of 1-5, where 1 is not helpful and 5 is very helpful, please rate how helpful you think the mentoring has been to your mentee in the last week?  
(Circle one number)

Not helpful					Very helpful
1	2	3	4	5	

26. On a scale of 1-5, where 1 is very confident and 5 is very unconfident, how confident do you feel that you had the skills needed to deal with the issues raised by your mentee in the last week? (Circle one number)

Unconfident confident					Very
1	2	3	4	5	

27. Did your mentee tell you about anything significant that happened to them in the last week? It could be a positive thing (e.g. a good grade/comment from school) or a negative thing (e.g. a bad argument, moving placement etc)

28. In the last week, during contact with your mentee is there anything that made you feel your mentee may be at significant risk of harm? (i.e. from someone else or from themselves)

- Yes
- No
- Unsure

**If Yes or Unsure, please comment**

**29. Please comment on anything else with regards to your contact with your mentee in the last week.**

**For example this could be about the relationship with your mentee, your time management, how you feel about the mentoring or the topics you discussed.**

**Section 5 - complete only if there has been NO face to face or phone conversation this week**

**30. In the last week, has your mentee initiated any contact with you either by phone/text or email?**

Yes

No

**31. In the last week, have you initiated contact with your mentee by phone/text or email?**

Yes

No

**If No, please comment on why not.**

**32. Can you tell me why did a face to face meeting not go ahead in the last week?**

Mentee said they did not have time

Mentee cancelled the arranged meeting

Mentee did not turn up to arranged meeting

I did not have time

I had to cancel the arranged meeting

Other

**If other, please specify...**

**33. Please make any comments about why a face to face meeting did not take place this week....**

**34. Please comment on anything else with regards to your contact with your mentee in the last week.**

### **Section 6**

**Please comment on anything else with regards to your contact with your mentee generally...**

**For example this could be about the relationship with your mentee and how you feel about the mentoring in general**



## **Mentee Snapshot Diary**

We would like to ask some questions about your contact with your mentor in the last week. This is to give us a snapshot of the type of contact you have had, and how you felt about your relationship this week. We will ask you the same questions again in a few months' time.

Everything you tell us will be kept confidential to the research team and project coordinator. All of your information will be anonymised. This means we may report what you have said but no one will be able to identify it was you who said it. The only time we have to tell someone else what you have said is if you say something that makes us worry about your safety, the safety of your mentor, or the safety of someone else.

Please answer the questions thinking only about your contact with your mentor in the last week.

**Mentee ID number**.....

**Date**.....

### **Section 1 - Face to face meetings**

**35. In the last week, have you had a face to face meeting with your mentor?**

Yes

No (go to section 2)

**36. How many meetings have you had? .....**

(If more than one, then go through the following questions with regard to each meeting)

**37. On what date did your face to face meeting take place?**

Date.....

**38. What time of day did it take place?**

- Morning
- Afternoon
- Evening

**39. Roughly how long did you meet your mentor for?**

- Up to 30 minutes
- 30 minutes to 1 hour
- 1 to 2 hours
- More than 2 hours

**40. Where did you meet?**

**41. What did you do together? (tick all that apply)**

- Talk
- Leisure activity
- Attend an appointment
- Other

**If other, please specify**

**42. What were the topics of discussion? (tick all that apply)**

- Arrangements for next meeting
- General e.g. getting to know you
- Family/Carers
- Friends
- Sexual relationships/boyfriends/girlfriends
- Contraception
- School/education
- Training/work
- Alcohol/drugs
- Directing me to other support/help
- Relationship between you and mentor
- Other

**If other, please specify**

**43. Are there any thoughts or comments you want to tell us about your face to face contact with your mentor in the last week?**

**Section 2 - Phone calls**

**44. In the last week, have you had any phone conversations with your mentor?**

Yes

No (go to section 3)

**45. How many phone conversations have you had with your mentor?**

Number.....

**46. On average, how long has/have the phone conversation(s) lasted?**

Up to 15 minutes

15 to 30 minutes

30 minutes to 1 hour

Over 1 hour

**47. Who made the phone call(s)?**

I made the call(s)

My mentor made the call(s)

We both made the calls

**48. What were the topics of discussion? (tick all that apply)**

Arrangements for next meeting

General e.g. getting to know you

Family/Carers

Friends

Sexual relationships/boyfriends/girlfriends

Contraception

School/education

Training/work

Alcohol/drugs

Directing me to other support/help

Relationship between you and mentor

Other

**If other, please specify**

**49. Are there any thoughts or comments you want to tell us about your phone conversation(s) with your mentor in the last week?**

**Section 3 – Text or email contact**

**50. In the last week have you had any other type of contact (email or text ) with your mentor this week?**

Yes

No (go to section 4)

**51. What type of contact have you had?**

Text message only

Email only

Both

**52. What were the topics of discussion?**

Arrangements for next meeting

General e.g. getting to know you

Family/Carers

Friends

Sexual relationships/boyfriends/girlfriends

Contraception

School/education

Training/work

Alcohol/drugs

Directing me to other support/help

Relationship between you and mentor

Other

**If other, please specify**

**53. Are there any thoughts or comments you want to tell us about your text or email contact with your mentor in the last week?**

**Section 4 - Reflection on relationship this week if there has been a meeting**

54. In the last week, is there anything that worked particularly well for you with your mentor? Please tell us about this and why you think it worked well.

55. In the last week, is there anything you think did NOT work well with your mentor? Please tell us about this and why you think it may not have worked well.

56. On a scale of 1-5, where 1 is not helpful and 5 is very helpful, please rate how helpful you found the mentoring in the last week? (Circle one number)

Not helpful			Very helpful	
1	2	3	4	5

57. Please comment on anything else with regards to your contact with your mentor in the last week.

**Section 5 - complete only if there has been NO contact this week**

58. In the last week, has your mentor initiated any contact with you either by phone/text or email?

- Yes
- No

59. In the last week, have you initiated contact with your mentor by phone/text or email?

- Yes
- No

**If No, please comment on why not.**

**60. Why did a face to face meeting not go ahead in the last week?**

Mentor said they did not have time

Mentor cancelled the arranged meeting

Mentor did not turn up to arranged meeting

I did not have time

I had to cancel the arranged meeting

Other

**If other, please specify ...**

**61. Please make any comments about why a face to face meeting did not take place this week....**

**62. Please comment on anything else with regards to your contact with your mentor in the last week.**

## **Section 6**

**Please comment on anything else with regards to your contact with your mentor generally...**

**For example this could be about the relationship with your mentor and how you feel about the mentoring in general**