**Table H54. Evidence table (Reference ID# 1332)**

| Study Description | Intervention(s)/ Comparator(s) | Patient Population | Baseline Measure(s) | Outcome Measure(s) | Quality |
| --- | --- | --- | --- | --- | --- |
| **Author:**  Windsor et al., 1985  **Country:**  USA  **Enrollment period:**  October 1983 to  September 1984  **Setting:**  3 public health maternity clinics  **Funding:**  Grant (National Health Services Research and National March of Dimes Birth Defects Foundation)  **Author industry relationship disclosures:**  NR  **Study Design:**  RCT  **Blinding:**  NR | **Intervention:**  Self-help manual  **Intervention provider:**  Individual with bachelor’s degree in community health education  **Intervention setting:**  Clinic  **Comparator:**  Health Education: ALA Freedom from Smoking Program Manual; booklet and counseling as above  **Followup:**  Mid-point and end of pregnancy  **Groups:**  **G1:** Windsor guide  **G2:** ALA manual  **G3:** Control | **Inclusion criteria:**   * Current smoker at first prenatal visit (at least one cigarette in past 7 days)   **Exclusion criteria:**   * ≥32 weeks gestation   **Enrollment, n:**  **G1:** 102  **G2:** 103  **G3:** 104  **Followup, n:**  **G1:** 102  **G2:** 103  **G3:** 104  **Age, mean years:**  **G1:** 23.1  **G2:** 23.5  **G3:** 24.1  **Education, mean years:**  **G1:** 11.4  **G2:** 11.5  **G3:** 11.7  **Gestation, mean months:**  **G1:** 3.5  **G2:** 3.8  **G3:** 3.8  **Insurance status:**  NR  **Parity:**  NR  **Partner status:**  NR  **Partner smoking status:**  NR  **Race/ethnicity, %:**  Black  **G1:** 62  **G2:** 49  **G3:** 54  **Socioeconomic status:**  NR  **Smoking history:**  NR | **Maternal smoking status**  Number of cigarettes per day:  NR  Saliva thiocyanate, mean ± SD:  **G1:** 150.8  **G2:** 157.9  **G3:** 166.5 | **Maternal smoking status**  Abstinence, % (95% CI):  **G1:** 14 (0.07 to 0.21)  **G2:** 6 (0.01 to 0.11)  **G3:** 2 (0.00 to 0.05)  **G1 vs. G3:** ?  **G2 vs. G3:** ?  Relapse:  NR  **Child/infant outcomes**  NR  **Adverse events:**  NR | **Overall quality:**  Fair  **Risk of bias**  Randomization:  Low  Allocation concealment:  Unclear  Selective reporting:  Low  Blinding patients/personnel:  Low  Blinding outcome assessment:  Low  Incomplete outcome reporting:  Low  Other:  Low |