**Table H54. Evidence table (Reference ID# 1332)**

| Study Description | Intervention(s)/ Comparator(s) | Patient Population | Baseline Measure(s) | Outcome Measure(s) | Quality |
| --- | --- | --- | --- | --- | --- |
| **Author:**Windsor et al., 1985**Country:**USA**Enrollment period:** October 1983 toSeptember 1984**Setting:** 3 public health maternity clinics**Funding:**Grant (National Health Services Research and National March of Dimes Birth Defects Foundation)**Author industry relationship disclosures:**NR**Study Design:** RCT**Blinding:** NR | **Intervention:**Self-help manual**Intervention provider:**Individual with bachelor’s degree in community health education**Intervention setting:**Clinic**Comparator:**Health Education: ALA Freedom from Smoking Program Manual; booklet and counseling as above**Followup:**Mid-point and end of pregnancy**Groups:****G1:** Windsor guide**G2:** ALA manual**G3:** Control | **Inclusion criteria:** * Current smoker at first prenatal visit (at least one cigarette in past 7 days)

**Exclusion criteria:** * ≥32 weeks gestation

**Enrollment, n:** **G1:** 102**G2:** 103**G3:** 104**Followup, n:** **G1:** 102**G2:** 103**G3:** 104**Age, mean years:****G1:** 23.1**G2:** 23.5**G3:** 24.1**Education, mean years:****G1:** 11.4**G2:** 11.5**G3:** 11.7**Gestation, mean months:****G1:** 3.5**G2:** 3.8**G3:** 3.8**Insurance status:**NR**Parity:**NR**Partner status:**NR**Partner smoking status:**NR**Race/ethnicity, %:**Black**G1:** 62**G2:** 49**G3:** 54**Socioeconomic status:**NR**Smoking history:**NR | **Maternal smoking status**Number of cigarettes per day:NRSaliva thiocyanate, mean ± SD:**G1:** 150.8**G2:** 157.9**G3:** 166.5 | **Maternal smoking status**Abstinence, % (95% CI):**G1:** 14 (0.07 to 0.21)**G2:** 6 (0.01 to 0.11)**G3:** 2 (0.00 to 0.05)**G1 vs. G3:** ?**G2 vs. G3:** ?Relapse:NR**Child/infant outcomes**NR**Adverse events:**NR | **Overall quality:**Fair**Risk of bias**Randomization:LowAllocation concealment:UnclearSelective reporting:LowBlinding patients/personnel:LowBlinding outcome assessment:LowIncomplete outcome reporting:LowOther:Low |