**Table H40. Evidence table (Reference ID# 1023)**

| Study Description | Intervention(s)/ Comparator(s) | Patient Population | Baseline Measure(s) | Outcome Measure(s) | Quality |
| --- | --- | --- | --- | --- | --- |
| **Author:**  Walsh et al., 1997  **Country:**  Australia  **Enrollment period:**  January 1990 to  May 1991  **Setting:**  Prenatal clinic of urban teaching hospital  **Funding:**  Grant (National Health and Medical Research Council)  **Author industry relationship disclosures:**  NR  **Study Design:**  RCT  **Blinding:**  None | **Intervention:**  Cognitive behavioral therapy smoking cessation program, physician advice, counseling, self-help material  **Intervention provider:**  Midwife, physician  **Intervention setting:**  Prenatal clinic  **Comparator:**  *Control:* Midwife advice and package of anti-smoking materials (stickers, pamphlet, cessation guide)  **Followup:**  4 weeks after first visit, 34 weeks gestation, and 6 to 12 weeks postpartum  **Groups:**  **G1:** Intervention  **G2:** Control | **Inclusion criteria:**   * Current smoker at first prenatal clinic visit   **Exclusion criteria:**   * > 26 weeks gestation * Too ill or psychologically unstable * Other reasons not specified (n=11)   **Enrollment, n:**  **G1 + G2:** 293  **Followup, n:**  **G1:** 127  **G2:** 125  **Age, mean years ± SD:**  NR  **Education:**  NR  **Weeks gestation**  NR  **Insurance**  NR  **Parity:**  NR  **Partner status**  NR  **Partner smoking status:**  NR  **Race/ethnicity:**  NR  **Socioeconomic status:**  NR  **Smoking history:**  NR | **Maternal smoking status**  Number of cigarettes per day:  NR | **Maternal smoking status**  Abstinence at 4 weeks after first visit, n (%):  **G1:** 20 (16.0)  **G2:** 2 (2.0)  **G1 vs. G2:** p=0.0001  Abstinence at end of pregnancy, n (%):  **G1**: 17 (13.0)  **G2:** 7 (6.0)  **G1 vs. G2:** p=0.0353  Abstinence at 6 to 12 weeks postpartum, n (%):  **G1:** 13 (10.0)  **G2:** 1 (1.0)  **G1 vs. G2:** p=0.0011  Relapse:  NR  **Child/infant outcomes**  NR  **Adverse events:**  NR | **Overall quality:**  Good  **Risk of bias**  Randomization:  Low  Allocation concealment:  Low  Selective reporting:  Low  Blinding patients/personnel:  Low  Blinding outcome assessment:  Low  Incomplete outcome reporting:  Low  Other:  Low |