**Table H40. Evidence table (Reference ID# 1023)**

| Study Description | Intervention(s)/ Comparator(s) | Patient Population | Baseline Measure(s) | Outcome Measure(s) | Quality |
| --- | --- | --- | --- | --- | --- |
| **Author:**Walsh et al., 1997**Country:**Australia**Enrollment period:** January 1990 toMay 1991**Setting:** Prenatal clinic of urban teaching hospital**Funding:**Grant (National Health and Medical Research Council)**Author industry relationship disclosures:**NR**Study Design:** RCT**Blinding:** None | **Intervention:**Cognitive behavioral therapy smoking cessation program, physician advice, counseling, self-help material**Intervention provider:**Midwife, physician**Intervention setting:**Prenatal clinic**Comparator:***Control:* Midwife advice and package of anti-smoking materials (stickers, pamphlet, cessation guide)**Followup:**4 weeks after first visit, 34 weeks gestation, and 6 to 12 weeks postpartum**Groups:****G1:** Intervention**G2:** Control | **Inclusion criteria:** * Current smoker at first prenatal clinic visit

**Exclusion criteria:** * > 26 weeks gestation
* Too ill or psychologically unstable
* Other reasons not specified (n=11)

**Enrollment, n:** **G1 + G2:** 293**Followup, n:** **G1:** 127 **G2:** 125 **Age, mean years ± SD:**NR**Education:**NR**Weeks gestation**NR**Insurance**NR**Parity:**NR**Partner status**NR**Partner smoking status:**NR**Race/ethnicity:**NR**Socioeconomic status:**NR**Smoking history:**NR | **Maternal smoking status**Number of cigarettes per day:NR | **Maternal smoking status**Abstinence at 4 weeks after first visit, n (%):**G1:** 20 (16.0)**G2:** 2 (2.0)**G1 vs. G2:** p=0.0001Abstinence at end of pregnancy, n (%):**G1**: 17 (13.0)**G2:** 7 (6.0)**G1 vs. G2:** p=0.0353Abstinence at 6 to 12 weeks postpartum, n (%):**G1:** 13 (10.0)**G2:** 1 (1.0)**G1 vs. G2:** p=0.0011Relapse:NR**Child/infant outcomes**NR**Adverse events:**NR | **Overall quality:**Good**Risk of bias**Randomization:LowAllocation concealment:LowSelective reporting:LowBlinding patients/personnel:LowBlinding outcome assessment:LowIncomplete outcome reporting:LowOther:Low |