



<TITLE FIRSTNAME SURNAME>
<ADDRESS 1>
<ADDRESS 2>
<ADDRESS 3>
<POSTCODE>

DATE

Dear <TITLE> <SURNAME>

Re: CALORIES: a study evaluating the clinical and cost-effectiveness of early nutritional support in critically ill patients via the parenteral versus the enteral route

When you were treated at <NAME OF HOSPITAL> in <MONTH, YEAR>, you may remember that you agreed to take part in a research study called CALORIES, which is comparing two different methods of feeding patients. A Patient Newsletter is enclosed which contains further information about CALORIES.

As part of the study, we are contacting patients <THREE MONTHS/ONE YEAR> after they were admitted to hospital to find out about their general health and well-being. We would be very grateful if you would complete the enclosed questionnaire – this should only take about 15 minutes of your time. A stamped, self-addressed envelope is provided for ease of return.

If you are the carer for the person to whom this letter is addressed and they are unable to read it, we would be very grateful if you could take the time to read this letter and the Patient Information Sheet on their behalf. If you feel that they would like to participate, please complete the questionnaire either with them or on their behalf. By better understanding the recovery of the person you care for, we hope to improve the care of future patients admitted to critical care units.

The CALORIES Study, coordinated by the Intensive Care National Audit & Research Centre (ICNARC), is being conducted in 28 NHS hospitals and general information about the trial is available at the following website: www.icnarc.org. If you have any questions, or would like help completing the questionnaire, please contact the CALORIES Team at ICNARC (contact details above).

Thank you very much for your time. If you do not wish to fill in the questionnaire, please tick the relevant box on the questionnaire and return to us in the stamped self-addressed envelope provided.

Yours sincerely


Chief Investigator, CALORIES

Encs:

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Patient Trial number: <NUMBER>

www.icnarc.org

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