**Evidence Table 45a. Weight related outcomes for combination diet and physical activity intervention studies taking place in a primary care setting**

| **Bibliography** | **Arm** | **Baseline N** | **Baseline measure, mean (SD)** | **First followup timepoint in weeks** | **N at first followup** | **First followup measure, mean (SD)** | **Mean change from baseline (SD)** | **Second followup timepoint in weeks** | **N Second followup** | **Second followup measure, mean (SD)** | **Mean change from baseline (SD)** | **Final measure timepoint** | **N at final measure** | **Final followup measure, mean (SD)** | **Mean Change from baseline (SD)** | **Measure of association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **% or change in prevalence[prevalence** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Polacsek, 20091 | 1(Pre-post study) | 568 | 36.8% | 78 | 568 | 38.9% |  |  |  |  |  |  |  |  |  |  |
| Percent body fat |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Polacsek, 20091 | 1(Pre-post study) | 600 | 19.75% | 78 | 600 | 20.3% |  |  |  |  |  |  |  |  |  |  |