**Evidence Table 23c. Clinical outcomes for combined diet and physical activity intervention studies taking place in a school setting with community components**

| **Author, year** | **Arm** | **Baseline N** | **Baseline measure, mean (SD)** | **Final measure timepoint** | **N at final measure** | **Final followup measure, mean (SD)** | **Mean Change from baseline (SD)** | **Measure of association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Fitness level amongst overweight, 20m shuttle run** |  |  |  |  |  |  |  |  |
| Madsen, 20093 |  |  | 22 laps | End of spring |  | 42 laps | 10 laps |  |

m = meter; N = Sample Size; SD = Standard Deviation