**Evidence Table 21a. Weight related outcomes for studies with a diet intervention in a school setting with a community component.**

| **Author, year** | **Arm** | **Base-line N** | **Baseline measure, mean (SD)** | **First followup timepoint in weeks** | **N at first followup** | **First followup measure, mean (SD)** | **Mean change from baseline (SD)** | **Second followup time-point in weeks** | **N Second followup** | **Second followup measure, mean (SD)** | **Mean change from baseline (SD)** | **Final measure timepoint** | **N at final measure** | **Final followup measure, mean (SD)** | **Mean Change from baseline (SD)** | **Measure of association** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BMI (Kg/m2)** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Muckelbauer, 20094 | 1 | 1309 | 17.39 (3.10) | 36 | 1309 | 17.80 (3.26) | 0.41 |  |  |  |  |  |  |  |  | P= 0.037 |
| 2 | 1641 | 17.11 (2.78) | 36 | 1641 | 17.50 (2.97) | 0.31 |  |  |  |  |  |  |  |  |  |
| **Prevalence overweight** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Muckelbauer, 20094 | 1 | 1309 | 17.5 | 36 | 1309 | 19.8 |  |  |  |  |  |  |  |  |  |  |
| 2 | 1641 | 17.2 | 36 | 1641 | 17.4 |  |  |  |  |  |  |  |  |  |  |
| **Prevalence Obese** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Muckelbauer, 20094 | 1 | 1309 | 8.4 | 36 | 1309 | 8.0 |  |  |  |  |  |  |  |  |  |  |
| 2 | 1641 | 6.2 | 36 | 1641 | 6.1 |  |  |  |  |  |  |  |  |  |  |

BMI = Body Mass Index; kg/m2 = kilogram per meter squared; N = Sample Size; P = p-value; SD = Standard Deviation