**Evidence Table 73. Description of the interventions used in community settings with school, primary care, and childcare components**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Author, year** | **Arm** | **Description** | **Psychosocial dietary intervention** | **Physical/environmental dietary intervention** | **Psychosocial physical activity/ exercise intervention** | **Physical/environmental physical activity/ exercise intervention** | **Decrease sedentary behavior intervention** | **Other interventions** | **General Comments** |
| Chang 1 | 2 | Nemour's Statewide Multi-sector Strategy  Length of Intervention (weeks): NR (see comment below)  Setting: School: wellness programs; assessment of student fitness; physical education/activity  Primary Care: Implementation of Expert Committee recommendations on assessment, prevention and treatment of child and adolescent overweight  Community: implementation of policy and practice changes with organizations such as YMCA Child care  Aim at policy change: Yes | Nemours developed a prescription which was easy to remember for a healthy lifestyle- "5-2-1 almost none" based on research, expert advice and similar health campaigns. This was implemented throughout various sectors. The prescription encourages children to eat at least 5 servings of fruits and vegetables and to consume almost no sugar-sweetened beverages.  Social marketing campaign deployed through media, events and programmatic work focused on children and families' adoption of 5-2-1 almost none.  Target: Child Family  Delivery: Multi-sector delivery system, |  |  |  |  |  | Intervention components occurring in various sectors vary in regards to start and end date. Many are ongoing at the time of publication. |

NR = Not Reported; YMCA = Young Men’s Christian Association