## Extended-release naltrexone versus standard oral naltrexone versus placebo for opioid use disorder: the NEAT three-arm RCT

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# **Plain English summary**

### The NEAT three-arm RCT

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# **Plain English summary**

The Naltrexone Enhanced Addiction Treatment study was designed to compare two different methods of administering a drug called naltrexone in patients with heroin addiction problems seeking help to prevent heroin relapse. Naltrexone is routinely available in clinical practice in a tablet form and works by blocking the pleasant effects of heroin. However, in tablet form, the effects of naltrexone do not last long and often patients forget to take their medicine. This study attempted to compare the oral form of naltrexone with a new long-acting form of naltrexone (released from an injected implant) to find out which form of the drug worked best for patients who were randomly assigned to receive it.

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