**Table 29 b Weight outcomes in interventional studies among adults with psychiatric disorders**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Author,****Year** |  | **Baseline N** | **Baseline Weight, mean (SD)** | **1 year N** | **1 year Weight Change, mean (SD)** | **Year 1** |  | **Year 2** |  |  |  | **Factors accounted for in the mean difference compared to control** |
|  |  |  |  |  |  | Change in outcome from baseline | Mean difference compared to Group 1 | Change in outcome from baseline | Mean difference compared to control |  |  |  |
| Alvarez-jimenez 20102 | Control | 33 | NR |  | 11.84 kg |  |  | 11.46 kg |  |  |  |  |
|  | Arm2 | 28 | NR |  | 10.19 kg | 3.68 kg/m2 |  | 9.98 kg |  |  |  |  |

Kg/m2 = kilogram per meter squared; N = Sample Size; SD = Standard Deviation

**References**

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