**Table 22. Characteristics of studies on populations with cancer conditions**

| **Author, year****Study Location** | **Years of recruitment** | **Single or Multicenter** | **Recruitment Setting** | **Study Design** | **Inclusion Criteria** | **Study’s stated goal is weight maintenance** | **Control****Active Intervention** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Chlebowski, 20061United States | 1994-2001 | Multicenter | Clinical | Randomized intervention | Age: 48-79 Resected unilateral invasive breast cancer survivors with at least 10 years life expectancyAcceptable adjuvant therapyAt least 20% calories from fatMedically stable for intervention trial entry within 365 days of surgery | No | OtherDiet |
| Djuric, 20022United States | 1997-1999 | Single | Work placeSchoolCommunity/ geographic | Randomized intervention | Age: 21-50At least one first-degree relative with breast cancerA current benign mammogram or breast examination with follow-up recommendation of ≥1 year No expected changes in use of oral contraceptivesGood general healthNo expected changes inlifestyle during the study. | No | Usual careDiet (3 active arms) |
| Schwartz, 20093United States | Not reported | Single | Clinical | Randomized intervention | Histological confirmed diagnosis of breast cancer, lymphoma and colon cancer.Exercised less than 120min /weekChemotherapy and radiation naive. Beginning chemotherapy with steroid as part of treatment plan; as chemo or anti-nauseaNo Psych illnessNo cardiovascular, movement-limiting arthritis or pulmonary disease that will preclude exercise programNo steroid intake in last 6 months. No Paget’s disease, hyperparathyroidism, rheumatoid arthritis, ankylosing spondylitis, and other metabolic bone disease. | Yes | Usual carePhysical activity (2 active arms) |
| Wijndaele, 20094Australia | Not reported | Multicenter | Community/ geographic | Prospective | Not having hearing, speech, or cognitive disabilities that would prevent completing a telephone interview. | Yes | No control listedSelf-management (2 active arms) |

Psych = Psychological

**References**

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