**Table 2. Participant characteristics in studies reporting on groups without specific diseases or conditions**

| **Author, year** | **Baseline N** | **Follow-up Period, months** | **% Women** | **Age, years** | **Race** | **Education** | **Smokers** | **Comments** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Adair, 20111 | 3055 | Maximum: 276 | 100 | Mean 27.1 | NR | NR | NR |  |
| Berry, 20102 | 4175, 2362 of whom consented to be contacted in future studies | 72 | 50.0 | 19.6% 18-2421.3% 25-34 21.3% 35-49 19.8% 50-6418.1% 65 and older | NR | 65.1% greater than high school | NR | Denominator based on 2,362 who approved to be contacted in the future |
| Bes-Rastrollo, 20083 | 18, 494 | Mean 52.8 | 64.7 | Mean 37 years | NR | 100% university graduates | 22.8% current29.2% former | Demographics based on the 9182 analyzed |
| Bhargava, 20024 | 926 | Maximum : 18-Not reported |  100 | Arm1: mean : 59.9Arm2: mean : 60.1  | White overall: % : 54 Black overall: % : 28 Hispanic overall: % : 16 | Education levels were coded into four categories that increased with the years of education (1-4). Value reported is mean of 0-4 category: Arm1: N : 2.91Arm2: N : 2.98 | Current smoker, overall: % : 9.3 | Only 12 months of follow-up included in 23667.2,208 women randomized according to Bowen study–only those with complete info at 6 and 12 months included in 23667–baseline here are for those with complete data  |
| Burke, 20035 | 137 | Maximum : 12  | Sex reported differently by group: 137 couples were recruited. i.e. 137 females and 137 males. | Age reported differently by group: The mean age was 28.6 years in women (range 18–62) and 31.4 years in men (range 20–61). | NR | NR | Smoking reported differently by group: “Smokers”–assume current |   |
| Fortmann, 19816 | 2151Arm1: n:659Arm2: n:659Arm3: n:833 | 36  | NR | Arm1: mean: 46.9Arm2: mean: 45.8Arm3: mean: 48.4 | Spanish speaking or bilingual:Arm1, %: 9.0Arm2, %: 26.2Arm3, %: 17.8 | NR  | NR |  |
| French, 20117 | 90 households | Median : 12Maximum : 12 | 93Sex reported differently by group: main responder of household | Median : 41 | White overall: % : 79  | College degree, overall: % : 63  | NR | 90 households. Average household included 4 people (2 adults, 2 kids).Demographics are for main responder of the household. |
| Howard, 20068 9 | 48835 | Mean : 90 | 100  | Mean : 62.3  | White: Arm1: N : 23890Arm2: N : 15869 Black: Arm1: N : 3129Arm2: N : 2137 Hispanic: Arm1: N : 1099Arm2: N : 755 Asian/Pacific Islander: Arm1: N : 674Arm2: N : 433 American Indian/Alaska Native: Arm1: N : 115Arm2: N : 88 Unknown overall: Arm1: N : 387Arm2: N : 259 | Less than High school: Arm1: N : 1373Arm2: N : 842 High school: Arm1: N : 5093Arm2: N : 3425 College degree: Arm1: N : 7445Arm2: N : 11042 School after high school: Arm1: N : 11597Arm2: N : 7711  | Current smoker,: Arm1: N : 1977Arm2: N : 1273 | History of diabetes: 1783 (Arm 1) vs. 1165 (Arm 2) |
| Lamb, 200210 | 260 | Maximum : 12 | Arm1: 51.1Arm2: 56.9Arm3: 56.9Arm4: 56.9  | Arm1: mean : 50.2Arm2: mean : 51.2  | NR | NR | NR |   |
| Lee, 201011 | 39876 | Maximum: 144 | 100 | 54.2 | 94-95% | 17-24% postgraduate education | 8-16% current smokers |  |
| Levine, 200712 | 284 | Maximum : 36 | 100  | Overall: mean : 35.6  | White overall: 86.8% White overall: Arm1: N : 78 % : 85.7Arm2: N : 82 % : 85.4Arm3: n : 84 % : 89.4 Black overall: Arm1: N : 13 % : 14.3Arm2: N : 14 % : 14.6Arm3: n : 10 % : 10.6 Race reported differently by group: Race defined without information about Hispanic ethnicity | College degree, overall: % : 64.3 | Current smoker, overall: Arm1: N : 5 % : 5.3Arm2: N : 11 % : 11.8Arm3: n : 8 % : 8.2 |   |
| Lewis, 199713 | 5115 | Maximum: 84 | 54 | 24-25 | 48% White52% African American | 13-15 years | 26-37% current smokers53-60% never smokers |  |
| Lombard, 201014 | 250 | Maximum: 12 | 100 | Mean: 40 | NR | 28-30% university or higher20-28% trade or certificate21-22% through year 1221-30% through year 10 | NR |  |
| Mozaffarian 201115 | 120877 | Maximum: 240 | 81.3 | Mean at baselineNurses Health study 52.2Nurses Health Study II 37.5Health Professionals Follow-up Study 50.8 | NR | 100% nurses or health professionals | NR |  |
| Muscari, 201016 | 120 | Maximum : 12  | Overall: Arm1: 50Arm2: 46.7Arm3: 46.7Arm4: 46.7  | Arm1: mean : 69.6Arm2: mean : 68.8  | NR | Years of education,: Arm1: median : 5Arm2: median : 8 | Former smoker, overall: % : 31.0 Never smoker, overall: % : 59.6Smoking reported differently by group: From Bowen (n=over 2,000 women) | COPD, hypertension, hypercholesterolemia and statin treatment also reported |
| Pereira, 200517 | 5115 | Maximum: 180 | 52 | 25.1 in 1985-1986 | 52% White48% Black | NR | NR |  |
| Petrella, 200318 | 284 | Maximum : 12 | Arm1: 46Arm2: 50Arm3: 50Arm4: 50  | Arm1: mean : 73Arm2: mean : 74  | NR | Less than high school,: Arm1: N : 42 % : 38Arm2: N : 59 % : 45 High school,: Arm1: N : 68 % : 62Arm2: N : 72 % : 54  | NR | Baseline characteristics for those who completed the study, not all randomized. |
| Purslow, 200819 | 25631 | Maximum: 60 | NR | 59-63 | NR | NR | 6-14% current41-44% former45-50% never | Demographics for 6,764 with complete data. They were comparable to entire cohort. |
| Schmitz, 200720 | 164 | Maximum : 24 | 100  | Arm1: mean : 36Arm2: mean : 36  | White: Arm1: N : 50Arm2: N : 48 Black: Arm1: N : 22Arm2: N : 24 Asian, native American, pacific islander overall: Arm1: N : 10Arm2: N : 10 | College degree,: Arm1: N : 65Arm2: N : 73Arm3:  | NR |   |
| Schulz, 200521 | 27548 | Mean: 52.8Maximum: 90 | 60.5 | 50 | NR | NR | NR |  |
| Vioque, 200722 | 1,799 | Maximum:120 | 56.8 | Mean 41.52 | NR | 38.8% Secondary school or higher | Current smokers: 33.0% |  |

COPD = Chronic obstructive pulmonary disease; N = Sample Size; NR = Not Reported

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