**Table 11. Participant characteristics in studies reporting on groups in work settings**

| **Author,**  **Year** | **Total N**  **Study Arms N** | **Follow-up Period, months** | **% Women** | **Age** | **Race** | **Education** | **Smokers** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Dekkers, 20111 | 276  Arm1: 92  Arm2: 91  Arm3: 93 | 24 | Overall: women, : 30.8 | Overall: age, mean: 44.0 | Not reported | Overall: highly educated, %: 56.9 | Overall: smoking, %: 13.8 |
| Goetzel 20092  Goetzel, 20103 | 3,152  Arm1: N: 634  Arm2: N: 2,518 | 12  24 | Arm1: women, : 27.1  Arm2: women, : 26.7 | Arm1: mean: 45.8  Arm2: mean: 43.8  \*Age reported differently by group: p<0.0001 | White,  Arm1: %: 83.6  Arm2: %: 75.0  Hispanic,  Arm1: %: 1.4  Arm2: %: 11.7  Black,  Arm1: %: 9.9  Arm2: %: 9.4  Asian,  Arm1: %: 4.3  Arm2: %: 3.4  American Indian/Alaska Native,  Arm1: %: 0.8  Arm2: %: 0.2  \*Race reported differently by group: p<0.0001 | < Bachelor degree,  Arm1: %: 8.5  Arm2: %: 28.1  Bachelor degree,  Arm1: %: 27.0  Arm2: %: 35.7  Post-graduate degree, Arm1: %: 15.5  Arm2: %: 11.5  Not indicated,  Arm1: %: 49.1  Arm2: %: 24.7  \*Education reported differently by group: p<0.0001 | Not reported |
| Kwak, 20104 | 553  Arm1: N: 188  Arm2: N: 365 | 12  24 | Arm1: women, : 48.2  Arm2: women, : 50.7 | Arm1: mean: 35.0  Arm2: mean: 38.9  \*Age reported differently by group: p<0.01 | Not reported | High school or less,  Arm1: %: 19.3  Arm2: %: 15.7  Some college/ vocational training,  Arm1: %: 29.2  Arm2: %: 34.7  University,  Arm1: %: 51.6  Arm2: %: 49.6 | Current smoker,  Arm1: %: 17.3  Arm2: %: 16.0 |
| Lemon, 20105 | 806  Arm1: N: 420  Arm2: N: 386 | 12  24 | Overall: women, : 81  Arm1: women, : 84.2  Arm2: women, : 78.3  \*Sex reported differently by group: p<0.0001 | Overall: age groups: 18-40: 35.2% 41-50: 33.4% >=51: 31.4% | Overall: white, %: 88.8  Overall: black, %: 4.7  Overall: Hispanic, %: 5.3  Overall: Asian/Other, %: 1.4 | Overall: ≤high school, %: 13.0  Overall: 1-3 years post high school, %: 46.3  Overall: college degree, %: 26.6  Overall: graduate degree, %: 14.1  Arm1: ≤high school, %: 15.6  Arm2: ≤high school, %: 10.8  Arm1: 1-3 years post high school, %: 47.4  Arm2l: 1-3 years post high school, %: 45.5  Arm1: college degree, %: 27.5  Arm2: college degree, %: 25.8  Arm1: graduate degree, %: 9.5  Arm2: graduate degree, %: 17.9  \*Education reported differently by group: p=0.04 | Not reported |
| Linde, 20126 | 1,672  Arm1: N: 949  Arm2: N: 723 | 24 | Overall: women, : 60.7 | Overall: age groups:  Under 30: 16.8%  31-40: 25.3%  41-50: 31.5%  51-60: 23.1%  Over 60: 3.3% | Overall: white, %: 86.8  Overall, black, %: 4.3  Overall, other, %: 4.4  Overall, multi-racial, %: 1.3  Overall, Hispanic, %: 2.2  Overall, refused, %: 1.0 | Overall, less than high school/high school degree, %: 9.5  Overall, technical degree/some college, %: 30.2  Overall, college degree, %: 37.3  Overall, graduate degree, %: 23.0 | Overall, current smoker, %: 14.2  Arm1, current smoker, %: 15.6  Arm2, current smoker, %: 12.3  \*Smoking status reported differently by group: p<0.05. |
| McEachan, 20117 | 1,260  Arm1: N: 598  Arm2: N: 662 | 12 | Arm1, women, :: 53.2  Arm2: women, : 54.8 | Arm1: mean: 42.46  Arm2: mean: 43.13 | White-British  Arm1: %: 90.5  Arm2: %: 88.9  White-other:  Arm1: %: 4.2  Arm2: %: 4.6 | School level:  Arm1: %: 32.7  Arm2: %: 36.6  Vocational:  Arm1: %: 20.9  Arm2: %: 21.7  Undergraduate or postgraduate:  Arm1: %: 46.5  Arm2: %: 41.7 | Not reported |
| Robbins, 20068 | 68,591  Arm1: N: 65,089  Arm2: N: 3,502 | Arm1: mean: 367.4 days  Arm2: mean: 374.4 days  \*Follow up reported differently by group: p<0.0001 | Arm1: women, : 13  Arm2: women, : 11  \*Sex reported differently by group: p<0.0001 | Arm1: mean: 30.4  Arm2: mean: 31.9  \*Age reported differently by group: p<0.0001 | Not reported | Not reported | Current smoker, Arm1: %: 24  Arm2: %: 20  \*Smoking reported differently by group: p<0.0001 |

N = Sample Size

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