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OBSERVER ON SATURDAY

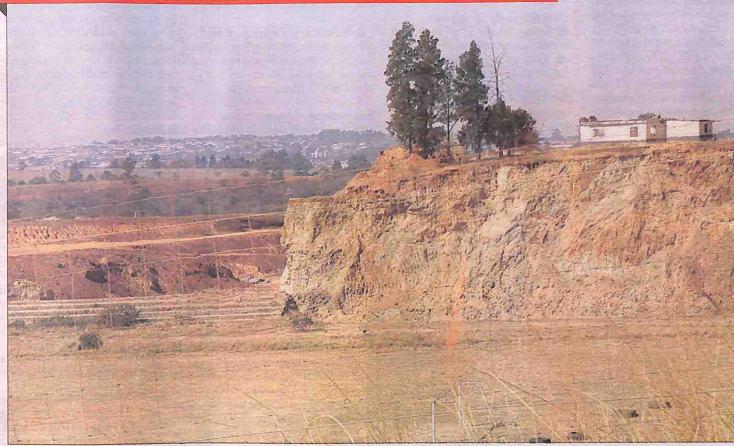


August 3, 2019

REVIVED, RELIABLE AND READ

E6.00 (VAT inclusive)

BLEEDING ENVIRONMENT



DESTRUCTION: Land degradation at Bethany in Matsapha continues unabated 24/7 as earthmovers (not in pic) burrow their way into the bowels of the earth while harvesting the soil in total disregard of the environment resulting in huge dongas. (Pic: Sicelo Maziya)

MALES ENTER COMMERCIAL SEX MARKET

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'PIANO MAN NOW A CHURCH PROJECT'

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GOGO DROWNS INSIDE UMCOMBOTSI DRUM

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WHAT HEALTH

CDSSSTORY ON PAGE 3

CRUS STORY ON PAGE 3

...drug supplies, especially ARVs have improved tremendously



By Ackel Zwane

orship Centre has decided to assist the keyboard-playing maestro who impregnated worshippers among the flock by offering counselling and setting up as a project for all other members in a similar predicament.

Apostle Justice, the leader of Worship Centre, told the Observer on Saturday yesterday that this embattled member was not fired in the first place but only suspended from playing the piono. He continues a full time member of the church enjoying everything that the church, has to offer. Apostle Justice emphasized that the young man was also employed by the church and in both cases he remains a member and an employee with full pay. He clarified that members of the clergy and that of the young man's family were still discussing ways to assist him to mend his ways and become 'spiritually okay'. "After finding himself with God, he will return to play the keyboard; this will be after returning to the right position with God. He was only suspended from playing the keyboard,

Keyboard man now a church project – Apostle Justice

... Church elders have again and again held discovery and counseling meetings with the keyboard man reasoning with him to mend his ways from the first baby up to his latest one.

not fired, I insist not fired," Apostle Justice emphasised. The church is still investigating the extent of damages on the alleged illicit sexual activities among worshippers in line with the circumstances under which the piano man's case attracted, not only the attention of the church leadership but also those of the media and the wide spectrum of news consumers. The matter as it stands is not so much about the number of the girls impregnated but to bring all those affected by this and other similar problems to the fore so that they may get assisted. This is more especially because there are children on the way who need caring, maintenance and parental love.

"We have therefore decided to make him a project; we will not give up on this because we want to assist every one. They will all be taken for counselling. It is now that he needs assistance more than before." On a lighter note, the apostle acknowledged that indeed the young man was exceptional

with the keyboard, yena ngumvavabuli wale keyboard." This story is also trending on social media with many impersonators claiming to be the keyboard or pianoman. Worship Centre management issued a communiqué to this group of newspapers clarifying, blow-by-blow the position of the church, especially after reports that the number of impregnated girls was six while other reports claim that the playboy owned up to only three, sending a frenzy into suspicions that there could be more piano men on the rampage in the church.

Worship Centre's statement:

 Keyboard man is a staff member of the church on monthly salary

- Keyboard man has not been fired from the church or from his job. He is a member of the church and a staff member who is paid his salary as we speak
- Keyboard man has been told to reveal all his babies so that he is assisted to raise

them in God's ways and also support them as is a requirement for members of

- keyboard man has only been suspended from playing keyboard until he is spiritually rehabilitated through the church structures
- The family of keyboard man has been called to a meeting to the church to assist the church in rehabilitating him spiritually and otherwise so that he overcomes the weakness of engaging in sex before marriage
- The reports that he has been fired from church or from his job are misleading and defamatory.
- The matter of the keyboard man is a private matter between him and the church and families of girls concerned and not for media. We request it to be treated as such from henceforth.

'Church elders have again and again held discovery and counseling meetings with the keyboard man reasoning with

him to mend his ways from the first baby up to his latest one. So it's not true that he has not had an opportunity to be called by the church to be talked with and assisted in his weakness. It's not true," say elders in a nutshell. Following his suspension. he is expected to attend Christian Foundation Classes and counselling sessions. He is expected to attend all church services as a member and an employee without fail according to church policy.

"Failure will mean trouble." So much has been said about the playboy keyboardist such that his has a three-year-old son and his misdemeanors surfaced when he failed to take care of his child with the baby mama demanding support from the church. He is alleged to have once commanded cash shortly on arrival in urban surroundings coming from a strong rural background: he was soon to become a man-about-town but that decapitated and landed himself in church.

SPEAKER WEIGHS IN ON CHINA RELATIONS

Stories by Mbono Mdluli

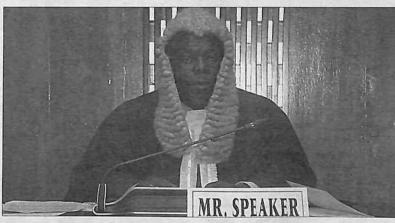
ouse of Assembly Speaker Petros Mavimbela has come out to clarify and reaffirm that Eswatini is still friends with the Republic of China (Tairwan). Mavimbela said this yesterday during the sitting of the House of Assembly. The speaker said he wanted to state categorically and in no uncertain terms that the country supported Taiwan.

We would like to state categorically and in no uncertain terms that we fully support, respect and endorse the country's prevailing foreign policy position on the long standing, cordial, diplomatic relations that have existed with the Republic of China (Taiwan) since the kingdom gained independence in 1968,"Mavimbela said.

Statement

Mavimbela's statement comes after numerous media reports regarding a visit of some parliamentarians to the People's Republic of China, aka Mainland China. The speaker said the visit by the parliamentarians was just a private one that had not been sanctioned by Parliament or any other official structures of government.

It was for this reason that the Speaker stated that the views expressed by the MPs on this matter were of a private nature and did not reflect the official position of either Parliament or government, "As Parliament, we wholly appreciate the consistent, generous support that Taiwan has given the kingdom over our unbroken relationship of 51 years," he said.



WEIGHS: House of Assembly Speaker Petros Mavimbela.

Mavimbela said the development results of Taiwan could be witnessed throughout the country in extensive rural electrification, renewable energy projects, infrastructure and technological projects, infrastructure and technological development, extensive health co-operation in the refurbishment and expansion of the country' main referral hospital, the training of many local nationals through scholarships in the world-class medical universities in Taiwan, and agricultural co-operation, among others.

He further stated that the historic bonds of friendship between the two countries continued to deepen even as they explored new ways to expand this co-operation for the mutual benefit for all.

"As Parliament, we will continue to support all efforts by the country to facilitate further relations with our partners from the Republic and other relations.

of China (Taiwan), particularly because this friendship continued to reap tangible benefits for Emaswati at grassroots level," he said.

The numerous reports were to the effect that some parliamentarians went on a familiarisation tour to China. They included MPs Marwick Khumalo (Lobamba Lomdzala), Victor Malambe (Mhlume), Robert Magongo (Motshane, and Senator Prince Magudvulela.

On Monday this week, some MPs stated that it was for the good of the country to be in formal trade relations with China. They said this would be good because even right now, many Emaswati bought several materials from China. However, the government is still adamant that it was with Taiwan when it came to formal bilateral

We fully support Umhlanga, Incwala – Speaker

ouse of Assembly Speaker Petros Mavimbela says Parliament fully supports cultural activities such as Umhlanga and Incwala.

Mavimbela said this yesterday during the sitting of the House of Assembly. The Speaker was responding to a submission by Motshane MP Robert Magongo during the 2019/20 first quarter performance debate of the ministry of home affairs last week Wednesday.

"With respect to the questions asked about the use of government vehicles during national and cultural events such as Umhlanga and Incwala, we would like, as Parliament, to express our unequivocal support to such important national events," Mavimbela said.

The Speaker said Parliament fully supported and applauded government for providing transport and technical support to such traditional and cultural activities that were the foundation of the national identity and cultural heritage.

Magongo suggested that companies should be mobilised by government so that it could save on the costs it incured when transporting people and goods during events such as Umhlanga, Lusekwane and Good Friday.

He said companies would not refuse to participate and help government in such activities.

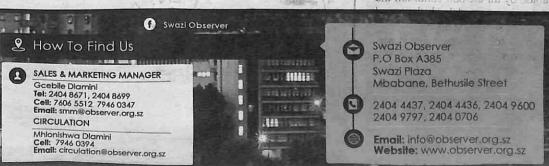
The Motshane MP said he was not against such events being staged in the country. To show his support, he participated in the Lusekwane cultural event on seven occasions. During his time, he stated that companies used to sponsor them, but at this time, he no longer saw the companies helping government in footing the bills that came with hosting events of such magnitude.

RURAL WATER WORKERS ON STRIKE FOR SEVEN WEEKS

orkers under the department of rural water are engaged in a strike and it is the seventh week since they downed their tools.

This transpired yesterday in the House of Assembly when MPs called upon Minister of Natural Resources and Energy Peter Bhembe to sort out the matter within a week (seven days). The department of rural water is under the ministry of natural resources and energy. Kubuta MP Musa Mlamuli Mabuza moved a motion for the minister to table a report in the House.

The report, according to Mabuza. was supposed to inform the House on the means adopted by the ministry to address the protracted strike action involving the department. Mabuza also wanted the report to state the measures in place to ensure uninterrupted water supply and/or any incidental matters. Mabuza was seconded by Siphocosini MP Mdudun Matsebula, who said government should ensure that the workers had protective clothing because this was one of the things that made them to



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WHAT HEALTH CRISIS - LIZZIE

has been made to look. She stated that

health services are being provided in all

the country's respective health facili-

ties to the ministry's best possible level,

even in the context of the prevailing

economic challenges faced by govern-

With regards the burning issue of anti-

retroviral drugs (ARVs) meant for the

management of HIV and AIDS, the

minister highlighted that her ministry

currently has three month supply of

stock with orders for replenishment

already in progress. She said her min-

istry is also working with the country's

development partners to ensure excess

By Bodwa Mbingo

oney is not a problem at the ministry of health and the situation with drugs supply, especially ARVs, has improved drastically.

Minister of Health Lizzie Nkosi does not want members of the public to press the panic button as she asserts that the situation within the health sector is under control. She says the ministry of finance has ensured that it releases budgeted money to the sector to cushion it for the remainder of the year.

"Money for drugs is available and already orders are out for procurement of stock. Vaccines for children

have already been prepaid. There is just no need to panic as all drugs are coming in different schedules, so the public should bear with us," she gave surety during a NO CRISIS: Minister of press briefing at the Health Lizzie Nkosi. ministry yesterday.

to this vital medication and that government remains committed to ensuring that people remain on treatment towards total control of the epi-'Our first quarter performance report highlights the challenges the ministry faced in the reporting period as it is mandated that we present the work covered in the

> situation. However, the ministry in collaboration with the other ministries such as finance and ministry of public works

quarter. This

is no longer

the prevailing

and transport continue to work on solutions addressing the highlighted challenges," she said in response to a report admitting to findings of a firstquotor report from her ministry.

On other medications such as those of hypertension, she said they have begun receiving stock and distributing such to facilities. She explained that they also apply stock rotation between facilities for those medications that they have not yet received from suppliers.

The minister further clarified that government is working tirelessly to improve the issue of food served to patients in the various hospitals.

Nkosi explained that while they had previously failed to pay their food suppliers, but they have already engaged in the process of paying them and food is now available at the hospitals.

"Even on the issue of lack of staff at the facilities, I can assure the nation and nurses that the matter is being dealt with and already 79 posts to remedy this have been availed.

In the context of the government cir-Cular no.3 of 2018, on human resources, the ministry of health was given a window of adding a limited number of key personnel, in recognition of the importance of the core mandate. We have been able to add some medical doctors and nurses, and we will continue to do so in the next two quarters," said the

On a parting note, Minister Nkosi assured that substantial strides have been made to resolve the other issue regarding security and that the ministry is committed to providing the best possible health to Emaswati.



EMABANDLA: Attorney General Sifiso Khumalo announces the names of people appointed by the King to various Emabandla at Lozitha Palace and he is joined by King's Private Secretary Mbongeni Simelane during the announcement. (Pic: Simon Shabangu)

King appoints members of JSC, TSC and Human Rights and Public Administration

By Nokuzola Thwala

is Majesty King Mswati III has appointed members of the Judicial Service Commission, Human Rights and Public Administration and Teaching Service Commission.

The King through Attorney General Sifiso 'Mashampu' Khumalo made the announcement at Lozitha Royal Palace yesterday. Khumalo was accompanied by the King's Private Secretary Mbongeni

'It has pleased His Majesty the King and INgwenyama of the Kingdom of

Eswatini to appoint the underlisted members of the Judicial Service Commission, Human Rights and Public Administration and Teaching Service Commission with immediate effect," Khumalo said. In his capacity as the Chief Justice, Bheki Maphalala will head the JSC. Under the Human Rights and Public Administration Sabelo Masuku and Phumelele Tfwala will be completing their terms of office.

Meanwhile, the TSC's Chairman Simanga Mamba retains his position, which was extended by a year as stipulated by the Constitution, which gives a fouryear term.

JUDICIAL SERVICE COMMISSION

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- 6. Chief Mgebiseni Dlamini Member
- HUMAN RIGHTS AND PUBLIC ADMINISTRATION
 Sabelo Masuku
 Phumelele Tfwala
- Chief Masuku Dlamini
 Princess Gcebile

TEACHING SERVICE COMMISSION

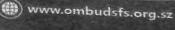
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Kombi driver gets 15 years for sex with girl (14)

By Sandile Nkambule

The minister bold-

ly assured the nation

that there is no crisis as it

n what he thought was the love of his life turned out to haunt a kombi driver, who has since been convicted and sentenced to 15 years in prison for having sexual intercourse with a 14year old gild he believed was his girlfriend.

Sandile Ngwenya will regret the day he proposed love to the girl for the rest of his life, as he is now doing time as His Majesty's guest at His Majesty's Correctional facility following his conviction and sentence by the Nhlangano Magistrate's Court.

The charge sheet states that Ngwenya (38) was charged with the offence of contravening the Sexual Offences and Domestic Violence (SODV) Act No. 15 of 2018 in that on or about the month of February 2019 in the Shiselweni region, he did unlawfully and with intent sexually abused the 14-year-old girl by engaging in a sexual act with her, who by law is incapable of consenting to same. Ngwenya yesterday filed an urgent application for bail pending his appeal noted at the High Court.

Appearing before Judge Titus Mlangeni

 Sandile Ngwenya who was convicted for contravening the SODV Act has filed an urgent application for bail pending an appeal at the High Court

and represented by Nhlangano-based lawyer Raymond Mwelase, the applicant (Ngwenya) submitted that he was called by the Nhlangano police on June 26 to report to the police station whereupon he was arrested and subsequently charged for contravening the SODV Act of 2018.

He told the court in his papers that he was duly arraigned at the Magistrate's Court where he was asked to plead and since he knew the complainant as his girlfriend, he pleaded guilty to having had sexual intercourse with her.

Submitted

He submitted that he learnt incourt that his girlfriend was born in 2005 as opposed to the 2001 he had been told of and that the court accepted her evidence before he was convicted and subsequently sentenced to 15 years without an option of a fine.

"I must mention that when the complainant gave evidence she told the court that she is my girlfriend having consented to sexual intercourse, I was of the view that she was an adult, after my conviction which lasted less than 30 minutes I was shocked that I am now a convict serving 15 years hence the appeal I have noted and the present application," he submitted.

He argued that the Magistrate's Court should have advised him that the offence he was facing was of a serious nature and that it would attract a custodial sentence, so as to seek the services on an attorney.

He averred that if granted bail, he will not abide by all the bail condition the court may impose and that he has good prospects of success at appeal.

Ngwenya told the court that it was after he was sentenced that he got to note that the offence he was facing is a serious one arguing that had same been explained to him before being tried, he would have seen the need to instruct an attorney.

He stated that when he was arrested. he was employed as a kombi driver earning a meager salary and taking care of his eight children who stayed with him and does not know how they are now surviving.

INDLOVUKAZI ARRIVES SAFELY IN SPAIN











MAKE WELIVE: Her Majesty the Indiovukazi on arrival in Malaka, Spain, where she is on a working visit. She is accom-Panied by Zodwa Ginindza, among other members of her delegation. (Pics: Leonard Mohale, State Photographer

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STATEMENT BY SWAZI MED ON HIGH COURT APPLICATI TO HAVE E30M ARBITRATION AWARD SET ASIDE.

INTRODUCTION

On August 6 2019, the High Court will hear an application instituted by Swazi Med in which the fund seeks to have an Arbitration Award of E30 million issued against it in favour of Medscheme set aside.

The fund has decided to bring this development to the public's attention because Swazi Med, which is the medical aid administrator and healthcare organisation in the country, is funded through direct subscriptions paid by its members every month for medical aid cover.

Swazi Med is a not-for-profit fund whose revenue is derived solely from members' contributions., the 45 000 EmaSwati. It is these contributions which members pay solely for their healthcare needs which the fund has now been ordered to pay out to a few individuals who have not worked a single day to earn it. The fund views this as looting of public funds at a grand scale.

Swazi Med has taken the extraordinary step to launch the High Court application because it is not satisfied with the Award simply because it has no legal basis.

As already stated, Swazi Med receives money from subscribers, every month mainly through deductions made by employers to thousands of workers' salaries. The medical aid fund has a fiduciary duty to exercise good care on how it spends the money in order to provide the best healthcare services for its members and their

On March 29 2018, the Arbitrator, Judge Philip Levinsohn, a retired judge from South Africa issued a ruling on the matter. Instead of making a ruling based on the issues before him that were the subject of the dispute, the Arbitrator created an artificial agreement, which did not exist between Swazi Med and Medscheme, the effect of which was the basis of the E30 million Award. As a result, Swazi Med sees the Award as devoid of any legal and factual basis.

BACKGROUND

On 24 May 2016, Swazi Med gave Medscheme a six months' notice, as per the signed management agreement that it would not renew the contract when it terminated. It has always been the fund's contention that it was not in breach of the contract as termination notice had been properly given. Medscheme disputed the validity of the notice and they duly lodged a claim with the Arbitration Foundation of Southern Africa.

The main reason for not renewing the Management Agreement was because Medscheme had refused to freeze its management fees which had ballooned to a staggering E40 million (Forty million Emalangeni) per year.

Secondly, Medscheme was not discharging its duties because they allowed millions of fraudulent claims to be paid; thereby, endangering the sustainability of the fund. The public will remember that the fund suspended some service providers in 2017 from claiming directly from the fund.

THE COURT ACTION

As an aggrieved party, not satisfied with the Award, the fund has a fiduciary responsibility to protect the interests of the public and its members by seeking the High Court's intervention on the matter.

Medscheme contends that the fund has no right to go to court to challenge the Award, and they have sought to force the fund to simply pay them. Swazimed believes that it has the right to know how that decision was arrived at in clear and unambiguous language.

Besides the fund's constitutional right to seek court redress, SiSwati Law and Custom and traditional practices allow for an aggrieved party against whom a decision has been taken to seek the intervention of a higher authority.

CONCLUSION

It is a matter of fact that this Award, a windfall to Medscheme, will have a huge socio-economic impact on healthcare in this country. That this is a windfall to Medscheme they were never entitled to, asked or worked for, is admitted by Mr Tim Rametse a South African director of Medscheme who, in his affidavit of 2 October 2018 stated that "No relief was sought in respect of any tacit agreement and Medscheme's cause of action was not premised on a breach of one or more provisions of a tacit agreement as having given rise to a claim for specific performance or damages in the period April 2012 to January 2013."

However, the Award was made in favour of Medscheme based on this so-called tacit agreement, created by the Arbitrator alone and was never part of the arbitration proceedings, which, as demonstrated by Rametse, was not known to Medscheme either.

Allowed to stand, this Award will result in an above inflation increase in members' contributions to medical aid cover and will result in some members not being able to afford medical aid, thus putting a strain on healthcare.

In view of this, it is important for the public to note that since 2018, the first year Swazi Med went into self-administration, the fund was able to freeze increases in member contributions and further guaranteed coverage to members who otherwise would not have been able to afford to remain covered.

Through these savings, Swazi Med has embarked on a project to build a modern hospital, which will allow highly skilled medical professionals to come to this country and practice, thus reducing the necessity for patients to travel beyond our borders to seek medical assistance even in the most serious of medical cases.

This will reduce medical costs exponentially and loved ones will now make huge savings in travelling costs when they visit their relatives under medical care.

This Award will seriously jeopardise these and other initiatives aimed at reducing the cost of medical care.

Swazi Med has a duty to act in the best interests of its members and to protect their funds.

By taking this step, it is doing just that.

Thank You. Swazi Med

PROF P.Q MAGAGULA BOWS OUT, TALKS TO US

Stories by Bodwa Mbingo

t has been a remarkable journey where he has produced graduates who have gone on to make a name for themselves inside and outside the country's borders.

Professor Petros Qambukusa Magagula, otherwise well known as P.Q, has been with the University of Eswatini (UNESWA) as a political and administrative studies lecturer since 1983.

He is now taking a bow from the profession after precisely 36 years.

His last day at work at the UNESWA's Kwaluseni Campus, where he was based, was Wednesday and he reckons that he leaves the institution with countless memories.

The professor took time to give the Observer on Saturday details of his journey while he was a lecturer and political analyst in the country. The walking political science encyclopedia is now relocating to a place he calls

.Almost 40 years later, the likeable and outspoken UNESWA Professor retires



GURU: Professor Petros Qambukusa Magagula.

region, where he plans to journey into a quiet but effective endeavor as a different vital issues:

home, Lavumisa in the Shiselweni retiree. Enjoy your read as you go through the interview that touches on

concept for a federation of some or all

of the 55 sovereign states on the con-

The concept takes its origin from

rofessor P.Q Magagula remembers a time when Dr Absalom Themba Dlamini was still Prime Minister in the country and how he valued the input of experts in the field of political science.

Dlamini who is now Tibiyo TakaNgwane Managing Director (MD), Magagula remembers, entrusted him to prepare a research paper to present to His Majesty King Mswati III on t h e con-

cept of a United States of Africa. This was after former Libyan leader Muammar Gaddafi had said in Kampala, Uganda in 2010 that his dream of a United States of Africa was still alive during an African Union Summit held that year.

Pushing Gaddafi had been pushing for an African unity government for years, saying it was

the only way Africa could develop without Western interference, but many African states said the idea was impractical and would encroach on their sovereignty.

I prepared a paper for this government that was ready to listen and consult," states Magagula. Meanwhile, the United States of Africa is a pro-

posed

Marcus Garvey's 1924 poem "Hail, United States of Africa". In February 2009, upon being elect-

tinent of Africa.

ed chairman of the 53-nation African Union in Ethiopia, Gaddafi told the assembled African leaders: "I shall continue to insist that our sovereign countries work to achieve the United States of Africa.'

The BBC reported that Gaddafi had proposed "a single African military force, a single currency and a single passport for Africans to move freely around the continent". Other African leaders stated they would study the proposal's implications, and re-discuss it in May 2009.

Gaddafi was ultimately killed during the Battle of Sirte in October 2011. While some regard the project to have died with him, Robert Mugabe

> expressed interest in reviving the project. Following the 2017 Zimbabwean coup d'état, Mugabe resigned as President.

Some governments listen, some don't

hen asked how his analyses and advises on the country's political landscape benefitted the country, specifically with government heeding to those advises and effecting change, Professor Magagula vehemently stated that he does not see anything in particular that has changed.

He is of the view that governments are not the same and that depending on that particular day's government, some will always listen and heed to advice while some just do not.

He made an example of the country's drafting of the country's supreme law, the Constitution of 2005 where he revealed that the Drafting Committee led by Prince David consulted them as experts in the field of constitutional-

"A team from the university, which I chaired, was formed and we did a thorough job on the matter. Even during the 2013 national elections we were consulted and I even remember presenting a paper on the elections to the AU (African Union) and SADC (Southern African Development Community) observers. That is exactly what I view as listening and by any government that is in place at a time," he stated.

Another example that the Professor presented was the one when Mathendele Dlamini was Senate President as he ensured that experts in political science took the new Senators through a crash course to familiarise them with politics. "In fact, he had suggested that there is a permanent arrangement where legislators are taken through this exercise, but that did not happen.

So in a nutshell, there is an impact that is made by experts in some govemments while others just ignore expert opinion," he added.

Ditch Taiwan

he burning issue in the public domain these days is the debate of Eswatini either continuously sticking with its long time ally, the Republic of China (Taiwan) or suddenly switching allegiance and joining the bandwagon of other African countries that have opened ties with Mainland China.

Professor P.Q Magagula has given his sober view on the matter and wants the country to consider all the essential and clear possibilities before making a drastic decision and switch allegiance to Mainland China. Since independence, Eswatini has had ties with Taiwan and has stuck with that country even when its other remaining allies in the continent opted for China.

Following reports that a clique of influential Members of Parliament (MP)s went on an excursion to China, Magagula reckons that they may be justified in their act to familiarise themselves with the rapidly growing superpower, but wants all possibilities to be weighed.

He wants everything to be put into perspective where all the benefits that the country is currently enjoying from Taiwan to be weighed before what the country ought to gain from Mainland China.

"I once talked about this issue when it was brought up that as Eswatini, we are now the only African country that continues to maintain ties with Taiwan when the rest have switched to China. The bigger picture is that China is now a superpower and might even supersede the US (United States). I don't specifically see the gamechanger that could come with switching allegiance to China.

"However, it is a fact that Taiwan is a small country, but with Eswatini remaining the only ally to that country brings all the benefits that could have been shared amongst the other African countries to Eswatini. That is, economically. Look at what Taiwan is doing for the country as we speak," states Magagula.

The Professor also points out that while Eswatini could be benefitting from Taiwan economically, but politically, such may not be the case.

He, for instance, referred to the argument that was raised in parliament this week whereby it was suggested that the country recently lost a bid to host the secretariat of the African Continental Free Trade Agreement (AfCFTA) possibly because of its standpoint against China, the superpower.

"It's probably true that the country lost the bid because of the politics behind China. It is possible that the other African countries might have viewed Eswatini as a strange State given its stance on

'Thuli Madonsela, Judge Masuku, ex-DPP my products'

number of products that he has produced while lecturing at the university who have gone on to be recognised outside of the institution for their sterling and effective work after graduation.

Some of the products that quickly come to Magagula's mind include South Africa's former Public Protector Advocate Thuli Madonsela, a South African advocate and Professor of law, holding a chair in social justice at Stellenbosch University since January 2018.

She served as the Public Protector of South Africa from 19 October 2009 to 14 October 2016. In 1996, she helped draft the final constitution of South Africa promulgated by then President Nelson

Capture", was released as her 7year term of office came to an end in October 2016. The report catalogued evidence of widespread state capture including the Gupta family's improper influence over former President Jacob Zuma.

Another notable is Justice Thomas Masuku, who is currently serving as a judge in

He has before served as a judge in the country and a consultant for the Africa Programme of the International Commission of

The Professor boasts of a Jurists (ICJ). Masuku went on to get two awards in Namibia in 2017 for 'outstanding performance' in that country's 2017 legal year.

The first award was the 'Judge's President's Commendation 'in recognition of outstanding performance by having delivered all due judgments by the end of

The other award was the 'Delivery of judgments within guidelines for the 2017 Legal Year' where he got a score of 77 per cent after assessment. In November 2015, Justice Masuku received a glowing review from Namibian President Hage Geingob for his "excellent judicial work".

Endless

"The list is endless as I can also recall the former DPP (Director of Public Prosecution) Phila Her final report, "State of Dlamini who is now a Judge.

I have taught many others that included specifically political science students.

Others included law students as I also taught them political science.

A number of journalists are included in the list. It is perhaps hard to specifically speak about achievements where it concerns my students, but I guess it is only other people that can point out those achievements," said Magagula when asked on the products he has produced and where they are now.

Mainland China and then decided not to support its bid. Furthermore, in the event Africa becomes a regional block like the EU (European Union) this could also affect Eswatini as a lone nation that is sticking with Taiwan.

This could be likened to the effects that could come with the UK's BREX-IT in the long run where it comes to trade. In a nutshell, as a country we might be getting a lot of sweets from Taiwan economically, but politically we might lose out a lot," he opines.

Meanwhile, the reported visit to China by the MPs was met with screaming headlines in local publications where government boldly disassociated itself from such a visit.

In a statement issued by the Government Spokesperson Percy Simelane, he reiterated Eswatini's unshaken relations with the Republic of China (Taiwan).

Government reacted by saying the country had unshaken diplomatic ties with Taiwan and were expected to continue for a long time to come. Simelane said the Kingdom of Eswatini and the Republic of China (Taiwan) have continuously enjoyed long and unbroken diplomatic relations since the country's independence in 1968.

According to Simelane, this relationship was based on mutual respect, friendship and loyalty.

He further narrated that Eswatini and Taiwan ties were defined by successful cooperation across a broad spectrum of areas, as well as real commitment to realising the conceived by the United Nations (UN) Sustainable Development Goals (SDGs).

He emphasised that the country's commitment to strong diplomatic ties with Taiwan remained unshaken and

"Any cynical campaign of coercion threatening the relationship shared by the two countries would not succeed. The Kingdom of Eswatini and Taiwan remained resolute in working together for the greater good and building a better future for the country," Simelane stated.

The legislators who participated in the tour, according to the reports included Lobamba Lomdzala MP Marwick Khumalo, Senator Prince Magudvulela, Mhlume MP Victor Malambe and Motshane MP Robert Magongo.

The government was then to be followed by a move by the MPs who stated in no uncertain terms that formal relations have to be formed with Mainland China (China).

The legislators said this during the debate of the first quarter performance report of the Office of the Prime Minister this week.

The MPs said all they wanted the country to do was to formalise its relations with Mainland China, especially on the trade aspect.

The lawmakers argued that having relations with Mainland China would be more beneficial. Deputy Speaker



CHINA MAN: MP Victor Malambe.

Phila Buthelezi started by declaring that he was not among the Parliamentarians who went to China on the familiarisation tour, but said even though he did not go there, it was for the benefit of Eswatini to be in a formal relationship with China.

He wanted to know the opportunity cost of Eswatini being in a relationship with China, compared to a relationship with Taiwan.

Reminded

Buthelezi reminded the MPs and government officials during the debate that Eswatini was the only country in Africa that was in a relationship with Taiwan.

He suggested that the reason for Eswatini to fail to finish constructing the International Convention Centre and Five Star Hotel (ICCFISH) in



Khumalo.

Ezulwini on time could be because of the fact that Eswatini was not in a relationship with Mainland China. Buthelezi further said the country recently lost the bid to host the AfCFTA Secretariat because of this before wondering how the country expected to be awarded such a huge trade assignment when the Africa's main formal trading partner was China, with which Eswatini did not have relations.

Echoing his words was MP Marwick Khumalo who said the country's authorities told the country that the 2020 African Union (AU) summit would be held in the country.

However, that was not to happen, as the summit was to be held in South Africa. Khumalo said this could be the case because the country chose to go with Taiwan a place recognised as

a province of mainland China rather than a country by the United Nations (UN). Khumalo suggested that maybe, it could be wise for Parliament to look into the matter and see what Eswatini stood to gain from having a relationship with Taiwan, compared to a relationship with China.

He said ordinary Emaswati trade with China, although that was informal, but only government has chosen to go with Taiwan.

MP Robert Magongo, who declared that he was one of the MPs who went to China, also spoke at length about the issue.

"Ndvunakhulu, imali icitsiwe lena. Sihleti leni lana? (Prime Minister, there is a lot of money involved here. Why are we not casting our net wide)," Magongo enquired.



It will be research, more research going forward for P.Q

s he closes the chapter of producing countless graduates at the University of Eswatini, Professor Petros Qambukusa Magagula has revealed that going forward he will not rest, but it will be research and more research for him.

He says he is ready to open a new chapter in his life where he will set up his research

that he already has ideas on what he will research on, but is still looking at alternatives for funding to allow him to produce journals and books on his researched work.

"It is simple for me. I am going home to Lavumisa, but that does not mean I am going there just to laze about.

When one is teaching one

centre. Magagula discloses never gets enough time to do research hence my decision to concentrate only on that going forward.

When teaching there is a lot of things one comes, but cannot articulate properly because of lack of time.

Retirement is a blessing in disguise for me as I will be able to diversify in my research," he concludes.





ESWATINI DAIRY BOARD

DAIRY CATTLE FARMING COURSE

Dairy Cattle owners, keepers and aspiring individuals are kindly invited to attend a dairy farming training course to be held at the Board's Conference Room at Enguleni House, Manzini. The course will commence on the 6th August 2019 and run for eight (8) weeks. Selected days for training are Tuesdays, Wednesdays and Thursdays of each week starting at 5:30pm till 7:00pm.

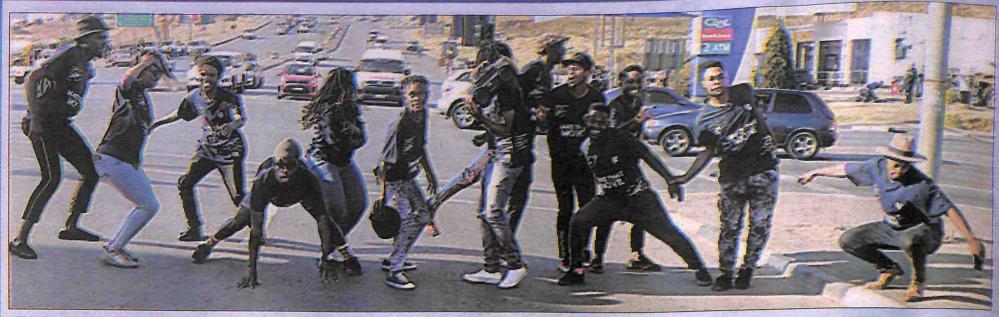
Module	
1	Introduction to Dairy Science and Management
2	Requirements and Preparations for Starting a Dairy Project
3	Fodder Production
4	Dairy Cattle Feeding
5	Dairy Cattle Breeding
6	Calf Rearing
7	Clean Milk Production
8	Legal Issues
9	Disease Prevention and Control
10	Business Plan Preparation and Business Management
11	Educational Tour

E500.00/PERSON FOR THE WHOLE SESSION PLEASE REGISTER AND PAY AT THE DAIRY BOARD OFFICE

FOR MORE DETAILS PLEASE CONTACT THE FOLLOWING BOARD'S OFFICER:

Mr. Mcebo Mnisi (Course Coordinator)

OR CALL THE OFFICE @ 25058262/3 ARRANGED BY MANAGMENT



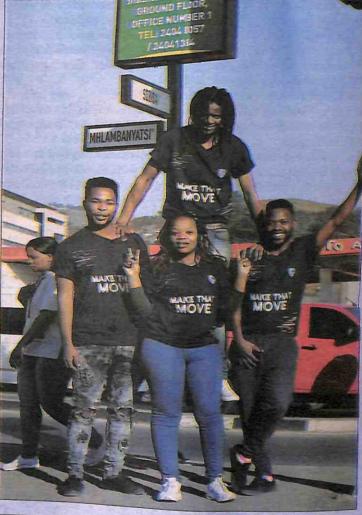
ITS ON: Luju Festival dancers were a marvel to watch as they displayed their skills in different places around the capital city yesterday morning. The festival, which takes place today at the House on Fire, is expected to draw a number of tourists and locals. (Pics: Mduduzi Mngomezulu)

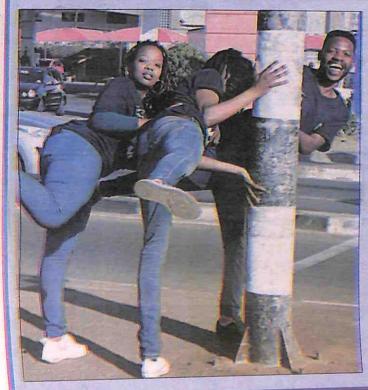
LUJU FESTIVAL DANCERS GEAR UP

















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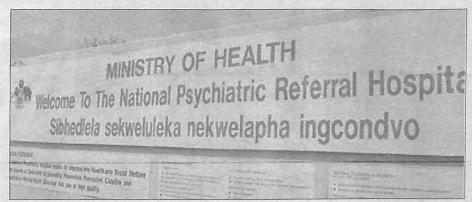
MENTAL PATIENTS ATTACK STAFF

By Mhioniswa Hiophe

wo Psychiatric Centre employees are alleged to be nursing injuries after being attacked by patients.

The incident is said to have happened a month ago. The two alleged victims are an orderly and a senior driver. The orderly is alleged to have fractured his ribs during the attack. Whereas, the senior driver is said to have suffered broken jaws and the spine as a result has difficulty walk-

One of the victims confirmed that he was attacked by a



He said he laid a complaint with the authorities of the institution, but nothing had been done so far.

He said he was advised to lodge a claim and state that he got injured while on duty.

He said he had been waiting for a response.

Administrator Nelsiwe Mabaso confirmed that some of their employees were injured while on duty and were working on their compensation.

"Yes, some of our employ-

ees were assaulted by patients while on duty, they reported the matter to us and I must say we have done all the paperwork and referred everything to the relevant offices which is the ministry of labour," she

...shortage of drugs at Psychiatric Centre

he National Psychiatric Centre is no different from other health facilities faced with the shortage one psychiatric institution in the counof drugs.

Sources within the institution complained that they had been encountering problems with regards to drugs. One lady said a patient would come probably two to three times a week to check on his or her medication only to return home empty handed. She said some would come from as far away as Lavumisa

only to be told that there were no drugs. "I hope you are aware that we only have

bestmarker. Patients countrywide depend on this institution. You can imagine the problems they have encountered since the problem of money started," she said. She also cited the problem of transport, saying the institution has only one ambulance and it only operates once or twice a week because of mechanical faults. She said, "Our ambulance has breakdowns more often, you can never rely on it, and you wonder why they don't sort this problem."

On Thursday, Minister of Health Lizzie Nkosi even though she was reported to have admitted before the ministry's Portfolio Committee last Thursday that the country was faced with a huge shortage of drugs, she has since turned around that there is no such crises, blaming parliamentarians of having read a wrong quarterly report.



HOPE: Parents of pupils at Dvokolwako High School never gave up to bring the school back to normalcy after several weeks of its closure. Here they are seen before holding one of the many meetings that took place at the school. (Pic: Bongiwe Dlamini)

Ministry puts out 'flames' at Dvokolwako High

By Zwelihle Sukati

he ministry of education and training has managed to put out the flames of tension that rocked the troubled Dvokolwako High School.

Parents came in their numbers to attend a meeting that was convened by the ministry of education, a delegation that was led by the ministry's Principal Secretary, Dr Sibongile Mtshali.

Parents had called for the school's head teacher and committee to immediately vacate office for things to get back to normal at the school. The parents informed the Hhohho Regional Education Office (REO) and Dvokolwako chiefdom representatives that as long as these two parties were still in office, there would be no peace at the school. Pupils went berserk as they rioted against of Education Principal Secretary Dr. the school's administration, something Sibongile Mtshali went so well and parwhich led to its imminent closure at a time when they were to sit for their midyear examination. During the action, the police riot squad had a tough time controlling the unruly pupils who were hell-bent to cause havoc, following mutiscare allegations at the school. Last week Friday, parents made it clear to officials from the Hhohho Regional Education Office that the school was as good as without a head teacher. They wanted their children to continue with the examinations but the REO officials made it clear that it couldn't be that examinations could go ahead without a head teacher and committee.

"Yesterday's meeting with the Ministry ents left the meeting in a happy mood," said Joseph Mgaphi, Secretary of the area's chiefdom. However, he said he was not at liberty to divulge to the media what transpired during the meeting and the merits of the discussions, as he said it was agreed that a statement was going to be released by the ministry.

"Nonetheless, we are grateful to the King for having such a leader in the ministry of education's principal secretary. She displayed her leadership skills, got the views of parents and all stakeholders and at the end of the day we all left the meeting in good spirits," he said.

Wife fails to stop hubby's second marriage

By Sandile Nkambule

er desperate efforts to stop her husband from marrying a second wife have been watered away as her urgent application for an order interdicting her husband she filed at the High Court has been dismissed.

Tholakele Theresa Fakudze had filed an urgent application before Judge Maxine LaNgwenya seeking an order interdicting her husband Azariah Khisimusi Fakudze from conducting a marriage under Siswati Customary Law with Cebile

In her application, she had argued that she was married in terms of the same law with her husband but subsequent to that they entered into a Civil Marriage under the Marriage Act of 1964, adding that the effect of the second marriage she had with her husband was to nullify the first one, being the Siswati Customary

When handing down judgment in the matter, Judge LaNgwenya held that the purported marriage by Civil Rights was conducted by someone who was not gazetted as a marriage officer and that no marriage register forms were signed during the

The court held further that no marriage by civil rights subsists between the parties concluding that the applicant (Tholakele) and the first respondent (Khisimusi) are married through Siswati custom.

"On the conspectus of the evidence and for the reasons outlined above, I am of the considered view that the applicant and the first respondent never contracted a civil rights marriage in terms of the Marriage Act, it follows that whatever rights women married in terms of civil may enjoy in terms of the marriage act and such rights are not open to be enjoyed by the applicant if she is not married in terms of the Act, the application is dismissed, each party to pay its costs," Judge LaNgwenya ordered.

Judge LaNgwenya stated that there is however no dispute that the applicant and the first respondent are married in terms of the customary law and that said, there is no legal impediment preventing the first respondent from marrying the second respondent or any other woman for that matter, while his marriage with the applicant subsists, adding that this is because marriage through customary law is potentially polyg-

Marriage

In her application, Tholakele had submitted that she and the first respondent are husband and wife, arguing that they were married in terms of the Customary Law at Dzakasini area, Hlatikulu in the Shiselweni Region in 1987.

It was her case that there was an agreement between the two of them that they would subsequently re-

marry in terms of civil rights and in the process nullify the first mar-

She contended that that is the reason there they never registered their marriage in terms of the Siswati customary law with the office of the Registrar of Marriages and further contended that in September 1990 she and her husband entered into the Civil Rights marriage.

She argued further that a colourful wedding ceremony was held at Sihlutse, Nsingizini Primary School hall but the marriage certificate of that marriage was never issued because her husband kept on postponing the registration up until he informed her that the marriage officer had died.

In order to prove that the marriage through Civil Rights solemnised, she had annexed photos of the alleged Civil Rights marriage, where she was in a wedding gown walking down the aisle with her husband, as well as well-wishers who were part of the occasion.

She had further told the court that on April 29 2019 she was called by her husband who asked that they go to the Registrar of Marriages to register their Siswati customary marriage and she refused to that request on the basis that she was of the considered view that the first marriage was nullified and superseded by the second one, being the alleged Civil Rights marriage conducted in September 1990.

Whatsapp

Tholakele had told the court that the reason she filed the urgent application was that she saw WhatsApp messages from her husband addressed to his sister, stating that he was going to marry the second respondent (Cebile) requesting his sister to conduct the teka ceremony for him.

However, her husband in his argument contended that they were only married through the customary law and nothing else.

He argued that the ceremony at Nsingizini Primary School, where they dressed up in white wedding gear was just a church-related celebration in the bid to legitimise their marriage through customary law.

He argued that the celebration in 1990 did not amount to a re-marriage as envisaged by Section 7 of the Marriage Act of 1964, adding that no certificate of the celebration was ever issued.

It was his further contention that in 1999 he married another woman Malta Mbingo through the same customary law but the applicant (Tholakele) never objected to same because she knew that the 1990 church celebration was not a marriage in terms of the act.

He added that during the church celebration no marriage forms were signed by the parties and the purported marriage officer was not a gazetted minister of religion qualified to solemnise a Civil Rights

Males enter commercial sex market

Stories By Zwelihle Sukati

f you thought sex work in the country was a female thing, think again. According to a report on cross sectional study on the assessment of sex work in Eswatini it was established that both male and female sex workers in the kingdom were involved in behaviour such as oral sex "sebashaya sikhova" (same sex relations).

Research, according to the report, on sex work in Africa probably assumed that all sexual activity was penile-vaginal.

The report was commissioned by UNFPA-Eswatini, in collaboration with the ministry of health, National Emergency Response Council on HIV/AIDS (NERCHA), and UNAIDS.

Involved

"We found that both male and female sex workers in Eswatini were involved in behaviour such as: cunnilingus, fellatio, mutual masturbation, and 'sebashaya sikhova' (same sex relations)," the document reads in part.

It is said clients from a wide variety of social backgrounds were reported to have had sex with the sex workers who participated in the study. While probably married individuals sought the services as a marker of infidelity, the sex workers also reported that some married couples together would seek the services of sex workers.

"Contrary to popular opinion that men in Africa are responsible for infecting their 'innocent wives', we also found that married women were clients of sex workers," it is further contained in the report.

A male sex worker is quoted having said: "Women are also our clients because they are starved of sex in their homes. We enjoy it especially when the woman is beautiful and sexy".

A majority of interviewed sex workers reported financial need as the reason for initiating and



maintaining sex work. The trigger factors, however, were not always poverty.

Male sex workers reported pleasure seeking as a reason they engaged in sex work. They also said wealthy female clients would allow them to drive 'their fast cars', even though the pursuit of 'fast cars' may not necessarily be a solution to pover-

One popular socialite within the LGBTI community easily opened up to this publication that it was a known fact that male sex workers exist in Eswatini. LGBTI is an abbreviation for Lesbian, Gay, Bisexual, Transgender, and Intersex.

He said male sex workers were almost everywhere in the world. "Even though I haven't seen the report but being an active activist of LGBTI community I recall engagements on it with other civic society groups," he said.

The young lad said it was injustice to punish female sex workers, saying that was a gender issue

because there were many sex workers who were males in the country.

"The arrest and prosecution of sex workers in general uncalled for and a matter of a flawed legal system." He argued that the current legislation in the country doesn't criminalise sex work but loi-

He went on that there were deeper things to understand than just gearing up an operation to round up sex workers. "And always it is the females who are being targeted."

The passionate LGBTI activist said the laws that the police were implementing were so unjust, especially in the 21st century world where we can have women walking around at night for reasons other than sex work. His name has been withheld as he referred formal comment to the relevant organisations that speak on behalf of the LGBTI community in the country.



It is my body, my right - LGBTI

very adult has a right to sleep with a person of their choice and with so many people as he or she

This is the underlying statement from the LGBTI community, if the comments of Melusi Simelane the founder and Managing Director of Eswatini Sexual and Gender Minorities; an advocate for indusirity, diversity and equality for all minorities; are anything to go by.

"Every person has a right to do whatever he or she wants within the ambits of the law in this country," Simelane said. He also said the country's Constitution guaranteed equal treatment and rights for all irrespective of gender or sexual orientation. Lungile Khumalo, Director of Voice of our Voices, a registered organisation in terms of the country's laws, said Eswatini was still behind in terms of human rights issues as many people were still marginalised by law.

In a previous interview with Khumalo she said it was disrespectful of one's privacy and human right to have pieces of legislation interferi with bedroom issues between consenting adults.

"We can't be having laws scrutinising who I share my pillow with and why,' Khumalo said.

Sex workers don't want to get married - Study

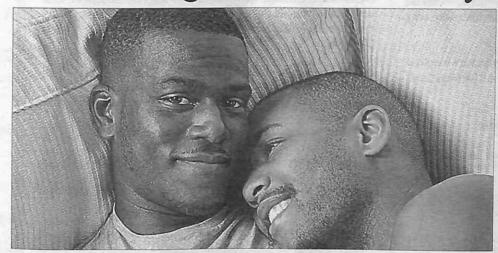
Temale sex workers prefer being sex workers than being married. This is documented in the same study report.

Moreover, female sex workers perceived themselves as serving a useful societal function, with one sex worker saying "clients come to us because they probably do not get what they want from their wives or husbands.'

They say wives refuse sex and they refuse to perform certain sexual styles. Another sex worker was quoted: "Women will tell their husbands that they are tired yet with us we do not complain."

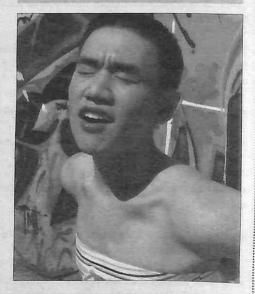
The sex workers gave many reasons for not using a condom, which include being in a hurry for fear of being caught by the police.

Other reason included: partner objected; did not think it was necessary; didn't like condoms, perception that hormonal contraceptives were enough; did not think about condoms at the time; trusting the partner; not comfortable initiating use and; not



trusting condoms would protect against STI transmission; and having been in a hurry."Being in a

tant in situations where sex occurred in car parks, bushes and other 'public places' where particihurry was perceived as to be particularly imporpants reported they risked being caught by police."



Thy others divorce, venture into sex trade

workers into the trade. These are but some of the reasons found by researchers into the sex trade in the kingdom as motivating factors to this illegal business.

trange but true; sensation and liberation

from the bonds of marriage motivate sex

It is also said the cultural environment, where men are expected to have multiple sex partners even when married and women cannot reprimand their husbands for their infidelity, may drive women to make such desperate decisions.

Conducted

In this explanatory study conducted among sex workers in Eswatini, using both qualitative and quantitative methods, several findings deserve mention.

"We found that sex workers reported that poverty, lack of viable economic alternatives, sensation seeking and liberation from the bonds of marriage motivated them into sex work."

It is also reported that, although the pursuit for financial independence was echoed in virtually

all focus group discussions and in-depth sex worker and key informant interviews, a few indicatof the pleasure they obtained from having sexual intercourse with multiple partners.

"It would appear that that among these women, they had rationalised that being married was incompatible with sex work; although we found that some were women were married sex workers." In conclusion, the report states that sex work, like much other human behaviour was a complicated experience, and 'reductionist' approaches, in which researchers and public health intervention implementers assume that sexual intercourse was always heterosexual, penile-vaginal, that all clients sought services of sex workers without the knowledge of their spouses, and that sex work was motivated by poverty, may not be as meaningful as when the actual practices were



understood."We urge public health intervention planners and implementers to understand in more

detail the experiences of the people whose behaviours they want to have changed."

GOGO DROWNS INSIDE UMCOMBOTSI DRUM

By Sicelo Maziva

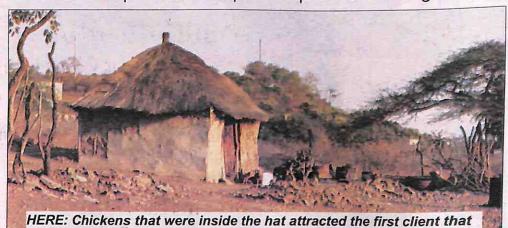
uid the following morning.

he drowning of a 62-year-old Hlazile Makhunga inside a drum half full with the opaque traditional brew of *umcombotsi* sent shock-waves among patrons of her shebeen at Goboyane near Big Bend last Tuesday. Hlazile's body was discovered by an early bird client, who wanted a quick fix of her potent liq-

The patron was also alerted by a brood of chickens helping themselves with the tilted pots inside her dilapidated hovel, which she used as the kitchen.

The patron, a female contemporary in terms of age, observed that no one was chasing the chickens away so she called on the elderly woman to sort the problem but got no response. She decided to chase the chickens away herself before looking around for the elderly woman in another adjacent hovel Hlezile used as the bedroom and selling point for her beer. It was then that she went in only to discover the elderly woman's

...Hlazile Makhunga's body was discovered by an early bird client who wanted a quick fix of her potent liquid the following morning



led to the discovery of Gogo Hlazile Makhunga's body inside an

blic Service Pensions Fund

upper torso inserted in the drum and she was not moving.

umcombotsi drum.

"I shouted at her for not responding to my call but she did not move, which was rather unusual given her character. I called her name again and she remained silent, it was then that I came closer only to discover that she was cold, dead. I alerted neighbours," said the patron, who preferred not to be named.

Hlezile is the epitome of abject poverty surviving only on brewing *umcombotsi*, she leaves behind an unemployed child and at the time of her death, she stayed all by herself in the falling walls of what she called a home.

Brew

Residents suspected that Hlezile took one or one too many of her own brew on the Monday. The theory is to the effect that she may have used her cellphone to light inside the drum and in the process it slipped into the beer.

She may have died, therefore, while trying to retrieve it.

Patrons and neighbours described her as a softspoken elderly person, who survived on her own by producing the best of the brew for miles around even though she was not always able to gather sufficient money to secure a steady supply, especially on pay day for the hordes of workers coming from the nearby sugar plantations and the only giant factory, a distillery.

"She would often warn her patrons about the potency of her brew, an astute marketing strategy," said a source.

She lived alone after her better half passed away, deciding not to return to her parental house. Her son is also a resident of the same area but lives elsewhere.

Neighbours gathered at her home were busy with preparations for her burial with nothing concrete being put together, especially because they all have no money to afford the fees at Santa Maria Mortuary, let alone a coffin and food for the mourners.

However they were banking on Indvuna YeNkhundla Sandiswa Mamba, who pledged

I'm not Santa Maria - MP

ourners claim to be distraught after approaching one politician to help with expenses towards funeral expenses of the deceased Goboyane elderly citizen, Hlezile, who retorted that he was in fact not Santa Maria, the burial home.

They said when they first called using another person's number, they were simply given a cold shoulder by the legislator. He is alleged to have said; "I'm not Santa Maria; I have nothing to do with dead people taken to that mortuary."

When other residents were told of the response from the particular MP (not necessarily from the same constituency) they could not believe and again made several calls to him to confirm. He did not pick up until after the calls pushed a bit higher his temper, where he is said to have answered back that if they were unable to raise only E25 each for funeral cover, then it was not his fault.

This further depressed them because all they were trying to raise was that the elderly person had no one, probably politicians in their political power could garner better assistance.

When the MP was called, he denied even knowing where Goboyane was, let alone about some elderly persons who had died.

He flatly denied that he had been contacted and also retorting about that he was not Santa Maria, the burial home.

"I did not say that and better I hang up because I have not communicated with those people, where are they from, when did they call?" he asked, before black outing all confirmation. His agitation intensified only after he was told that journalists were doing the story of his remarks to the community.

email: Info@pspf.co.sz

Tel: 2411 9000 / Fax: 2404 2712

/PSPFSwaziland @@PSPF_Swaziland

NOTICE

PROOF OF LIFE VERIFICATION

Pensioners and Dependants who are members of the Public Service Pensions Fund (PSPF) are requested to undergo the annual proof of life verification to enable them to continue receiving their monthly pension payment from the Fund. The verification shall be done through the Biometrics System in which members are only required to submit fingerprints for capture.

They are requested to visit the places listed below and are required to bring along their National Identity Cards (IDs) and Pension Cards on the given dates below:

- 12 to 15 August 2019 Mbabane, Ingcamu Building
- 16 August 2019 Matata, Matata Inkhundla starting time 09hrs30
- 19 to 23 August 2019 Manzini, Manzini National Library (Venue is only for these dates)
- 26 to 28 August 2019 Nhlangano, Nhlangano National Library (Venue is only for these dates)
- 29 to 30 August 2019 Siteki, Evukuzenzele Building
- 03 & 04 September 2019 Piggs Peak, Piggs Peak Red Cross (Venue is only for these dates)
- 05 September 2019 Mankayane, Mankayane Library starting time 09hrs30
- O9 September 2019 EBuhleni, EBuhleni Police Post starting time
 O9hrs30

Dependants above 16 years of age should furnish their IDs, while those below this age should bring with them valid passports or ID's for their parents /guardians.

The Fund wishes to advise that all our Pensioners and Dependants should ensure they have undergone this verification process not later than 31st OCTOBER 2019, failing which their monthly pension payment shall be suspended as from 1st NOVEMBER 2019.

BY MANAGEMENT TOLL FREE: 800 2401

SIMEMETELO SEKUVUSETELA BULUNGA

Emalunga elihhovisi leMhlala Phansi i-PSPF ayacelwa kutsi atongenela luhlelo lwekufakazela kutsi lilunga lisaphila, lolwentiwa njalo ngemnyaka kute lilunga likhone kutsi lichubeke litfole imbasha efasitelweni. Loluhlelo lwekuvusetela bulunga lusebentisa kutsatsa umdvwebo wetandla lobitwa ngekutsi pheceleti yi-Biometrics Finger Print System kulabahola impenisheli lekungema Pensioners nema Dependants.

Ema-Pensioners nema-Dependants etfu ayacelwa kutsi avakashele emahhovisi eMhlala Phansi netindzawo letibaliwe, aphatse matise webuve (ID) neli khadi laka Pension nganawa emalanga lalandzelako:

- 12 kuya ku 15 Ingci 2019 Mbabane, Ingcamu Building
- 16 Ingci Matata, Matata Inkhundla sikhatsi ngu 09hrs30
- 19 kuya ku 23 Ingci 2019 Manzini, kaManzini eMtapeni (kulamalanga labekiwe kuphela)
- 26 kuya ku 28 Ingci 2019 Nhlangano, eNhlangano eMtapeni (kulamalanga labekiwe kuphela)
- 29 kuya ku 30 Ingci 2019 Siteki, esakhiweni seVukuzenzele
- 03 Inyoni na 04 Inyoni 2019 Sipiki, emahhovisini eBaphalali (kulamalanga labekiwe kuphela)
- 05 Inyoni 2019 Mankayane, Mankayane Library sikhatsi ngu 09hrs30
- 09 Inyoni 2019 EBuhleni, EBuhleni Police Post sikhatsi ngu 09hrs30

Bantfwana labangetulu kweminyaka lelishumi nesitfupha (16) babhekeke kutsi baphatse bomatise bebuve babo (ID's), kutsi labo labangephansi kweminyaka lelishumi nesitfupha (16) baphatse emapasipoti abo lasebentako,uma bete baphatse matise webuve wemtali noma loyo labahlala naye.

Lihhovisi leMhlala Phansi likhumbuta emalunga kutsi kumele abe sekavusetele bulunga kungakefiki mhlaka 31 IMPHALA 2019. Labo labangeke bavusetele ngesikhatsi lesifanele angeke bayitfole imbasha yabo ekupheleni kwenyanga ye LWETI 2019.

SIMMETELO SIKHISHWA BAPHATSI BELIHHOVISI LEMHLALAPHANSI INOMBOLO YAPHANSI YAMAHHALA 800 2401 **OBSERVER ON SATURDAY**

INSIDE: The drum where the elderly woman drowned.

only E1500 and the community to fork out the rest. He is said to have been very cooperative, though, since the news of Hlezile's death reached him.

On the flipside of things, residents expressed disappointment at a certain Member of Parliament, who when approached turned the other way even though the poor community members only wanted assistance, not for their own individual ends but for the impoverished elderly citizen who has no one to provide a decent burial.

Police Information and Communications Officer Superintendent Phindile Vilakati confirmed that Big Bend police were called to the scene where they retrieved a body from an umcombotsi bin at Goboyane area, next to the USA Distillers.

SINCEPHETELO MVA FUND

NOTICE

DISCONTINUATION OF BUSINESS OPERATIONS ON SATURDAYS

Claimants, stakeholders and the general public are hereby notified that all offices of the Sincephetelo MVA Fund shall cease to continue with their business operations on Saturdays, as previously advertised.

This shall be effective Saturday, 3 August 2019.

Please note that the Fund's normal business hours are as follows: Monday - Thursday at 8:00am - 16:45pm and Friday 8:00am - 16:30pm.

We humbly regret any inconvenience caused in this regard.

SATISO

KUVALWA KWELIHHOVISI NGEMIGCIBELO

Labaneticelo tekuchephetelwa, labasebentisana nesikhwama seSincephetelo MVA Fund kanye nesive sonkhana bayatiswa kutsi emahhovisi eSincephetelo MVA Fund angeke asavulwa ngaboMgcibelo njengobe sive besatisiwe.

Lokuvalwa kutocala mhla tingu 3 Ingci 2019.

Sive siyatiswa noko kutsi lihhovisi liyachubeka kusebenta ngalokujwayelekile ngaboMsombuluko kuya kuLesine nga 8:00am - 16:45pm. NgaLesihlanu emahhovisi avulwa nga 8:00am kushaye 16:30pm.

Siyacolisa ngekutitfoba lokukhulu nine bekunene.

BY MANAGEMENT!

MBABANE OFFICE PARK MVA Office Park Mbhilibhi Street Mbabane

www.mva.org.sz

MANZINI BRANCH osite Hub Pick 'n Pay

PIGG'S PEAK SERVICE CENTRE Office # 2B SNPF Buildi Evelyn-Baring Street Pigg's Peak

tel: 2408 6800

call centre: 800 7005



Invitation for submission of Bids (IFB) Tender number EWSC 14 OF 2018/19 DESIGN AND CONSTRUCTION OF THE MPOFU INTAKE WORKS - INFILTRATION GALLERY



The Eswatini Water Services Corporation in conjunction with the Ministry of Natural Resources and Energy, Department of Water Affairs hereby invites sealed bids from eligible engineering service providers for the design-construct contract of an Intake Works for the Mpofu Rural Water Scheme. The scope of works shall include Gabion Cage, Collection Sump, Transmission pipeline from Sump to Control House, Drop cable from the Sump to the Control House, Valves and Valve Chambers and a Control House. Production of designs, construction, commissioning and handover of completed works is expected from the Prospective Bidder.

Bidding documents may be downloaded from the Eswatini Water Services Corporation website www.swsc.co.sz. Bid documents may be paid for from the address below for a non-refundable fee of E1 000.00 (One Thousand Emalangeni Only); Proof of payment shall be included in the bid. This will be in the form of a cash deposit made at Gables and Mbabane Eswatini Water Services Corporation revenue offices.

Bids shall be valid for a period of 90 days after Bid opening and must be accompanied by a bid security bond of E10 000.00, trading license, tax compliance certificate, labor compliance certificate, SNPF compliance certificate, form C,Form J,Police clearances for directors, Power of attorney ,Certificate of incorporation ,financial statements for previous 3 years, Signed declaration of eligibility. The bid security should be a guaranteed bank

Bids shall be clearly marked "Design & Construct the Mpofu Intake Works" and deposited to a designated tender box at the address below:

> The Managing Director Eswatini Water Services Corporation Headquarters, Emtfonjeni Building, MR3 Between Gables Shopping Complex and Usushwana Bridge

Ezulwini The closing time for receipt of tenders is 12:00hrs on, Friday, 23 August 2019, at which time they will be opened in the presence of bidders who elect to attend. Telegraphic, telephonic, telex, facsimile, e-mail and late tenders

A compulsory site inspection will be conducted on Wednesday the 7 August 2019. Prospective Bidders must meet the Corporation's Engineer or representative (Coordinate: 25°57' 54"S 31°32'33"E) at MR 5 T - junction to Mpofu at 11:00am.

J. MASHWAMA

MANAGING DIRECTOR PHYSICAL ADDRESS EMTFONJENI BUILDING CNR MR 103 & CULTURAL VILLAGE DRIVE

POSTAL ADDRESS P.O. BOX 20, MBABANE CALL CENTRE 2416 2007 CALL CENTRE (TOLL FREE)800 5000 EMAIL HEADOFFICE@SWSC.CO.SZ HEAD OFFICE 2416 9000

We do it through our people

SINCEPHETELO **MVA FUND**

NOTICE

CUSTOMER SATISFACTION SURVEY

Kindly be informed that SMVAF through an independent consultant Three Sixty (360) Degrees Business Solutions will be a conducting a Customer Satisfaction Survey in all four regions of Eswatini. We are requesting that the claimants/customers who have been randomly sampled and called to avail themselves in their respective regions on the following dates and venues for survey interviews.

Shiselweni 08/08/2019 Evelyn Baring High School Main Hall Lubombo 12/08/2019 Siteki Nazarene High School Hall 13/08/2019 Manzini Public Library Lecture Hall Manzini 9a.m Hhohho 14/08/2019 MDS Primary School Hall

Kindly be advised that the public/ all interested individuals will be invited to make their contributions on dates yet to be confirmed.

SATISO

CUSTOMER SATISFACTION SURVEY

Labaneticelo tekuncephetelwa, labasebentisana nesikhwama se Sincephetelo, nesive sonkhe bayatiswa ngemsebenti welucwaningo lekuhlola kutsi lusito loluletfwa yi MVA kubantfu lubenetisa kangakanani sewucalile. Siyatiswa sive kutsi kukhetfwe inkapani ye Three Sixty (360) Degrees Business Solution kutsi yente lomsebenti. Labo labashayelwe kutsi babe yincenye yalomsebenti bayacelwa kutsi bavele kunati tindzawo letilandzelako ngaletikhatsi letibekiwe.

Shiselweni 08/08/2019 Evelyn Baring High School Main Hall Lubombo 12/08/2019 Siteki Nazarene High School Hall 9a.m Manzini Public Library Lecture Hall Manzini 13/08/2019 9a.m 14/08/2019 Hhohho MDS Primary School Hall 9a.m

Sive siyatiwa kutsi naso sitalitfola litfuba lekuletsa tiphakamiso nemibono yaso ngelilanga lelitawukhetfwa.

BY MANAGEMENT!

MBABANE OFFICE PARK MVA Office Park Mbhilibhi Street

MANZINI BRANCH SRIC Building Opposite Hub Pick 'n Pay PIGG'S PEAK SERVICE CENTRE Office # 2B SNPF Building Evelyn-Baring Street Pigg's Peak



www.mva.org.sz

call centre: 800 7005

tel: 2408 6800



Stories By Zwelihle Sukati

hat a waste! With government on its knees due to the economic meltdown, millions of Emalangeni go down the drain in the education sector, while stationary suppliers make a killing at their the expense of education for the country's young ones. Schools are being flooded with dictionaries that head teachers say they are so useless that they are forced to find alternative resources to buy relevant ones at their own expense, while those supplied to government collect dust in administration blocks.

Quality

The Macmillan Essential Dictionary for Learners in English is said to be of very poor and shallow quality that schools called for an imminent stop to the supply. "However, we continue being flooded with stocks of these dictionaries even when we had not placed an order," Stanley Themba Matsebula of Sikanye High School at KaZondwako said. He said because of the poor quality of these Macmillan dictionaries supplied to schools, his

GOVERNMENT DOWN, STATIONERS MAKE A KILLING

...Macmillan Eswatini Director Busisiwe Simelane absolves her organisation, saying there is no way schools can get deliveries without having placed orders; knows nothing of the 'substandard' dictionaries

institution had no option but to buy their own dictionaries. Minister of Education Lady Howard-Mabuza, in a recent meeting with head teachers, also got to learn how millions were being lost in the education sector through what the school administrators termed useless supplies of learning material, such as the complained about dictionaries and oversupply of mathematics exercise books "as if maths was the only subject taught in

schools". The schools administrators said these mathematics exercise books also came in huge consignments, such that they too have taken up stock where they are being kept for no use.

"They just keeping piling and I will not return them to the ministry unless they will be replaced with the much needed feint and margin exercise boots," Matsebula, the Sikanye High School head teacher told the minister and her officials during

the meeting. Samson Mthupha from St Francis Primary School described the situation faced in schools as very frustrating and stressful. "We are stressed as teachers. Give us the tools so we can be accused of failing with tools in hand," Mthupha said in his submissions. He even suggested that government rather do away with stationery supplies at all and have parents pay for the learning material needed.

SOMETHING IS

BEING DONE

teachers will be relayed to parents, school

grantees and committees. She said the stake-

holders will have the views shared to them

and the ministry will respond to all issues

raised in due course. "We pledge that answers

will be delivered and from next week the min-

istry will commit and look into all the sug-

gestions," Dr Mtshali said as she pointed out

that all suggestions and views submitted were

indeed very constructive. Minister Lady

Howard concluded by saying "I believe that

if we continue in this spirit, there will be good

results and together we will take the educa-

inistry of Education Principal

Secretary Dr SibongileMtshali

says the views shared by head

E400 to act as head IIIO.

eputy head teachers get as little as E400 to stand in for the substantive while entrusted with millions of the school funds?

SibongileMotsa of Mhlangeni Primary School told the Minister of Education Lady Howard-Mabuza and her team of officials from the ministry that the money was so little and needed to be revised, taking into consideration the nature and responsibilities that come with holding reigns in the school.

She also submitted that every month head teachers filed claims for travel allowances but never receive the money. Motsa wondered if this was by design or some other reason, as their cars now had worn out tyres due to work-related assignments that they do not get compensated

On another note, one teacher sent the gathering to stiches as he repeatedly demanded answers as to what caused the economy to crash.

"Every corner we are told about a collapsed economy but it doesn't come clear what cause the crises. Also, what is the projection of the economy's revival because we must be clear if this will be realised in 2022," said Samson Mthupha from St Francis Primary School.



Minister of Education Lady Howard-Mabuza with Macmillan Eswatini Managing Director Busisiwe Simelane.

Dictionaries property of the ministry

The dictionaries are the property of the MOET and the copyright thereof. This was the response given by Macmillan Eswatini Managing Director Busisiwe Simelane when sought to give clarity on how the concerns with regards to the dictionaries come about. She said they were developed by the ministry of education under the auspices of the National Curriculum Centre.

"Macmillan provides the Publishing and distribution expertise and has no mandate to alter the content unless commissioned by the MOET," Simelane said. Simelane's advice to teachers was that they direct their concerns to the relevant subject inspector and it is upon the directive from the ministry of education and the NCC that Macmillan can provide the required service. "Noteworthy is the ordering

process which the MOET put in place for teachers to adhere to.

tion sector to higher levels".

"There is no way schools can get deliveries without having placed orders. The MOET has a special order form in which all the books are listed, including the dictionaries. Upon completing that form, teachers get approval from the REO, who in turn forwards the order to Macmillan. Only then can Macmillan process the orders." Simelane explained. Nonetheless she said Macmillan is willing and ready to revise the content if given the directive.

Endless supply without placed orders; how come?

The continuous supply of 'substandard' dictionaries without orders is a mysterious one, according to Macmillan Eswatini Director Busisiwe Simelane.

"There is no way schools can get deliveries with-

out having placed orders. The teachers place orders with the regional education office (REO), against the unique code for the material ordered.

"The order then comes to Macmillan through the REO, having endorsed it," Simelane explained.

"It is then that Macmillan supplies according to specification as per the order. In the case of dictionaries, we have for lower primary and upper primary. Therefore, there must be confusion somewhere," she concluded.

By Zwelihle Sukati

Thirty-eight thousand locals and families of beneficiaries will be smiling all the way to the bank, cashing in an their claims for their share of the E5 billion compensation for ex-miners who contracted silicosis and tuberculosis while working in gold

Currently, over 7 000 nationals are registered as beneficiaries following a South African High Court ruling approving the historic E5 billion settlement for workers who contracted silicosis or pulmonary tuberculosis during or after their employment in gold mines from March 1965.

In an interview with Vama Jele, one of the miners' representatives, it transpired that the figures will rise from the currently registered 7 000 to 38 000 as

38 000 to cash-in on silicosis' E5bn

Jele said during negotiations they had to cover more ground in search of those affected persons but because of limited resources they could not be able to reach out to everyone.

Develop

Jele said silicosis was a complex disease, in that one might develop symptoms of having contracted silicosis after some time of having been exposed to

"It is for that reason that every two years one who has been working in the mines has to go for medical tests for mine-related illnesses," he said.

However, he said ex-miners with dual citizenship would face some difficul-

others could not be reached between ties in filing claims. This is the case The legal process involving gold minwas no procedure in place in making reports in both countries.

There are categories under which calculations will be determined for beneficiaries and Jele made it clear that class one, two and three registered recipients will have it easy to get their claims processed, while the cluster of beneficiaries falling under the group four category was too complex to assume as to how many will benefit.

The same applies for those miners who contracted tuberculosis in the mines, as he said it was difficult at this point to make an assumption of estimate figures in ascertaining how many will ben-

where a worker had died because there ers affected by lung diseases has stretched over several years and has been described as one of the "most complex multiparty class action settlements ever concluded," by parties.

The agreement was on behalf of thousands of mineworkers and their dependents. The six mining companies paying out the collective E5 billion formed the Occupational Lung Disease (OLD) Working Group, which represented African Rainbow Minerals, Anglo American SA, AngloGold Ashanti, Gold Fields, Harmony and Sibanye

The mining companies admitted that in the past they failed to take necessary precautions to protect their employees from the silica dust that rises from the

Miners and the dependants of deceased miners were represented by various lawyers who joined forces with mining groups in a bid to get the court to approve the settlement.

Companies

Since the discovery of minerals in South Africa in the 1860s, Eswatini has been a labour-exporting partner for South African mining companies with most miners coming from the Lubombo

"Money is to be assured that it reaches beneficiaries and it will be released as soon as possible," Jele said. "Even those who have died are entitled to their share of compensation and monies to be extended to family members if deceased persons fall within the classified period."

15

VICTOR SHABANGU ACCRUING E20 000 BILL IN MORGUE

By Bodwa Mbingo

he continuous court battle over the burial rights of the late Victor Shabangu's corpse by his remaining family members will cost the family an arm and a leg.

That is because Shabangu's corpse continues to languish at a morgue in Manzini and by tomorrow, its storage costs will have accumulated a bill amounting to E14 350. This bill could still rise depending on when his matter will eventually be solved. It is expected to be settled by his family when the High Court eventually decides where he should finally be laid to rest and thus putting to an end the court battle that has taken nearly 14 months, to be precise 399 days.

This rekindles reminders of the case of Mzikayise Ntshangase, a Mkhwakhweni chief whose body wast-

ed away in the mortuary for five years before he was eventually buried following a Supreme Court ruling back in 2007. Shabangu, the former Swaziland National Sports Council (now Sports and Recreation) and SOCGA CEO collapsed and died at the Nazarene Total Filling Station in Manzini on a Saturday afternoon of June 16, 2018 while he was fixing his car tyre.

His body has remained at the morgue ever since as a court battle over his burial was then to ensue between his mother, Joyce Nsibandze, and father, Pitoli Shabangu.

Investigation

An independent investigation by the *Observer on Saturday* confirmed that Shabangu's bill at Dups Funeral Home has now reached E19 950 as the Palour charges E50 per day.

According to information obtained at Dups, storage for the first 14 days is



STILL IN THE MORGUE: The late Victor Shabangu.

free of charge and thereafter, it costs E50 a day. Nsibandze in an interview with this publication recently said as a family they were worried that the bill

continues to rise while her son remains at the morge. "We fear that the bill is increasing as we speak. I just wish the matter was over so that my son can be allowed to rest in peace. We have tried all means to bring the matter to an end, but it has yet to reach its finality," she stated.

Appeal

The turn of events is such that Nsibandze filed an appeal application after the High Court had ordered that the deceased's father Pitoli should bury him at Moneni.

Therefore, the late former sports administrator's body remains kept at the Dups Funeral Home while the battle for his corpse rages on. Meanwhile, according to eyewitnesses at the garage, Shabangu, who was 48, arrived in his vehicle and parked it near the petrol pumps, where he allegedly requested a petrol attendant to assist him sort out the tyre, which had been giving him

issues on the day.

While near the pumps, Shabangu is alleged to have complained of chest pains. It was then that he reportedly collapsed in full view of other members of the public and employees at the garage. Shabangu was immediately attended to by the people who were present, mostly fuel attendants. However, it was suspected that he had already died. All efforts to revive him allegedly failed and he was taken to the nearby Raleigh Fitkin Memorial (RFM) Hospital, where he was pronounced dead shortly after his arrival.

It, however, appears like there will be no resting in peace any time soon for Shabangu as his burial Court battle was last week postponed for the next four months. The matter had been brought before Judge John Magagula and it transpired that one of the lawyers could not proceed since she is indisposed. The matter has now been postponed to November 13 since the Court no longer has dates in its diary this session which is expected to close soon. The last time the matter was before Judge Magagula, he had stated that the court is now functus officio (can no longer hear the matter) as he handed down judgment and ruled that the deceased be buried at Moneni.

Mpumalanga poisoning causes scare of emafohlofohlo

Stories by Mhlonishwa Hlophe

ow safe is the food consumed by our children at schools? The poisoning of two schoolchildren who took allegedly contaminated popcorn in nearby South Africa has sparked fears among parents regarding the safety of various corn chips, emafohlofohlo.

Parents took to social media wondering what would happen in the event the large stocks of chips distributed by mainly Asian shop-owners were to be laced with poison because they appear to be a favourite for all school going aged children. The main concern is the lack of standards and monitoring by health officials on the imports of these junk foodstuffs that are sold to young generations.

A couple of weeks ago this publication published that teachers and vendors at Manzini Central High school were at each other's throat over customers, who happen to be the pupils. While the competition is for a wide variety of snacks, the most dominant is the *emafohlofohlo* instead of the healthy fruits. The case of Manzini Central is not an isolated one as virtually all schools allow vendors outside and within their fences to sell mainly *emafohlofohlo* which are low



EMAFOHLOFOHLO: Chips wrapped in plastic bags known as bo-boshiwe. (Pic: Mhlonishwa Hlophe)

in nutrition and the trade also destroys the environment in that mounds of plastic and foil wrapping pollution is left behind every day. At Central, however, the vendors claimed to have taken it up themselves to collect litter after every sale.

Junk food

It was gathered that the vendors sold snacks in the form of cookies or vetkoeks, fruits, sweets and chips wrapped with plastic bags called *bo-boshiwe*.

The head teacher of the school admitted that they confiscated junk food from the children and threw it in garbage bins. She said reason being that they discourage the children from eating junk, also to avoid littering in the school. "This is part of the rules and regulations of the school, the children are aware of them. However, I must say that I am not aware that some of my teachers are also selling junk to the children. I would definitely investigate that one, and should I find the culprits heads will roll," she was quoted saying.

In the same vein the head teacher stated that the children were only allowed to buy fruits from the ven-

For WHO Food Safety everyone's business

he United Nations instigated the first World Food Safety Day. It was launched on the 7th of June 2019, with the theme "Food Safety, Everyone's Business".

According to the WHO report, the concept is to raise global attention to the dangers and the solutions that individuals, producers and governments must make to protect the quality of food we consume.

According to Dr. Matshidiso Moeti, World Health Organisation (WHO) Regional Director for Africa, "Food borne diseases are completely preventable." All players along the food chain, she stresses, "have a role in making food safe, beginning with producers and processors and moving to distributors, food safety regulators, retailers and eventually servers and consumers."

Contaminated

The report demonstrates that contaminated food not only affects human health, it taints food security, economic prosperity, agriculture vitality, market access, tourism and sustainable development. It says infants, young children; pregnant women, older persons and individuals with a weakened immune system (such as HIV infection, liver disease or who are on cancer treatment) are particularly vulnerable.

dors not junk. She said there was an incident where one of their children fell sick and she was admitted to hospital, and it was gathered that her sickness was caused by eating too much junk. She said parents were aware of how the school took the position to control or ban the purchase of junk by learners. A couple of days ago a South African Newspaper (The Star) reported about two Mpumalanga primary school pupils who died after eating poisoned popcorn. Another 10 pupils were reportedly fighting for their lives

in hospital after eating the poisoned

According to information carried by News24, a sister to the deceased said her sister first complained of stomach ache and headache when she returned home from school. "Later foam reportedly came out of her mouth and she vomited blue popcorn and black dots and was declared dead in hospital," she said. The other pupil is reported to have just collapsed outside the school and was taken to a nearby clinic where he died.

We'll ban bo-boshiwe, warns Environment Authority

lastics used to package chips known as *bo-boshiwe* could soon be banned.

Environmental Authority Acting Executive Director Geina Dladla says they are having a problem with the plastics littered at schools. He said their efforts to keep the country clean are being derailed by the people who litter the plastics especially the ones used for the chips.

Mostly, the chips are sold to preschool and primary pupils, however, you are also likely find adults feasting on the chips. The major disadvantage by the consumers of the chips is that they then litter everywhere.

Dladla said before, they used to work closely with organisations such as Yonge Nawe at schools. He said they helped in making sure that the environment was well taken care of. He said it is a bit difficult for them now as they have limited resources to reach out to all the schools in the country.

"We would like to urge the Ministry of Education to play a part in helping us keep schools clean. We have a problem with the chips famously known as *bo-boshiwe*, and ice blocks. Maybe with the ice blocks we can come up with a plan of using bottles instead of plastics. In that way we would avoid killing the business of people depending on selling ice-block for a living at the same time avoid littering," he said.

He said they are currently debating to either ban the plastics or levy them. Either way, they would be minimising the plastics. He stated that it seems like they would go for the idea of banning the plastics altogether. He said all will depend once the law has been tabled in parliament.

...Ministry of Health responds

dmund Dlamini assistant Chief Environmental Health Officer had this to say; "we always advise children against eating food massed with unhealthy colourant.

We have been preaching this verse for years, reason being that this type of food with colours like the chips is made of a mixture of chemicals and you never know what causes the sicknesses to children after had eaten

them". He stated that they have a health school team which visits the schools in all the regions. The team comprises of a dentist, nurse, environment health officer, and they cover all the regions. When asked how they evaluate their work at the school, he said "that's where we have a grey area when it comes to evaluation. We don't have a monitoring and evaluation tool in place, to evaluate our work.

Cold Chain Summit

Cold Chain Summit Eswatini.



WE ARE READY, OUR SPONSORS ARE READY - NAMBOARD

ver 15 companies will exhibit their products and services in the 40 stalls available during the Cold Chain Summit. This was confirmed by NAMBoard CEO Siphephiso Dlamini during a sponsorships handover at NAMBoard offices this week.

He said more companies had shown interest in the summit to be held at the Mavuso Trade and Exhibition Center on August 7-8.

These companies include the Swazi Observer, EBIS, Tibiyo TakaNgwane, ESWADE and PrintPak.

"We are happy to share with you that our programme for the summit is ready and that our speakers and exhibitors have confirmed their participation. We were at the Fresh Connections Summit in Cape Town this week with our main sponsors and they are excited to be coming in this week to share their knowledge with us.

"We look forward to receiving insight from industry giants who have been travelling this journey with us," he said.

Dlamini highlighted that one of the main components of the NAMBoard mandate was market facilitation for both local and export sales.

"In case of local sales we are looking for production growth in the different parts of the country as well as reduction of spoilage resulting from exposure to harsh weather conditions and



inadequacy of cold storage facilities.

"We believe that the summit will contribute greatly towards increasing education and investment in cold chain technology by all players involved in the fresh produce market as we grow this industry," he added.

He also mentioned that they want to see local produce with a longer shelf-life than was the case before, further stating that in the case of exports, they were looking for a robust growth in terms of volume and diversification of prod-

SPONSORS

Swazi Observer Tibiyo TakaNgwane

EBIS ESWADE

PrintPak Limkokwing

Nothando Mhlanga

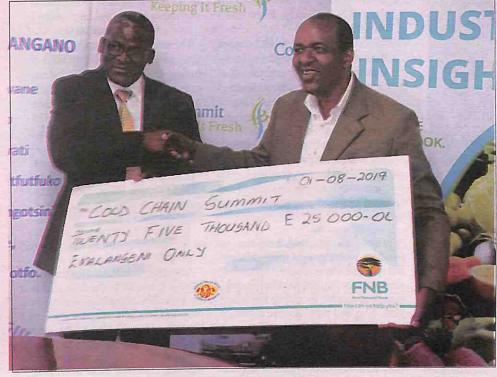
Advertising package before, during and after the summit

Free airtime for adverts in both English and Siswati channels

To print all literature on Cold-Chain Summit free of charge

Free video shooting

Four carry packs of Aquelle drinks











REVEALS: Deputy National Commissioner Mandla Mdluli represented the acting national commissioner.



MARCH: The march that preceded the campaign.

POLICE UP ANTE IN

n a bid to enhance pro-active traffic policing and strengthen road safety, the Police Service has introduced accident prevention officers at station level.

This was revealed by Deputy National Commissioner Mandla Mdluli, who was representing the acting national commissioner during an Accident Prevention Campaign held at Mliba last Saturday. Speaking when unveiling the accident prevention officers, Mdluli revealed that these officers have been capacitated on effective proactive accident prevention strategies that can be employed to reduce fatal road accidents in the country.

The director general traffic policing and transport management revealed that the concept of decentralising accident prevention officers is to ensure that traffic policing strategies are relevant to that particular locality since road safety challenges vary from one area to the next. He stated that by virtue of relevance, information relayed by someone the public can relate to tends to be much more effective than a person who is a complete stranger.

Mdluli stated that their task will include sensitising and educating members of the public on road safety practices to ensure that road users conduct themselves in the safest possible manner, thus curbing accidents. He stressed that creating awareness on road safety issues is very crucial because police cannot be everywhere to always enforce compliance.

The deputy national commissioner noted that raising awareness to protect and empower the citizens is in conformity with the Kingdom of Eswatini's Strategic Roadmap 2019-2022 which outlines the reduction of homicides and road fatalities as



YES: A traffic officer leads the Sibhaca team in song.

main performance indicators for the Police Service. He noted that if people are empowered, they can always practice road safety and in the process contribute to the country's develop-

Collective

He revealed that it is a collective responsibility of the road safety alliance, stakeholders and communities to ensure that the road safety gospel is spread like wildfire in order to enhance the country's economic

Mdluli stated that it is the responsibility of all law abiding citizens to safeguard livelihood and ensure the safety of children who are the country's future resource and a vital component for socio-economic development. To this end, he urged the public to raise levels of parenting and avoid sending young children to places across public roads without supervision since they fail to establish the safest moment to cross the road. He further urged parents to send a strong warning to their children regarding the habit of pulling sugar cane from moving trucks.

The deputy national commissioner revealed that since the beginning of the year nine (9) people have died in accidents which occurred along the road between Luve and Madlangempisi alone. He noted that contributing factors include, stray animals on the roads, irresponsible drinking and overloading. He stated that these accidents impact negatively on the country's development and economic growth.

Speaking during the campaign, Mkhiweni Member of Parliament Michael Ndleleni Masuku stated that the accident campaign follows concerns over a rising number of fatal accidents along the Mafutseni-



ATTENTIVE: The station's Accident Prevention officers.

How unemployment, poverty can lead to suicide

overty is a social disposition which affects the ability to meet basic needs such as food, clothing and shelter, whereas unemployment is a term used to refer to individuals who do not have jobs.

Unemployment and poverty are usually associated with stress and can cause psychological and emotional distress which may lead to suicidal thoughts. It is very stressful for an adult to be without employment as it may cause feelings of being unwanted. This leads to greater questions that cause uncertainty of one's existence. Such feelings put these individuals at a higher risk of thinking that the best way is to end their lives. People who suffer through poverty and unemployment often lack interest in things, are depressed, have a sense of hopelessness as well as a fear of what the future holds. Such overwhelming feelings may lead

Madlangempisi route. He stated that the purpose was to identify contributing factors in the occurrence of these accidents and to formulate prevention strategies. He strongly warned motorists to refrain from signalling other road users if there is a police roadblock, as this compromises road safety measures. MVA Fund's Dumisa Dlamini revealed that in strengthening

Stress caused by unemployment and poverty can be fatal, please do not hesitate to contact these professionals for help:

- Hhohho 766 2070
- Matsapha 7631 0296
- Shiselweni 7833 3895
- Lubombo 7611 5577 Ngonini - 7648 6079
- NATICC 7680 8561
- IMERSE 7645 0873

to suicide ideation especially from people who are not strong enough to cope.

As an adult, society has set standards and expectations of which failure to live up to because of poverty or unemployment may lead to name calling. This means that when one is unable to meet these standards they lose their sense of belonging and feel that everyone is judging them, hence the only way out is committing suicide.

issues of road safety in the country, the police service are trusted partners. He encouraged members of the public to report every accident to the nearest police station since MVA does not compensate any claims without a police report. He stressed that people eligible for compensation are those whose injuries are a result of another road user's negligence.

CONVICTS CAN'T PAY E3.2M FINES, JAILEI

Stories By Mhlonishwa Hlophe

The amount of fines owed by inmates to the State is E3 209 300.

It is worth mentioning, however, that the cost of keeping these offenders in custody far exceeds that of the fines. The Correctional facilities house 3 600 offenders, including the Mawelawela Correctional facility.

During an interview with His Majesty's Correctional Services Public Relations Officer Gugulethu Dlamini, she acknowledged that this was hitting hard on their coffers, as they had to cater for nutritional needs of about 3 600 offenders on a daily basis, which includes all three

Asked whether their many income generating projects mitigated the situation, she responded to the affirmative. However, she also established that they operate through a tight budget.

She said the agricultural sector had the potential to turn the wheel around "but under such perilous economic conditions, efforts in the agriculture section have been dealt a major blow as projected targets have not been met due to the shortage of funds to cater for all the requirements," she explained.

She elaborated that despite the fiscal challenges faced by the country, the Correctional Services had an essential

and catering for their diverse needs. She said offenders like other human beings were entitled to quality healthcare services, balanced meals, access to education, and body exercise, to mention a few amongst the litany of fundamental rights.

"We enrol inmates to various rehabilitation programmes so that they earn knowledge and skills for a legitimate livelihood.

This is done through education, training in various vocational programmes and attaching those with skills to productive processes such as the industries loring unit, amongst others," she said.

section, building and construction, crop and animal production, as well as tai-

Increasing number of female offenders worries HMCS The increasing number of female and better. She said a mother's care was

Services. As we speak, about 200 offenders are incarcerated at Mawelawela. HMCS PRO Gugulethu Dlamini said they were very worried about the increasing number of female offenders. She says this contributes negatively to society, as they have left their homes and children alone. She said even if they could hire

someone to take care of the children it

would not change the family setting for

offenders worries the Correctional, Tori unique in many ways. She also revealed that homes without mothers contributed to the increasing number of sicknesses and unplanned pregnancies, as fathers would be tempted to sleep around.

> "Often, their offences are economically motivated by poverty and the abuse of alcohol and related issues. Characteristically, women offenders are usually poor, unemployed and single mothers of young children," she said.

She explained that children who grew up without proper parenting or guidance were bound to suffer emotionally and eventually embark on anti-social behav-

However, she disclosed that while incarcerated, the women were empowered with vocational skills like fine art, hand-craft, tailoring and hairdressing. She said some of the products had been exhibited during the Eswatini International Trade Fair in the past years.

No more 'take home' pay on release

Dreviously, inmates were compensated for services they rendered while incarcerated at His Majesty's Correctional Services.

HMCS PRO agreed that inmates used to make 30 cents per day for services they rendered at the Correctional Services. She said one would find that some were engaged in certain projects while incarcer-

However, due to the fiscal challenges faced by the country, they no longer get that money.

"You find that some of the offend-

ers have certain qualifications, for example teaching. He would teach the inmates, especially those who couldn't write. He would then make 30 cents per day for his services. The money would help the offender in buying maybe fruit, tooth paste or face wash," she explained.

She also disclosed that some would choose not to claim the money whilst still serving sentence and only claimed it when leaving for home on release. She said in that case, they would find that some claimed around E60 or E200, depending on the sentence

Commissioner general pledges to work with communities

ommissioner General Phindile Dlamini says her main priority would be to work with communities to combat recidivism. Speaking through the department's PRO Gugulethu Dlamini, she said recidivism of offenders was one of their core challenges. She said policies that sought to address this challenge were being amended and they would use them in the community engagement exercises in order to achieve their goal of ending recidivism among former inmates, who had been rehabilitated in their facilities. Gugulethu stated that it was the commissioner general's wish to fight the difficulties faced by ex offenders when they returned to society after serving their sentence.

"It is a well-known fact that upon release from custody, offenders face a myriad of challenges when the time to fully reintegrate into society comes. This poses a challenge for the reintegration of offenders.

"However, one of the serious challenges that ex-offenders continue to face when they complete their sentences is rejection by their families and communities," she stated.

She pointed out that some sectors of society shut all doors to successful reintegration as they received former inmates with a cold shoulder despite that family and communities support was key to offender rehabilitation. She said they would engage experts from all sectors in fighting this scourge.

Asihlumisane Co-op brings back the smiles to warders

MCS officers are pleased with services rendered by their cooperative society so far.

During HMCS day last week, Assistant Commissioner Kenneth Nhlengetfwa who was the programme director, disclosed that through its savings scheme, HMCS amassed assets worth over E126.4 million. The department's savings scheme is known as Asihlumisane Savings and Credit Co-operative Society.

Nhlengetfwa also disclosed that the members had made savings to the value of E76.4 million to date.

Speaking on condition of anonymity, officers disclosed that the cooperative society had enabled them to do quite a number of business projects; some pursued their studies through loans from the scheme.

One officer said, "I am running a chicken project through a loan I acquired from the scheme. It is a matter of planning well, you have to make sure that you will be able to

pay the money back within the stipulated time," he said. He said there were certain procedures to follow for one to get a loan; he disclosed that they checked the pay-slip, to see if the member would be able to pay the money back without difficulty and also whether the member did not have too many

Another officer stated that as a member of Asihlumisane, he managed to pay for his studies, as he pursued a Degree in Health Sciences. "A majority of the officers here operate business apart from working. The scheme has helped us a lot. I would encourage other officers to join. The interest rate is much better when compared to the banks."

Public Relations Officer for HMCS Gugulethu Dlamini agreed that the scheme contributes immensely towards the development and welfare of the officers. She said a majority of their officers drive fancy cars and some have paid lobola through funds from the

'Removal of stigma led to restoration of Vulamasango image'

ulamasango School has over the years taken the onus to equip pupils, both in high school and primary, with a number of life skills through outreach programmes where pupils have the opportunity to discuss life-threatening issues such as drug and substance

Worth-mentioning is that the school has been excelling both academically and in extra-curricular activities like music, shedding off the stigma of being viewed as home for the lawless or young outlaws.

According to the Public Relations Officer for HMCS Gugulethu Dlamini they made sure that the children were not bottled at the school. She said at times the school

would receive invitations from other schools from across the four regions to share with them their past experiences through educational seminars that sought to find solutions of all the problems faced by the country's youth.

"Though teachers have a fundamental role to play in establishing an excellent learning climate, we also encouraged the pupils to play an active role and take responsibility for their own learning. Amongst the many ways, to add stimuli to such learning is through the incorporation of peer education," she explained.

She stated that the reason behind the formation of peer groups was to assist the young people in developing positive group norms and in making healthy decisions. She said they noted that in their groups, they open up about matters affecting them more than they do to their parents and teachers.

She further revealed that peer education helps develop successful and well-rounded pupils, as it provides them with opportunities to learn and grow from a larger range of viewpoints and life experiences.

"Through peer education, pupils create important opportunities for each other to develop social, emotional and academic skills. One of the most important measures of human development is education, hence society has the responsibility to ensure that what pupils learn in the classroom, develop the skills they need to succeed in life," she explained.

Taiwan donates to Eswatini Nazarene Health Institutions DONATION: Health

By Bongiwe Diamini

he Minister of Health Lizzy Nkosi wants tech-savvy health practitioners.

Nkosi said this during the official closing ceremony of phase one of the maternal and health-care improvement project and launch of a server room. The event was held at Raleigh Fitkin Memorial Hospital boardroom yesterday.

The project was funded jointly by Taiwan-ICDF and Chia-Ti Christian Hospital and was implemented by the Eswatini Government through Eswatini Nazarene Health Institutions (ENHI).

CUITCHLY TEGISTERED 7 000 to 50 000 to CREENIND

The project that began in July 2016 and is expected to be completed in three years focuses on RFM hospital and six Nazarene community health clinics.

Objectives of this project include the improvement of the accessibility of health care services to the people in the country, especially women and infants through capacity building and upgrading the functions of health care units.

The minister said this after she was informed of how the institution had technologically improved, courtesy of Taiwan ICDF partnership. Minister Nkosi and Taiwan Ambassador Jeremy H.S Liang were informed by RFM's Manager Justice Makuni that in the project, the hospital managed to set up a state-of-the-art server room with technology that would help make health practitioners' job easier. This is said to have also been installed in six remote clinics under the region and is now functional.

As part of this technological upgrade was that in the live online consultation doctors from either RFM or from its remote centres are now able to communicate live with each other or patients without having to go over. This was demonstrated when Minister Nkosi greeted a nurse from one of the six clinics through this technology.

Also, Makuni said the institution now has a digital dashboard system that can Minister Lizzy Nkosi and Taiwan Ambassador His Excellency Jeremy H.S Liang posing for a group photo with some executives of the pro-

be accessed at any time of the day and from any device that has access to internet so data in the system can be accessed in real time.

According to the IT specialist, the dashboard system is linked to the min-



istry of health's database.

Setting up an online maternal and infant monitoring and data management system to monitor and analyse the patient data for proper planning was part of the implementation plan for the project.

'SPINKS' IMMORTALISES SLAIN EX-UNISWA ANTI-APARTHEID FREEDOM FIGHTER

r. Lynette 'Spinks' Masuku, a lecturer at Sol Plaatje University in Kimberly, South Africa, on Thursday night facilitated the hosting of a public lecture by Thembi Simelane-Nkadimeng, who seeks justice 35 years later of her sister who was presumably killed by apartheid agents.

Nokuthula Simelane was a final year student at the then University of Swaziland (now University of Eswatini) when she disappeared on a liberation related mission to hostile South Africa but never returned. Ironically, Spinks was also a student around the same time at the University of Swaziland with the likes of renowned writer and women power activist Joy Ndwandwe.

Commitment The lecture marks Women's month,

which began on Thursday and Spinks was excited to announce that, "Sol Plaatje University and the community of Kimberley was honoured with the public lecture given by Thembi Simelane-Nkadimeng at the university Library. Thembi Simelane-Nkadimeng's persistent commitment to unveiling the truth in pursuit of justice for her sister, Nokuthula Simelane, is one of the biggest contributions to truth we have seen in this country by a woman. Particularly because the role and contribution made by women in South Africa's liberation struggle is understated. May the spirit of Nokuthula Simelane live on forever and ever and inspire our youth to pursue truth and justice forever."

Sol Plaatje has a bit of some connection with Eswatini in that around 1913



DISAPPEARED: Even in death Nokuthula Simelane is brutalised. A statue of her in Bethal has been vandalised. (Pic: Troy Enekvist)

while forming part of a delegation to London that had gone for land talks, Sol was later to be given a 'lift' by the Eswatini delegation to return home after the London trip was a total flop. Plaatje had been commissioned by the industrious Pixley ka Isaka Seme who, in the present day, has a family in Ludzeludze on the other side of the river from UNESWA on the way to Mbekelweni. Seme and Plaatjie were some of the founding members of the African National Congress, South Africa's ruling party. Eswatini's King Sobhuza II is also among the founders of the giant organisation south of the equator.

In 1985, after two years of tireously searching for her or her remains, her family approached the media in search of their daughter. The family sent her pictures to newspapers and she was identified by a policeman who kept guard of Nokuthula at Vlakplaas Police Station. The policeman pointed out that the last time he saw Simelane, she was in a poor state as she had been brutally assaulted and as a result she became ill.

Investigated

Her 'missing case' was re-opened under the Investigating Officer, Neville Toms. The case was investigated exhaustively; however, nothing came out of the case as Nokuthula's remains were not found.

After the fall of Apartheid, the Truth and Reconciliation Commission (TRC) was instituted as a way of bridging the divide between the oppressive National Party race and the democratic South Africa. The Simelane family filed her

case with the TRC in the hope of resolving her case. Five white men applied for amnesty relating to Nokuthula's abduction, torture and disappearance, Wellem Hellem Johannes Coetzee, Anton Pretorius, Mong, Williams and Ross. In the TRC a former commander of the Soweto Intelligence Unit (SIU), Wellem 'Timol' Coetzee, the man responsible for the disappearance and death of Nokuthula, stated that Nokuthula was alive when he last saw her, the unit had turned her into a spy and redeployed her back to Swaziland. This is according to records on South Africa History Online.

The records say Coetzee's argument was countered by his colleague, Veyi, who confessed that she was tortured and brutally murdered and was buried around the Rustenburg area.

The TRC ruled against Coetzee's amnesty with regards to torture but was granted amnesty for Nokuthula's abduction. The TRC further awarded amnesty to the other four men (Pretorius, Mong, Williams and Ross) for torturing her. Thus far, no one has come forth and taken responsibility for her disappearance, neither the ANC nor former apartheid security forces.

It is further recorded that since her death, Nokuthula Simelane's life has been memorialised in various forms. On November 28, 2009, a life-size statue of Nokuthula was erected and unveiled in Bethal by the Mpumalanga Government to honour her legacy and contribution towards the liberation struggle. The memorial also includes a plaque inscribed with a poem produced by her family. The statue memorialising Simelane has, however, been subject to not only van-

dalism but also theft. In 2006, 'Betrayal' a documentary film on the life and disappearance of Simelane, was released and broadcast on television.

Directed by Mark Kaplan, the film gives an account of Simelane's family's grief, their pursuit of her whereabouts and the truth about her abduction, torture and death.

To varying degrees, the film not only provides a biographical account of Nokuthula Simelane, but also of the various role-players in her life and death. Simelane has also been honoured in a painting called 'Ode to Nokuthula' by Christa Myburgh. The painting depicts her in a white dress and footware in her hands. Futhernore, in January 2019, the African National Congress Women's League Young Women's Desk (ANCWL YWD) launched the Nokuthula Simelane brigade, a volunteer brigade for the then upcoming general elections.

Just before her graduation, Simelane 'disappeared' in 1983 while on an ANC mission to South Africa from Swaziland. She travelled to South Africa under the pretext of going to buy her graduation attire at that time.

She was called to a meeting on September 10, 1983, arranged in the underground parking of the Carlton Centre in Central Johannesburg. She was to meet an undercover Special Branch police officer, whose real name was Norman Khoza but commonly known as 'Scotch'. By this time, Scotch had infiltrated MK and was sent on a mission to kidnap Nokuthula.

Simelane was arrested and transported to Norwood, where she was tortured and forced to reveal the nature of her relationship with the ANC, including the work she was doing for the ANC and key figures of ANC operatives in Swaziland.

She was later moved to a farm believed to be in Vlakplaas in the Northern district of the North West Province where she was tortured by numerous police operatives until she died.

Govt builds inroads towards tinkhulisa education

Stories by Mhlonishwa Hlophe

overnment has taken to another level Early Childhood Care Development and Education (ECCDE), popularly known as pre-school education, which caters for children from the ages of 0-6 years. ECCDE is a very vital and essential stage of one's development. During this phase, the foundation for one's educational path and his/her entire life is

This was said by Senior Inspector for ECCDE in the Ministry of Education and Training, Gwen Simelane. She acknowledges efforts government made in improving ECCDE in Eswatini. According to Simelane, the efforts include decentralisation of ECCDE in Regional Educational Offices, establishment of the training of ECCDE teachers at Ngwane Teachers College in 2013. development of the Grade 0 syllabus, and the introduction of Grade 0 in 80 primary schools, mainly in the rural areas. She stated that the regions. "Other institutions that train ECCDE different developmental milestones.

teachers include Southern Africa Nazarene University (SANU), Workers College, Free Evangelical Assemblies (FEA) and Likusasa Training Centre and more," she stated.

Remarkably, Simelane said, by enrolling at these institutions and acquiring their diplomas the teachers acquired the right skills of teaching young children

Confused

"What has to be noted is that pre-school children learn differently from the other children and this is very important for the public to understand. If a teacher uses a wrong approach to teach these young children, they become confused and thus a weak foundation for later learning and life will be laid. Moreso, if a wrong approach is used, the children lose interest with school and even start hating it and each time when going to school, they always have complaints," she explained.

She further revealed that training was vital at this level because the teachers even learned to Grade 0 was fairly distributed in all the four understand the development of children and the and more," she revealed.

"We are realising the important role that ECCDE plays in the development of an individual.

We have learned that when a child receives loving care, right from the very beginning of life, he or she will more likely be successful at home, school, and the community at large," she said. Elaborating, she said they were aware that some people might still be in the dark about ECCDE and its role in society.

She said the ministry of education was doing everything in its power to advocate for this concept.

"Noteworthy is that the development of a child is not only the responsibility of the parent, but also of the community and the nation. It is in that reason that there is collaboration of different stakeholders in the bringing up of children.

Development of children is a multi-dimensional effort of government, non-governmental organisations, supporting partners such as the UN family and EU, family, communities

ECCDE Diploma regulated by UNESWA

rincipal at Ngwane Teacher's Training College Dr Amos Mahlalela says the diploma programme offered by his college was regulated by the University of Eswatini.

"UNESWA regulated and accredited the programme. Certificates are also issued by the University of Eswatini. The university prepares the examination and also monitors the marking of the exams," he said. He was responding to questions on how his college introduced the programme in the first place. He said they worked closely with the University of Eswatini in putting together the whole project. He said the university monitors the progress of the programme. Hence, it is involved in the preparations of the examination and even the marking.

The ministry of education's quarterly report for the month of April to June revealed that Ngwane Teachers Training College's admission processes for ECCDE Diploma programme began in January and completed in May 2019, had 400 applicants and only 40 were admitted This is attributed to shortage of accommodation and scholarships.

Current state of Tinkhulisa in Eswatini

Then briefly asked to give the current state of ECCDE in the country, Gwen Simelane narrated that in the past, pre-school education took place within the context of the extended family. She said though there were no formal records about pre-school education before 1970, but it was believed that there

were pre-schools in existence in the 1940's, "Pre-schools began as a way of providing relief for parents so that they could participate in community work," she explained. She recounted that the term Early Childhood Care Development and Education (ECCDE) was used interchangeably with other terms such as Early Childhood Care and Development (ECCD), Early Childhood and Development (ECD) and Early Childhood and Education (ECE). However, Eswatini opted for ECCDE because of the importance of proper care to the holistic development and learning of a child. When asked if they still recognize the role played by Kagogo centres in the country she

said; "Fortunately we have four ECCDE centres in the country, and can be distinguished into four categories, namely: community (non-profit making), day care centres, private, faith based centres and NCP's models.

Through these interventions Eswatini hopes to address the multiple needs of children," she stated. "Our country is currently in the process of developing new policies and closely monitoring the implementation of its existing

ECCDE policies. This has been motivated by a concern that most preschools are privately owned and there is a danger of them charging exorbitant fees which most children who are from poor backgrounds cannot afford," she said. Concluding, she said as a nation people should strive to create a happy and comfortable environment and ensure that children received the best care and education for the country to attain its first world status by 2022



HMCS OFFICERS PLEDGE SUPPORT TO COMGEN

orrectional Services Executive Command, Officers in Charge, Heads of Sections and the entire staff has pledged their total support and most sincere congratulations upon the assumption of new responsibilities to newly appointed Commissioner General LaMakhosini Phindile Dlamini by His Majesty King Mswati

The officers wished the Commissioner General a successful tenure of office as she is the first female to have been chosen by Their Majesties to lead the department and they believed that under her great leadership, wisdom and guidance, the department will stride to much greater heights and achievements.

The officers are also looking forward to productive cooperation with all the stakeholders.

The Commissioner General expressed her appreciation to Their Majesties for the important role which they have played and continue to play in ensuring that all sectors of society are part of the development agenda as the entire nation is geared towards being a First World country in 2022.

LaMakhosini we Nkhungiwini, one of the many women who have been entrusted with such leadership responsibilities not only by her community by virtue of being a mother but also by the highest authorities in the kingdom, royalty has affirmed her commitment and devotion towards the department's growth.

However, in today's issue will be bringing the congratulatory messages and encouragement words for the newly ComGen.

DEPUTY COMMISSIONER GENERAL CYRIL MASEKO

"We are really grateful for the appointment of the Commissioner General.

She is one woman who has shown courage and commitment towards the department's growth over the years.

Their Majesties saw it befitting that she can take the department to greater heights because of her capac-

ity and capability. She really deserves the position and we promise to be fully behind her during her tenure."

DEPUTY COMMISSIONER GENERAL MANCOBA NKAMBULE

"Bayethe Wena Waphakathi!!! There couldn't have been any better appointee than the very well deserving old horse that the Commissioner_

General is, and I wish
to applaud His
Majesty's unprecedented appointment of a female
Commi-ssioner
General. She has
been a true embodiment of discipline,
respect and hard work in

line with the core values of HMCS.

I look forward to working with and support her towards an even better department countrywide."

MANZINI REGIONAL COMMISSIONER – NORMA DLAMINI

"I believe that women are born leaders and are naturally poised for suc-

cess. Despite the fact that this is a much male dominated environment, we are sure that under her great leadership, wisdom and guidance HMCS will strive to greater heights and achieve-

ments. Women must leverage on their natural leadership qualities to develop their careers and take up leadership roles in corporate, business and in politics."

Bayethe Wena Waphakathi!!

DIRECTOR CORRECTIONAL INDUSTRIES – ZODWA MASEKO

"Oh, I don't even know where to start, while women are generally underrepresented and

underrepresented and have inadequate opportunities in social participation.

His Majesty saw it fit to appoint the first ever female commissioner general.

This means he trusts

women in leadership. We are really appreciative of the appointment and pledge our support towards her management. *Bayethe!!!*" ical and decision-making spheres."

O/C MBABANE CORRECTIONAL CENTRE -DUMSANI DLAMINI

"As the His Majesty's Correctional Services family, Sekhuta Li Bayethe wena Waphakathi!!!.
We are very proud to be the first security force to have

to be the first security force to have a female frontrunner. The day of July 26, 2019, was a historic day for the department thus we are appresistive of the King's

decision who saw it fit to put to the helm a women entrusted to take the department to greater heights.

O/C MAWELAWELA CORRECTIONAL CENTRE -MESHACK SIMELANE

"Bayethe!!! As a department we are delighted about our Commissioner General- In-Chief for standing His ground in advocating His words on gender equality.

Such decisions demonstrate the Kings' belief towards women governance hence the reason today we are the first security force to be led by a strong woman. We will firmly support her while mobilising our subordinates to do so too."

O/C REMAND CENTRE -KENNETH DLAMINI

"First and foremost may I express gratitude His Majesty's for his selection, Bayethe!!! This really is confirmation to the King's advocacy of gender equality in the work place hence

giving women

and men equal

opportunities to

contribute to socia

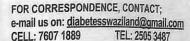
development in polit-

DIRECTOR ADMINISTRATION AND HUMAN RESOURCE MANAGEMENT -JABULANI KUNENE

"Eswatini has taken great strides in the right direction to close the gaps that arise from matters related to gender equality and or equi-

While there may be several examples from community projects, the country has witnessed improvements in gender diversity among top executives and in the country's boardrooms hence we are very proud to have a female as the department's leader, *Bayethe Wena Waphakathi!*







f you have diabetes, you're at increased risk of various bone and joint disorders. Certain factors, such as nerve damage (diabetic neuropathy), arterial disease and obesity, may contribute to these problems — but often the cause isn't clear.

Learn more about various bone and joint disorders, including symptoms and treatment options.

Charcot joint

What is it?

Charcot (shahr-KOH) joint, also called neuropathic arthropathy, occurs when a joint deteriorates because of nerve damage — a common complication of diabetes. Charcot joint primarily affects the feet.

Charcot foot, also known as Charcot arthropathy and Charcot joint, is the name for a condition which causes the foot to swell and, in progressed cases, deform.

Symptoms of Charcot foot include:

- Swelling or redness of joints in the foot
- Affected foot being warmer than the non-affected foot
- Pain in the affected area will be noticed Charcot foot can affect any of the weight bearing joints in the foot including the ankle.

You might have numbness and tingling or loss of sensation in the affected joints. They may become warm, red and swollen and become unstable or deformed. The involved joint may not be very painful despite its appearance.

Charcot joint can be treated but the treatment takes time, up to several months, typically involving casting the foot and taking weight off it.

How is it treated?

If detected early, progression of the disease can be slowed. Limiting weight-bearing activities and use of orthotic supports to the affected joint and surrounding structures can help.

Diabetic hand syndrome

What is it?

Diabetic hand syndrome, also called diabetic cheiroarthropathy, is a disorder in which the skin on the hands becomes waxy and thickened. Eventually finger movement is limited. What causes diabetic hand syndrome isn't known. It's most common in people who've had diabetes for a long time.

What are the symptoms?

You may be unable to fully extend your fingers or press your palms together flat.

How is it treated?

Better management of blood glucose levels and physical therapy can slow the progress of this condition, but the limited mobility may not be reversible.

Osteoporosis

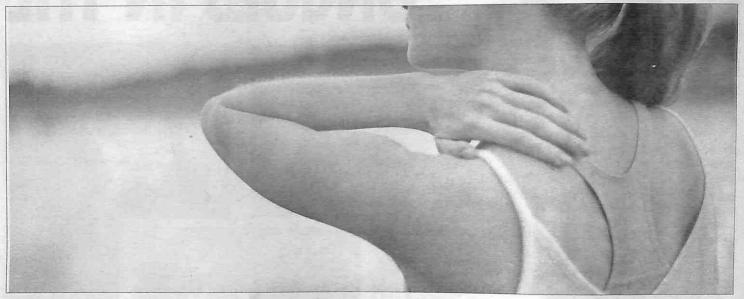
What is it?

Osteoporosis is a disorder that causes bones to become weak and prone to fracture. People who have type 1 diabetes have an increased risk of osteoporosis.

Osteoporosis, meaning porous bones, is a condition which causes bones to weaken. Areas which tend to be affected are the spine, wrist and hips. Symptoms develop slowly and can be hard to notice until an event causes a bone to break or fracture, termed as a 'fragility fracture'.

Treatment may include extra Vitamin D and/or calcium in your diet and exercises to build up strength in the bones are often prescribed.

Bones and joint problem associated with diabetes



What are the symptoms?

Osteoporosis rarely causes symptoms in the early stages. Eventually, when the disease is more advanced, you may experience loss of height, stooped posture or bone fractures.

How is it treated?

A healthy lifestyle, including weight-bearing exercise, such as walking, and eating a balanced diet rich in calcium and Vitamin D — including supplements if needed — are the best ways to address this condition. In some patients with more severe or advanced disease, medications to prevent further bone loss or increase bone mass may be needed.

Osteoarthritis

What is it?

Osteoarthritis is a joint disorder characterised by the breakdown of joint cartilage. It may affect any joint in your body. People who have type 2 diabetes have an increased risk of osteoarthritis, likely due to obesity — a risk factor for type 2 diabetes — rather than to the diabetes itself.

Osteoarthritis includes inflammation of the tissues in the joints and damage to cartilage.

People who are overweight put extra strain on their joints and can increase the risk of osteoarthritis as well as making the condition more pronounced.

What are the symptoms?

Symptoms include:

- Pain
- Stiffness
- A grating sound or a limited range of mobility in the joints.

Osteoarthritis becomes more likely in old age, with 50 years old the age at which the condition starts to become more common.

Osteoarthritis may cause joint pain, swelling and stiffness, as well as loss of joint flexibility or movement.

How is it treated?

Treatments for osteoarthritis mainly incorporate lifestyle changes such as:

- Exercise and losing weight
- Medication to treat the pain symptoms, such as paracetamol and codeine.
- Other treatment options include physiotherapy, occupational therapy and, in a smaller number of cases, surgery.

Treatment involves exercising and maintaining a healthy weight, caring for and resting the affected joint, physical therapy, medications for pain, and surgery such as knee or hip replacement (joint arthroplasty). Complementary treatments — such as acupuncture and massage — also may be helpful for managing pain.

DISH (Diffuse Idiopathic Skeletal Hyperostosis)

What is it?

Diffuse idiopathic skeletal hyperostosis (DISH), also called Forestier disease, is a hardening of tendons and ligaments that commonly affects the spine. DISH may be associated with type 2 diabetes, perhaps due to insulin or insulin-like growth factors that promote new bone growth.

What are the symptoms?

You may experience pain, stiffness or decreased range of motion in any affected part of your body. If DISH affects your spine, you may experience stiffness in your back or neck.

How is it treated?

Treatment involves managing symptoms, usually with pain relievers (Tylenol, others), and in rare cases may require surgery to remove bone that has grown due to the condition.

Dupuytren's contracture

What is it?

Dupuytren's contracture is a deformity in which one or more fingers are bent toward the palm. It's

caused by thickening and scarring of connective tissue in the palm of the hand and in the fingers. Dupuytren's contracture is common in people who've had diabetes for a long time, perhaps due to the metabolic changes related to diabetes.

What are the symptoms?

You may notice thickening of the skin on the palm of your hand. Eventually, you may not be able to fully straighten one or more fingers.

How is it treated?

If you have pain, a steroid injection may help by reducing inflammation. Surgery, collagenase enzyme injection and a minimally invasive technique called aponeurotomy to break apart the thick tissue are other options if the condition prevents you from being able to grasp objects.

Frozen shoulder

What is it?

Frozen shoulder is a condition characterised by shoulder pain and limited range of motion. It typically affects only one shoulder. Although the cause is often unknown, diabetes is a common risk factor.

What are the symptoms?

Frozen shoulder causes pain or tenderness with shoulder movement, stiffness of the joint, and decreased range of motion.

How is it treated?

If started early, aggressive physical therapy can help preserve movement and range of motion in the joint

Joint pain can develop as a result of diabetes Diabetes affects both the nerves and circulation

Diabetes affects both the nerves and circulation which can result in joint pain and disorders developing in a number of areas of the body.

In terms of the complications of diabetes, joint disorders tend to get mentioned less than the likes of retinopathy and kidney disease but some of the conditions can be serious.

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ZODWA WABANTU X BABES WODUMO

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PAGES 4,5

BE READY FOR QUEENS OF ENTERTAINMENT

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WITH NOKWANDA SIBANDZE

ello August! Welcome to the month of August and as we enter this brand new month, your favourite entertainment section wishes you nothing but the best.

So, let's get into it. This week we talk about more fun things. On Try the Trend, we suggest you try wearing printed hoodies. Hoodies are never out of fashion, they are also suitable for both summer and winter.

If you get a printed hoodie, you will definitely look stylish. Because August is two months before summer, we help you gear up for the sunny season. I always like to brighten things up in my life as a way of welcoming the season's change. Depending on your preferences, this is a fun thing to do for all seasons. Summer is an especially fun one because it you get to be bold with colour. Read about a few things I do every year to welcome in the summer season.

On Young and Upcoming we have Mandisa Kunene known to his friends as Smacky; his art, dance. For this young man, dancing is an experience that he happened to witness at a very tender age and as he grew up, he fell in love with it and it became more than a hobby, a passion.

He said even though he fell in love with dancing, choosing a career that he would partake in for the rest of his life was a bit tricky for him since he is into both talent and corporate related activities.

On page 4-5, we discuss Babes Wodumo and Zodwa Wabantu. The two ladies are in the country today at the Baceth Hardware Music Festival. We figured before you go watch them, you might need to know them a little better.

The two ladies have made a name for themselves in the entertainment industry. Zodwa Wabantu, whose real name is Zodwa Rebecca Libram, is a controversial South African socialite, and dancer.

She became popular for her dance moves at Durban's Eyadini Lounge and has since climbed the entertainment ladder. Babes Wodumo on the other hand is famous for

her song 'Wololo'. Her stage name means "the famous Babes," and she says when she was born, there was a group called The Babes and she had eyes like one of its members, which her father always referred to and said "Lo uw'Babes' (this one is Babes)." The 'Wodumo' came because she used to do dancing, acting, soccer, athletics, and was good at them all and thus became famous.

Read through to get more information on the two and make you attend the festival to see the two live.

Till next week, read and enjoy

YOUNG & UPCOMING



in Mbabane and is currently studying his B.Bus (Hons) Degree in Finance and Banking at Limkokwing University of Technology, Botswana. Smacky is a dancer. He describes himself as a down to earth person. "I am just like any other human being; I have

throughout my everyday decisions and activities. I spend most of my quality time dancing since it has become part of my life. well, for fun I hang out with friends, friends who bring out the best in me of course."

For this young man dancing is an experience he happened to witness at a very tender age and as he grew up, he fell in love with it and it became more than a hobby, but a passion.

"Moreover, dancing makes me forget about downfalls and depression; it keeps me calm and is a good platform for meeting new people in various entertainment circles."

> He said even though he fell in love with dancing, choosing a career that he would partake in for the rest of his life was a bit tricky for him since he is into both talent and corporate related activ-

Try the trend



PRINTED HOODIES

he humble hoodie may not be the most fashion-forward item in your wardrobe, but it is one of the most comfortable and practical.

As such, the warm and loose-fitting garment is a modern menswear staple that every gent should own. While you can, of course, easily rock a hoodie around the house, you can also wear one as part of a cool, casual weekend outfit if you partner it with the right pieces. So, before you head out the door in your hooded jumper and sweat pants. be sure to read this guide. It can show you how to wear a hoodie the right way for a look that's as stylish as it is snug.

Pullover hoodie

A pullover hoodie is a hooded jumper that can be slipped on over your head. The simple style features no zip and is typically loose with drawstrings in the hood for adjusting the opening. You know the days when you don't feel like people, pull over hoodies are perfect for those days. So go shopping n that lazy Sunday and ignore people behind that sweater.

Zip-up hoodie

A zip-up hoodie is a hooded jacket with a zip down the center. The style can be worn open or closed and is often slimmer than the standard pullover hoodie. As such, it's usual-

ly better for layering. You know those rich men in movies who come from old money, they pull these off well. So go on try it.

Half-up hoodie

Although it's not as common as the other types, a half-zip hoodie can still be a good option. The style features a zip that extends from the hood and finishes at the lower chest or upper abdomen. As such, it can be unzipped and easily slipped over your head before being zipped



"The best choice would definitely be both. I'm a hardworking person who can manage to do both, as I am currently handling both being a dancer and a university student."

If he is not dancing, Smacky says he loves anything to do with numbers. "I am someone who is good with numbers, so pursuing a commercial and finance driven career has always been a goal from the start. The main idea is to transit into the corporate world as a Credit Analyst, Chattered Financial Analyst or Certified Financial Planner."

He says when it comes to his financial career his biggest career highlight so far is being a survey officer for the Government, under the Central Statistics Office. Well, it was a temporal attachment to be clear.

Although he has the love for finance, he says being a dancer is actually the best feeling ever.

"I mean, it is something that I am passionate about and it can take me far from what I've already achieved so far. My job is to entertain people and noth-

ing is more enlightening than knowing that you've triggered delight and interest from your audience. The stage is my world, that's where my craft is executed." Smacky says for the longest time he never realised he was an artist. "At first I was just dancing for fun. I remember I used to dance at school concerts and at church but after matriculating, I took a gap year just to figure out what I'm really going to do with my life. That's when it came to me that I wanted to become bigger than what I was then, and I'm glad that I took that decision with caution and did not give up on my God given talent. I'll forever be an artist and I'm about to change the dance industry in Eswatini. The country should stay tuned for Turn & Smack Ptrl dance duo." (By Nokwanda Sibandze)



我愛你

ILOVEYOU

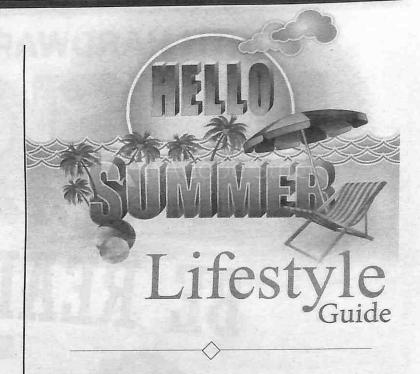


back up for warmth. The zip variety, much like blazer, is designed to be worn open or zipped depending on the weather and overall outfit. You can wear the zip-through smartly. And, it's more versatile. You can take it off without messing up your hair, and unzip once inside if you start to feel warm.

The pullover variety is slightly roomier in shape. Higher neck lines, slide slits and the absence of a ribbed hem are more common with this type too, elevating comfort over class.

This style is the iconic hoodie style and is associated with staying warm and cosy. Ultimately, it should be kept at home. That said, still look around for a sophisticated version. Hoodies are about sophisticated comfort - looking good while lounging on the couch.

(By Nokwanda Sibandze) (Additional information from www.the trendspotter.net)



GUIDE TO CHANGING THE SEASON

ith the first day of summer only two months away, I always like to brighten things up in my life as a way of welcoming the season's change.

Depending on your preferences, this is a fun thing to do for all seasons. Summer is an especially fun one because it you get to be bold with colour. Here's a few things I do every year to welcome in the summer season.

Find fun and free ways to explore your city

Just because you grew up in in a particular city doesn't mean you can't find new things to do in it.

Summer has many people thinking of ways to spend their leisure time, especially if the kids are home from school for a couple of months. Think about your favorite things to do during the summer months and share those ideas with your audience. Whether it's a great way to keep the kids busy, fun weekend activities, nearby road

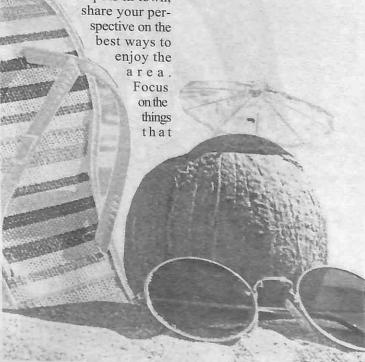


you like best and it will come across as transparent and authen-

Since the sun is out half the time, people are more likely to have the energy to pay attention to needs around the home during summer. Help your family take care of their home by posting a checklist of important things to get done around the house but remember to make it fun especially for younger kids. Give the older creative reign in how they maintain the garden and general landscape of your home or even painting your home, especially their bedrooms. The younger ones should enjoy watering the garden and fdsiggig for vegetables.

Do home swaps. You may have a friend who lives in Cape Town ad has never been to Swaziland, why not swap homes for the summer vacation. Both parties get to experience new environments all the while not spending a lot of money on accommodation.

(By Nokwanda Sibandze)





Zodwa Wabantu's famous dress

n July 1 2018 at the Vodacom Durban July party held at Greyville Racecourse Zodwa wore a black figure-hugging dress that had a high slit that left people speech-

The internet went a buzz about the dress since she was pantyless and speaking to a South African newspaper (Sowetan) she said she wanted to proudly own the fact that she doesn't wear any underwear and to flaunt her cellulite with pride.

"The inspiration behind it is that I wanted to be sexy and bold," Zodwa explained. "I wanted to show I don't really wear a panty. In the photos my cellulite is clearly visible, I wanted to show women we don't have to hide what we are."

According to the 'Daily Sun' she defended herself and said that she is a role model to a lot of people and claimed that the negative comments would not break her.

Wabantu, reputably the most popular and renowned dancers in SA added that behind the dress and her dancing craft was a woman with brains and she had in fact landed a branding deal with an energy drink company.

Things you might not know about **Zodwa Wabantu**

Zodwa Wabantu is never shy about going nude: It's clear that Sis-Zodwa is not shy about her body. Perhaps she will give Skolopad a run for her money?

Zodwa Wabantu is a proud twerker: With moves like these, she could definitely take on some of the biggest twerkers in the country.

Zodwa Wabantu has international connections: Zodwa recently captured herself at the BBC Radio 1 xtra offices but she wouldn't say who she was accompanying. One thing is certain, she has an extremely strong network.

She's a Manchester United fan: While she was in the UK, she paid a visit to the city of Manchester where she captured a picture of herself outside Old Trafford.

She's a staunch feminist: While everyone was calling her dress 'sleazy' or slamming her for showing too much skin, Zodwa Wabantu dedicated her controversial outfit to women everywhere.

(Additional information from www.sundaynews.co.sz, www.all4women.co.za and www.eliteshard.co.za



Panther soundtrack where she teams up with Zacari on a track

Babes has an incredibly strong social media following. Her

titled 'Redemption'.

referred to and said "Lo uw'Babes' (this one is Babes)."

ASAP ROCKY WILL TESTIFY IN

ARLIFORNIA - Sources familiar with the case tell TMZ have revealed that A\$AP Rocky will testify. Rocky's team has reevaluated based on the alleged victim's testimony and other evidence and now plan to call the rapper to the stand Thursday.

We're told he will testify that the alleged victim was unrelentingly aggressive and threatening and anything Rocky did was to defuse the situation.

A\$AP Rocky has a story to tell about why he attacked the aggressive guy who unrelentingly harassed him and his crew but he's going to let others do the talking because TMZ has learned his plan is not to take the stand in his assault case.

Our Rocky sources tell TMZ the strategy in the Swedish court is very similar to the way it would go down in the United States. Criminal defendants typically don't take the stand, because prosecutors can pound away at even a small weakness, flustering the defendant and making him look bad before the judges. As we reported, the prosecutor claims Rocky had a safe exit that day on the street they claim he could have just walked away, and that's a point the prosecutor would hammer away at if Rocky got on the stand.

We're told the defence case will rely heavily on the various videos showing the alleged victim following Rocky and his crew on the streets of Stockholm and harassing them aggressive-

Mo Flava taking over breakfast show on Metro FM

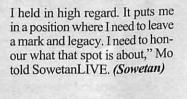
OHANNES-**BURG-MoFlava** is officially taking over the breakfast show at Metro FM from Monday.

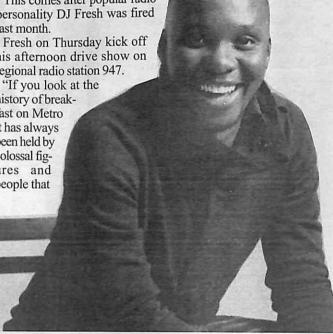
He and his entire team that includes newsreader Pearl Shongwe, sportscaster Owen Hannie as well as producers Phila Tyekana and Brandon van Schalkwyk will move to the 5am-9am timeslot.

This comes after popular radio personality DJ Fresh was fired last month.

his afternoon drive show on regional radio station 947. "If you look at the

history of breakfast on Metro it has always been held by colossal figures and people that





Ntoni left SA artists high and dry abroad

OHANNESBURG - Music promoter and widow of late jazz legend Victor Ntoni has been accused of taking local artists abroad and failing to pay them.

Linda Ntoni, who co-owns Gauteng Music Development, is said to have taken artists to Scotland and left them to starve. Recently, she took another group to Canada and is allegedly also

The group of artists that includes vocalists and instrumentalists are allegedly owed monies that range from R6,000 to R30,000.

The group that went to Scotland, which comprised 15 people, was divided into two and spent three weeks performing at the Edinburg Festival. The



artists, who asked not to be named for fear of victimisation, have been

waiting for their payments since July last year.

They said when they got to Scotland, Ntoni changed her tune and did not pay them daily allowances as per agreement and they sometimes did not have money to buy food.

When it comes to accommodation, there was a group that shared a house, with some of them sleeping on couches. Another group slept in student residences and were moved every two days.

"It was hard. We had to survive on bread and butter. Sometimes Linda would bring small groceries, but in many cases we had to hustle for food," said one artist.

(Times Live)

'I can't wait to tell you what I went

(Times

Live)

being dragged on social media, Cassper has hinted at the private tears he sheds while trying to put on a brave face.

The star dominated social media news feeds this week when fans zoned in on comments he made about wishing he was Nigerian because of the support that country's artists get. Cassper later turned the negative attention into a positive, claiming the buzz had helped him market his upcoming #FillUp concert, to be formally announced next week. After the chaos around him had settled down, the rapper returned to social media to hint at

the battles he often faced in private. "I can't wait to tell you all about what I went through with a smile in public and private tears one day," he wrote. The rapper said he found strength in God and claimed he would

through with a smile on my face' have "perished" long ago without the anchor of his faith. "He is trul faithful and merciful. All the Glory department of the anchor of his faith. "He is trul faithful and merciful. All the Glory department of the anchor of his faith." have "perished" long ago without the anchor of his faith. "He is truly faithful and merciful. All the Glory to God," he added. The star has previously spoken about his battles with depressing and dark thoughts.

In February, the Tito Mboweni rapper shared how music helped him "get out" of his dark place.

"This verse from Omen helped me get out [of my] depression. Used to play J Cole's Enchanted back to back for months on end when I felt down," he wrote, next to the lyrics from the song.



Cops interrupt Dineo Ranaka's radio show to serve court summons

OHANNESBURG - TV personality Dineo Ranaka is being dragged to court over R20,000 she allegedly owes to her former booking manager Palesa Molemeia.

Two police officers, for a second time in a month, interrupted her Metro FM show at the SABC building in Auckland Park, Johannesburg, on Wednesday morning to serve her with a court summons.

The summons, that SowetanLIVE has seen, orders Ranaka to appear before the small claims court in Johannesburg central on August 20.

The ongoing battle between the former colleagues has escalated to court after Ranaka allegedly ignored two letters of demand that Molemela has served her within the past year. "It was the same story as last time,"

Molemela said. "She said I know where she lives and I was there last time to serve her with a letter of demand. I have embarrassed her in front of her colleagues and why don't I go to her house to serve her with these papers? "The police pointed out that we have come to this point as she had constantly ignored my phone calls and e-mails. She can choose to ignore us at her home. "Eventually after a screaming match with the police she eventually signed and said she will see me in court."

As SowetanLIVE has previously reported, Molemela claims that Ranaka owes her an amount of R22,000 for services rendered between October 2017 and August last year as a booking manager and administrator. (Sowetan)

Movie watch





SUPER 30

PG10-12 | 2h 48min | Biography, Drama Based on life of Patna-based mathematician Anand Kumar who runs the famed Super 30 program for IIT aspirants in



FAST & FURIOUS PRESENTS: HOBBS & SHAW

PG13 | 2h 15min | Action, Adventure

Lawman Luke Hobbs and outcast Deckard Shaw form an unlikely alliance when a cyber-genetically enhanced villain threatens the future of humanity.

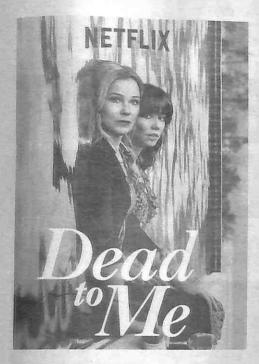


THE ART OF RACING IN THE RAIN

PG | 1h 59min | Comedy, Drama

Through his bond with his owner, aspiring Formula One race car driver Denny, golden retriever Enzo learns that the techniques needed on the racetrack can also be used to successfully navigate the journey of life.

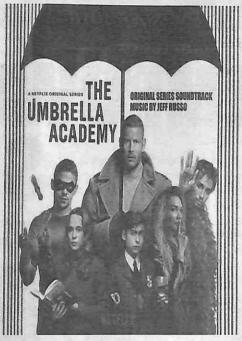
Shows (Series)



DEAD TO ME

1 season, 10 episodes | IMDb: 8.3/10

Christina Applegate returns to TV with this grief-com about a woman trying to pick up the pieces after her husband is murdered in a horrible hit-and-run accident. Applegate plays the angry, grieving widow with equal parts humour and empathy while Linda Cardellini plays her sunny, optimistic best friend. The two meet in a grief counselling group and navigate the challenges of moving on after loss while also solving a murder mystery. There's no way you'll know what to expect here, which is half the fun of watching.



E UMBRELLA ACADEMY

1 season, 10 episodes | IMDb: 8.1/10

Superhero team-ups are a dime a dozen, but the TV adaptation of this award-winning comic series created by Gerard Way - yes, the lead singer of My Chemical Romance - feels wholly unique and thus, totally refreshing. The show follows the story of seven kids, all born on the same day to mothers who didn't even know they were pregnant. They're adopted by a mysterious billionaire and trained to use their supernatural abilities to fight evil in the world, but when they grow up, their dysfunctional upbringing catches up with them, and they're left struggling to live normal lives. It's all kinds of weird, which is exactly what the genre needs right now.



TUCA & BERTIE

1 season, 10 episodes | IMDb: 7.5/10

Ali Wong and Tiffany Haddish voice the stars of this animated comedy from BoJack Horseman artist Lisa Hanawalt. Wong plays Bertie, a 30-something songbird thrush with debilitating anxiety, a knack for baking, and a truly toxic work environment. Haddish plays her best friend Tuca, a loud-mouthed toucan who loves to party and hates the thought of settling down. The friends try to hold on to their single days, even as Bertie takes the next step in her long-term relationship and Tuca struggles to find her place in the world. It's a more colorful, comforting world than BoJack, but it's got the same great humor and surprisingly-thoughtful musings.

SONG OF THE WEEK

Lizzo - Truth Hurts

[Intro]

Why're men great 'til they gotta be great? Woo!

[Verse 1]

I just took a DNA test, turns out I'm 100% that b#@\$% Even when I'm crying crazy Yeah, I got boy problems, that's the human in me Bling bling, then I solve 'em, that's the goddess in me You could had a bad b@\$#@, non-committal Help you with your career just a little You're 'posed to hold me down, but you're holding me back And that's the sound of me not calling you back

[Chorus]

Why're men great 'til they gotta be great? ('til they gotta be) Don't text me, tell it straight to my face (tell it straight to my face) Best friend sat me down in the salon chair (down in the salon) Shampoo press, get you out of my hair (my hair) Fresh photos with the bomb lighting (bomb lighting) New man on the Minnesota Vikings (Minnesota Vikings) Truth hurts, needed something more exciting (ooh, yeah, yeah, yeah, yeah)

Bom bom bi dom bi dum bum bay

[Verse 2]

You tried to break my heart? Oh, that breaks my heart That you thought you ever had it No, you ain't from the start Hey, I'm glad you're back with your bitch I mean, who would wanna hide this? I will never, ever, ever, ever be your side chick I put the sing in single Ain't worried 'bout a ring on my finger

So you can tell your friend, "shoot your shot" when you see 'em It's okay, he already in my DMs

[Chorus]

Why're men great 'til they gotta be great? ('til they gotta be) Don't text me, tell it straight to my face (tell it straight to my face) Best friend sat me down in the salon chair (down in the salon) Shampoo press, get you out of my hair (my hair) Fresh photos with the bomb lighting (bomb lighting) New man on the Minnesota Vikings (Minnesota Vikings) Truth hurts, needed something more exciting (ooh, yeah, yeah, yeah, yeah)

Bom bom bi dom bi dum bum bay

[Bridge]

I'ma hit you back in a minute (yeah, yeah) I don't play tag, b@!#\$@, I been it (one time) We don't fuck with lies (two times), we don't do goodbyes (woo) We just keep it pushing like ay-ay-ay I'ma hit you back in a minute (yeah, yeah) I don't play tag, b#@!#!, I been it (one time) We don't fuck with lies (two times), we don't do goodbyes (woo) We just keep it pushing like ay-ay-ay (woo)

[Chorus]

Why're men great 'til they gotta be great? ('til they gotta be) Don't text me, tell it straight to my face (tell it straight to my face) Best friend sat me down in the salon chair (down in the salon) Shampoo press, get you out of my hair (my hair) Fresh photos with the bomb lighting (bomb lighting) New man on the Minnesota Vikings (Minnesota Vikings) Truth hurts, needed something more exciting (ooh, yeah, yeah, yeah, yeah)

Bom bom bi dom bi dum bum bay

[Outro] With the bomb lighting Minnesota Vikings Ooh, yeah, yeah, yeah, yeah

Book review



CITY OF GIRLS: A NOVEL HARDCOVEK

From the #1 New York Times bestselling author of Eat Pray Love and The Signature of All Things, a delicious novel of glamour, sex, and adventure, about a young woman discovering that you don't have to be a good girl to be a good person.

Beloved author Elizabeth Gilbert returns to fiction with a unique love story set in the New York City theater world during the 1940s. Told from the perspective of an older woman as she looks back on her youth with both pleasure and regret (but mostly pleasure), City of Girls explores themes of female sexuality and promiscuity, as well

as the idiosyncrasies of true love. In 1940, nineteen-year-old Vivian Morris has just been kicked out of Vassar College, owing to her lackluster freshman-year performance. Heraffluent parents send her to Manhattan to live with her Aunt Peg, who owns a flamboyant, crumbling midtown theater called the Lily



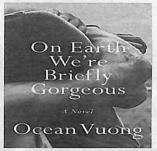
taddeo

THREE WUMEN HARDCOVER

Desire as we've never seen it before: a riveting true story about the sex lives of three real American women, based on nearly a decade of reporting.

It thrills us and torments us. It controls our thoughts, destroys our lives, and it's all we live for. Yet we almost never speak of it. And as a buried force in our lives, desire remains largely unexplored—until now. Over the past eight years, journalist Lisa Taddeo has driven across the country six times to embed herself with ordinary women from different regions and backgrounds. The result, Three Women, is the deepest nonfiction portrait of desire ever written and one of the most anticipated books of the year.

We begin in suburban Indiana with Lina, a homemaker and mother of two whose marriage, after a decade, has lost its passion.



ON EARTH WE'RE BRIEFLY GORGEOUS: A NOVEL HARDCOVER

Poet Ocean Vuong's debut novel is a shattering portrait of a family, a first love, and the redemptive power of storytelling

On Earth We're Briefly Gorgeous is a letter from a son to a mother who cannot read. Written when the speaker, Little Dog, is in his late twenties, the letter unearths a family's history that began before he was born a history whose epicenter is rooted in Vietnam - and serves as a doorway into parts of his life his mother has never known, all of it leading to an unforgettable revelation. At once a witness to the fraught yet undeniable love between a single mother and her son, it is also a brutally honest exploration of race, class, and masculinity. Asking questions central to our American moment, immersed as we are in addiction, violence, and trauma, but undergirded by compassion and tendemess, On Earth We're Briefly Gorgeous is as much about the power of telling one's own story as it is about the obliterating silence of not being heard.



THE HOST: Mncedisi Simelane giving vote of thanks to the attendees during the youth empowerment last Saturday. (Pics: Setsabile Nkambule)



IN THE MOMENT: PS Skhumbuzo Shongwe rendering his speech



ATTENTIVELY: The crowd listening to Daladi.

YOUTH EMPOWERMENT BY SETSABILE NKAMBULE Council Makhosami Dlamini advised the youth to make use of such an oppor-

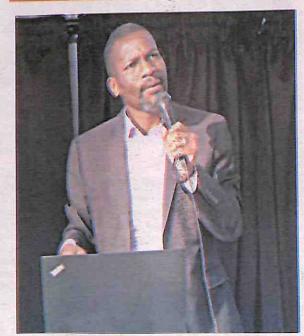
uthor Mncedisi Simelane hosted a youth empowerment seminar which was intended to teach about starting up businesses.

Speakers at the event were DR D Maseko, Daladi Dlamini owner of Emfuleni lifestyle and Themba Busika from Central bank of Eswatini. Daladi Dlamini spoke about a young people, referring them to black sheep, that they should be different and embrace their uniqueness among the white ones. He congratulated all who were able to make it to the seminar telling them that this was an opportunity that should be taken in both hands as such opportunities open doors of knowledge. CEO of the Eswatini National Youth

Council Makhosami Dlamini advised the youth to make use of such an opportunity to inform themselves. He encouraged them to grab as many opportunities as they could to better themselves. Themba Busika talked about reasons why people failed in business. He said the common problem was that young people wanted to please people.

"As soon as young people make profits they want to buy luxurious cars to show off. We need to be patient with business and seek help from other old business people," he said PS Skhumbuzo Shongwe was the youth's favourite. He told the audience to never try and imitate people but rather be original and true to themselves. He further addressed a topic about women and children being killed a lot lately in the Kingdom.

WITH MNCEDISI SIMELANE



ON A SEROUS NOTE: Themba Busika sharing knowledge with the audience

"As soon as young people make profits they want to buy luxurious cars to show off. We need to be patient with business and seek help from other old business people,"



ALL EARS: The audience following proceedings.



WORDS OF ADVICE: Makhosami Dlamini talking to the crowd.

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With: Thulani Lushaba

he issue of students failing courses and dropping out of college is a concern for students, faculty and academic leaders. It is a student concern because the impact of college failure can cause lasting damage to self-esteem, and the consequences can influence an entire lifetime.

It is a faculty concern, because all too often faculty feels a sense of personal failure and blame their own teaching for the failure of some students.

It is also the concern of academic leaders, because colleges and universities are accountable not only for their graduation rate, but also for their students' success from enrollment through and past graduation.

In this section, presented are discussions on the factors leading to students failing at college/university level. Factors include; students not being ready for college; faculty instruction and behavior; students' lack of motivation; students' lack of effort; students' life, work, and career issues; facilities, materials, and delivery systems; students' personality issues; economic issues; vagueness about long-range goals; inappropriate choice of a major; lack of personal standards of quality; interference from psychological problems; failure to assume responsibility; selection of the wrong college; lack of ability or poor high school preparation;

Not ready for college work and challenges

The student-related factor that college academic leaders mention most often is students not being ready for college-level work and challenges. Many academic, psychological and cognitive reasons, including lack of academic preparedness for college courses, lack of learning and study skills and lack of organizational skills, to name a few. It is believed that those who fail, they don't do the work and make the grade. There could be many reasons for that, including lack of interest, lacking knowledge on what and how to do it.

Students who are not academically ready for college need more than just help as they may have academic issues. These issues may be technology related, reading/writing concerns, study skills and time management, self-discipline, to mention a few.

However, students argue that it is ethically unacceptable to admit students to college and not provide all the needed support for them to succeed, hence the increase in the outbreak of strikes in colleges.

The better diagnostic assessment tools and procedures used to assess prospective students, the better success rate and completion rate colleges/universities will enjoy.

Another concern is that other college academic leaders may emphasize that they are not in the business of preparing students for college work, but that they are in the business of educating students with breadth of knowledge and depth of understanding, as well as for careers and citizenship

However, if an institution accepts a student, that institution must provide all of the opportunities and platforms for the student to succeed, but the student must do the work.

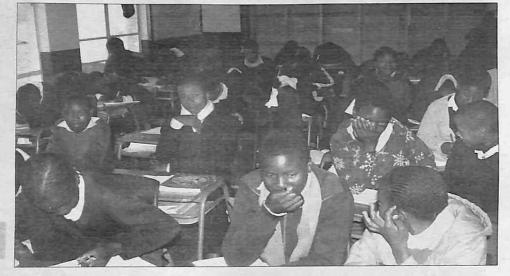
Lack of effort

The next category of student-related issues is Lack of effort. Many academic leaders are disturbed by daily encounters with students who do not exert enough effort and do not bother to learn, either from the lecturer or fellow colleagues, how much work is really needed to pass any given class

class.

Also, poor or nonexistent work ethic among some college students, who when they get behind,

Understanding the transition from high school to tertiary



don't know what to do to catch up while another concern being that some students feel entitled to good grades as long as they pay tuition.

Lack of motivation or interest

This category includes several issues: lack of motivation, lack of engagement, and lack of interest, direction or focus. It is always easier to help those who know what they want to achieve, compared to those who have no idea why they are in college in the first place.

Colleges and universities should be doing a good enough job in helping students to set clear goals as to where they want to go, if not so, students not being ready for college work is what will ultimately continue to cause failure.

Instruction-related matters

Colleges and universities often don't have the right instructors in the right positions to teach what students most need. Colleges and universities assign less experienced graduate students, teaching aids or part-time faculty to teach the lower-level, developmental and transitional

Students in these courses need the most help and support to learn and to overcome their lack of confidence and lower self-esteem; they need to be taught by experienced faculty who have the will to teach and help the students most in need.

Life, work and career issues

Life issues, such as poverty, single parenting, excessive workload and family responsibilities among the root causes in this category. However, poverty and cost of the education can be dealt with if students make it to the university level because of the many initiatives proposed these days, but the issue of poverty is really more related to students' performance as they may have difficulties doing assignments under this circumstance. These students end up dropping school or going to college unprepared.

Poverty is also behind many students working

full-time jobs or multiple part-time jobs while going to school full-time. In this situation only a few students have the determination and the selfdiscipline to complete an education that could improve their lives.

It is a fact that students who deal with poverty, the demands of a full-time job, and caring for family and going to school are naturally at high risk of failure because their ability to put in the required time on coursework, or even to attend class regularly, is so compromised. The most common cause of failure is not essential lack of ability but the distractions of life outside of the classroom

This is to say, for all, with no exception, having outside life issues such as feeding a family, paying the bills, caring for sick relations, always take priority over the classroom, and are all much more important than any grade.

Colleges and universities institutionally should not be limited in what they can provide to assist students in their personal lives.

Second, most often, students don't want to bring their personal life issues to the attention of faculty members, supervisors or even their student union. If colleges provided multiple delivery systems with flexibility in time, space and delivery format, students might be better able to cope with some of the difficult circumstances they encounter

Economic Issues

Debates clearly state that if students make the grades at the high school level, there is always a way for them to come to college without worrying that much about the cost of their education while another side may say that if colleges can develop means by which students can borrow textbooks, laptop computers and access the Internet when they can't otherwise afford them, this could improve some measure of financial difficulty.

However, if parents and students are worrying about what to eat and how to pay for medicine, heating bills and transportation costs there is no chance for many of these students to make the grades that bring scholarships and college tuition sacrifices.

Lack of wealth or access to funding for schooling reduces the number of opportunities available for students in both education and life.

Coast of education

Lack of predictability in the cost of education, mainly tuition, contributes to stress and worry, which leads students to not perform as well. However, while the cost of education continues to rise thought would be that this is the easiest root-cause factor for schools to deal with, not only at the institutional level, but also at governmental levels.

There should be means to deal with the cost of education so that more students can attend colleges and universities. Government and non-governmental organizations are willing to step in to help if the right programs and mechanisms are in place to attract students.

Vagueness about long-range goals

Most mature adults realize that success in college demands a great deal of hard work. However, the desire for pleasure and fun is also a very strong need among adolescents. One of the signs of maturity is the ability to delay immediate pleasure and look at long-range goals.

These goals do not have to be specifically defined, but they must be one's own. A student must have a sense of working toward a goal or reward that he or she really wants, whether it is the pleasure of a good grade, a still undefined career, or status and security.

College work is likely to seem grim, difficult and even meaningless if it is not related to personal goals and objectives.

Inappropriate choice of a major

There are few humans with a very clear idea of themselves at the age of 18 to 21; consequently, many students initially may choose inappropriate fields of study. One of the purposes of college is to help students discover or create their identities through education. This process of change reflects not a lack of character, but the development of it.

Students must be aware of their own development and adjust previous goals and decisions to accommodate personal growth.

Lack of personal standard of quality

Before college, judging a student's work is largely the teacher's responsibility. The trouble with this process is that many students do not learn to evaluate their own work and to develop high standards of quality.

They frequently overestimate their understanding of college material and the quality of their written work. This factor alone may lead to taking criticism too personally, placing blame on instructors, and claiming personality conflicts with lecturers.





oing business is like a battle of decision. Every decision one takes counts and has its results at the end of the day. Therefore, deciding on whether to buy or starting your own business is equally a big challenge that must be decided on carefully. Most of the times people get excited when they hear a certain business was being sold, they gather the money and move in without thinking a thoroughly about it, they only come to regret when things fall part. All is lost.

New lessons learnt

Okay today, let's talk about buying an existing business and its implications. While it is a good thing to just continue with the race someone else started, it is also important to point out that buying an existing business is like 'remarrying after divorce'. New lessons are learnt and one can be more careful with the life. The chances of doing better are very high from this angel. A business might have undergone through the levels of maturity and it is stable, all what one does is just to enjoy the fruits that the other one suffered for at the beginning when the risks were very high.

It is important to understand that most businesses suffer much at grassroots level, it is at this level that one would wish to let go so that they transferred the risk to someone else. At this point, good ideas can be bought for nothing. It is a good point to buy a business because less value is attached to it. Remember that what sells a business is the value it has in the society or market. That is why they call it 'goodwill' the reputation it has. Think of a good business with a good brand, believe you me, it can't go cheap, why because of its good name and trust it has in the market.

Don't think of money, but the idea behind

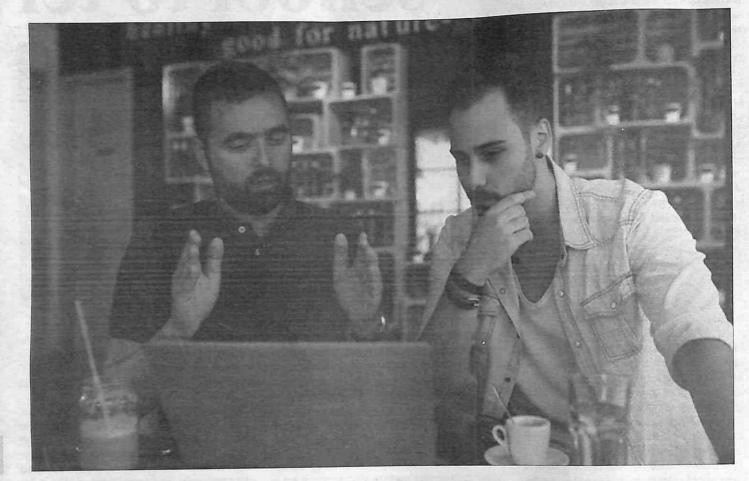
Other things one must consider when buying an existing business is that idea itself. Never think of the money the existing business was making, but the idea behind the business. However, most people rush for the money and its profit margin things. They get excited and see themselves millionaires. Such are but trending on risky grounds that might just break any time. But pay much focus on the relevance of the idea behind that business being sold.

The reason why it is important to focus on the idea is that through an idea everything flows. Innovation can be championed and improved, making the business more competitive and original. In most cases, ideas are the ones that solve problems and people who support a business are only interested in solving their personal problems and nothing else. For example, if your business sells good and clean food, the people will buy and eat, done; their personal problem of hunger and hygiene is solved. Nothing more to this. It is then important to ensure that value is the core of the business.

Do not buy a business you don't understand

I always tell people that never invest blindly. All successful investors or business people had a full understanding of their respective businesses. There is no way you can put your money and time on things you don't know. It is like trying to solve a mathematical equation

Buying or starting your own business



that deep down you have no slightest clue about. It is dangerous and crazy at the same time trying to do things you don't understand. If you want the business and like the idea, give yourself enough time to learn about it and if you discover that you still don't understand it, then leave it because it was not meant for you. I repeat; don't invest blindly.

Innovation

A very good business is one which has the potential to constantly grow. Therefore, innovation is at the centre of it. Some businesses are out of fashion and it not careful, this might be a challenge to you. Good businesses are situational in nature because they seek to meet the demands of the consumers at a given time in a given situation. In this regard, we can safely say that some businesses are outdated and if not careful, you might as well be getting something useless.

Always look at the innovative power that business has had, and once you are sure, then without wasting time, move on and get it. For example, one person offered me to buy his supermarket, when assessed its nature, it was just the same old buying and selling of goods, nothing more. This would not have been a good move for me and I thought of not going for it because there was no innovative power attached to it.

Sustainability

Remember that a good business is a going concern. It must be sustainable, meaning it must be an activity of all seasons and generations. While it meets the present needs, it must also meet the future needs of the market. Make sure that your business has the potential to remain in the market even if you are dead. Do not just buy a business because you think all will be fine even if you were dead. Hence, think about the afterlife and your business. In this regard, make sure you take note of the key elements that sustained the business. For example, your raw materials or inputs, was the sourcing adequate and sustainable? This might just help you remain afloat in the market due to constant supply of commodities.

Purchasing options

Though this point comes last, in most cases comes first because what people rush for is the price. They see an advert in the paper of a business being sold, the next thing they ask is how much? And when its within their calculations, they just rush and make the transactions. This is what I can call 'foolish courage', you transfer the money on things that you have no validity about. What a courage. It is relevant to point out that one takes note of purchasing

options so that if possible the business is able to pay for itself without you spending even a cent on it. In this way, I call it 'free manna' from heaven.

Next time, lets look at buying or starting a business part two with focus on the implications of starting a business in an existing market

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Columns & Opinion

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Drinking tap water

T's long been understood that unfiltered tap water can be dangerous to your health. From Erin Brokovich's exposure of chromium-6 in Hinkley, CA to the ongoing saga of Flint, MI, tap water and the potential compounds it contains have been in the news a lot.

And while most tap water goes through some sort of filtration before coming to your house, that doesn't mean it's safe.

In addition to chromium-6, you can find arsenic, disinfection byproducts, nitrates, and more lurking in your water supply. The best option is to invest in your own water filter, whether through a pitcher or by installing a secondary filtration system in your home. You should also regularly check to see what chemicals may be in your tap water.

Getting your clothes dry-cleaned

When you're preparing for a special event, you want to look your best. For many people, that means getting your outfit dry-cleaned so that you know it's truly stunning. However, most dry cleaning processes use a chemical called 'perc' which is a known health hazard. If you work in a dry cleaner or regularly get your shirts starched and pressed, you may be athigher risk for esophagus, kidney, and bladder cancer.

If you absolutely must dry clean your clothes, try to minimise how often you do so. Since it's regular exposure to the chemical that increases your risk of getting these cancers, infrequent dry-cleaning shouldn't be an issue.

Eating processed meat

Bacon, hotdogs, lunchmeat – nearly everyone loves processed meats. However, research shows that eating any processed meat increases the risk of both stomach and colorectal cancers. Processed meats are generally made with nitrates and nitrates, which can form nitrosamines when heated. These carcinogenic compounds can build up and cause issues.

You can look for nitrite- and nitrate-free selections of processed meat. You can also save your consumption of processed meats like bacon and sausage for special occasions. But overall, it's best to avoid eating processed meat entirely if at all possible.

Drinking overly hot beverages

Many people start their days off with hot coffee or tea, especially in the winter. Hot chocolate, cider, and other hot drinks are often shared at social occasions, and people don't think twice about partaking. However, beverages served over 140 degrees Fahrenheit can elevate your risk of esophageal cancer.

Dr. James Doidge, a senior research associate at University College London, says "It doesn't take a scientist to appreciate that repeated irritation of any body surface increases your risk of cancer...many foods and drinks contribute to the risk of gastrointestinal cancers." Most hot commertestinal cancers.

Everyday activities that can cause cancer



cial beverages are served at between 140-160 degrees F. To reduce your risk, let the drink cool before taking your first sip.

Heating takeout containers

If you've ever reheated your takeout in the container it came in, then you may have put yourself at risk of exposure to styrene. Styrene is used in the creation of a

things, including many types of food containers. Studies have shown that repeated exposure to this chemical can increase your risk of cancers like leukemia and lymphoma, as well as cancer of your pancreas or esophagus.

While most people will only experience the potential of styrene exposure through food containers, people who work in fabrication can also be exposed. At home, you can limit your risk of exposure by directly transferring your takeout to a standard plate or bowl!

Working the late shift

The connection between sleep and cancer is still a developing field of research, but several studies have indicated that there's a link between poor sleep and increased cancer risk. People with circadian rhythm disorders may have a higher rate of breast and prostate cancer.

Those most commonly at risk for sleep disorders include people who work in overnight or grave-yard shifts. Night nurses, third shift workers, and people who work split shifts that may disrupt sleep cycles are in danger of increased cancer risk. If possible, avoid working a job that requires odd hours; when that's not possible, try to ensure that you're getting regular

sleep, even if it's not at night.

Getting your nails done

With the rise in conscientious consumerism, many customers know that nail polishes traditionally contain cancer-causing compounds. Chemicals like triphenyl phosphate, toluene, and dibutyl phthalate can all cause cancer or congenital disabilities.

The danger of getting your nails done doesn't just impact clients, however. Manicurists are also at increased risk of being diagnosed with multiple myeloma. If you're a manicurist or simply love getting your nails done, make sure to only go to salons that provide gloves and masks. Check for proper ventilation as well!

Many people start their days off with hot coffee or tea, especially in the winter. Hot chocolate, cider, and other hot drinks are often shared at social occasions, and people don't think twice about partaking. However, beverages served over 140 degrees Fahrenheit can elevate your risk of esophageal cancer.

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Columns & Opinion

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he cat is the world's most popular pet, outnumbering dogs by about three to one. They are easy to keep, affectionate and rid our property of rats.

Cats and humans go back a long way. DNA evidence identifies the pet cat's ancestor as the Arabian wildcat *Felis silvestris lybica* and places its origins somewhere between 10 000 and 15 000 years ago in the Middle East. The first people to tame wildcats were probably Natufians, who inhabited the Levant 13 000 to 10 000 years ago and invented agriculture. Rats would soon have invaded their grain stores. Wildcats would have followed the rats and, realising how useful this was, people must have encouraged the cats to hang around.

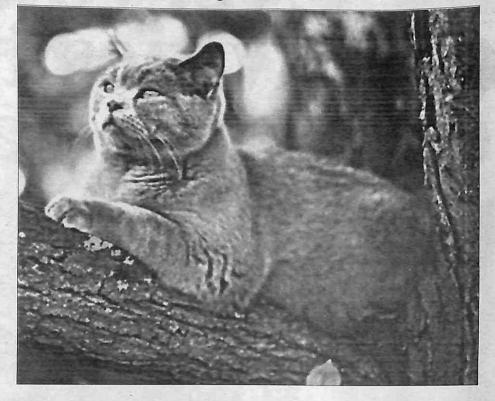
Of course these early semi-domestic cats were not pets. They just adapted to a human environment while remaining wild. Cats have never been bred for specific tasks in the way dogs have. Dogs have been so selectively bred that they have lost a great deal of their genetic diversity and wild natures. The breeding of domestic cats happened more by chance—cats around people bred and their progeny gradually became more familiar with humans.

Wildcats are largely solitary and regard most other cats as rivals. Hence domestic cats which have been raised together will always get along but introducing a new cat to a resident cat requires caution.

However, cats had to adapt in order to exploit the rat populations concentrated around granaries. By toning down their antagonism towards other cats, large numbers of cats can form colonies around food sources.

Even so, in these colonies it is genetically related females that cooperate. Mothers drive away their male offspring after a few months to avoid inbreeding. Where colonies consist of more than one family, there is competition. In order to avoid fighting, cats have evolved

History of the domestic cat



a system of communication.

Wildcat kittens raise their tails when greeting their mother. Adult wildcats do not raise their tails to each other but domestic cats do. Then they may rub heads or flanks or engage in mutual grooming.

The cats that thrived around people when mice were in short supply were able to reward people with their company and affection in return for food and protection. Adult cats often groom each other (usually around the head) by licking and rubbing. Cats that do not like each other never groom each other. When you stroke your cat (especially around the head) you are grooming it. Your cat will often lick and rub you in turn. The upright tail accompanied by a rub is a declaration of affection.

As with the upright tail, meowing is only used amongst wild and feral cats between

mother and kittens. Adults are generally silent. But cats whose humans respond to meowing often develop a range of sounds that are effective between them and their human but is not shared by other cats or owners.

As affectionate as they may be with their humans, cats form even stronger attachments to the place where they live. Well-fed, neutered cats should not feel the need to defend a territory. Territorial behaviour is so deeply ingrained from a time when cats had to defend a hunting area that even well-fed, neutered cats still regularly patrol a small area around their home and are prepared to fight other cats to maintain control of it.

Many well-loved and cared for cats spend their lives trying to avoid contact with other cats that they have no reason to trust, whether neighbours' cats, or a second cat. They may develop behavioural problems or just move in to a home that welcomes them in a desperate bid for territory.

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5 U B S B

Eswatini Standards Authority

ood safety is something we tend to take for granted. When we scan well-stocked supermarket shelves to select food and beverages for our weekly shop, most of us trust - and expect- that the contents of the packets of foodstuffs on display will match the information on the labels.

The provenance of the food is something we rarely question, but is everything we eat and drink really what we think it is.

Food fraud has been around for a long time and the sums involved are huge. Dressing up food ingredients is common practice worldwide. But the scale of the fraud could make us choke. In Italy, for example, inferior olive oil has allegedly been passed off as superior extra-virgin olive oil, in the United States, the Food and Drug Administration has warned consumers that cheese labelled as "100 % Parmesan" could be bulked with cheaper substitutes, such as inferior cheese. And that fish supper you enjoy so

FIGHTING FOOD FRAUD



much may have been injected with saltwater. Over the past decades, food supply chains have grown increasingly complex and many of today's food products repeatedly cross national boundaries, creating more opportunities for criminals to practice food fraud. Consider this, according to an article in the Financial Times, an average cod can travel 10 000 miles before it ends up on a dinner plate. It may be caught in the Bering Sea, then prepared and frozen in a factory in eastern China, taken by cargo ship for processing in Europe or the US, and undergo one final journey before ending up as, say, a fish finger on a plate in Moscow. The farm-to-fork journey has involved a lot of hands, with a lot of opportunity for individuals to step in and exploit weak links in the chain.

Along with a growing global population—and as the world becomes ever more complex and interconnected — there is a clear, urgent and compelling need to standardize regulations on an international level. Food fraud has become more sophisticated and harder to detect, presenting regulators with an even bigger challenge.

Coaching consumers

Of course, any conversation on food safety and food fraud has to include the consumer. The role that consumers play is vital. ISO 22000 helps manufacturers ensure food safety and uses traceability to guarantee the origin of food ingredients. However, consumers bear some responsibility for safety after purchase if they fail to handle food properly by allowing cross contamination and poor hygienic practices and ignoring advice from manufacturers.

Increasing consumer demand for safety in food has led many companies to implement food quality management systems. There are a variety of food management systems available to industry interested in ensuring food quality and safety of their products. ISO 22000 for instance, the "farm to fork" management system creates a harmonized food safety standard that is internationally recognized and accepted.

By integrating multiple principles, methodologies and applications, ISO 22000 is easier to understand, apply and recognize.

Consumers have the right to expect that the food they purchase and consume will be of safe and of high quality. They have the right to voice their opinions about the food control procedures, standards and activities that industry use to ascertain that the food supply has these characteristics. They hold a large deal of power through the notion of consumer satisfaction e.g. continuing to purchase the same product and showing customer loyalty.

Key benefits of ISO 22000 include:

- Improves your organization's image.
- Shows commitment to manage food safety nazards and risks.
- Improves your customer confidence.
- Integrates easily with other standards including ISO 9001 (Quality Management) and ISO 14000 (Environmental Management).
- Improves recognition as a supplier of choice throughout the global food chain.
- Implementing ISO 22000 in an organization results in a more robust food safety management system and potential access to new markets and customer loyalty. Failures in food safety practices are dangerous and can be costly. It is obviously easier, less dangerous, and less expensive to prevent these problems before they occur.

Columns & Opinion



WITH: Dumisa Dlamini

here is something special about the modern woman's birthday which men, especially those dating them, have not been able to put their finger on.

From the time God created Adam, Eve's partner in crime, Societal Scales presumes there has been birthdays and everyone from then till now has a day wherein (s)he was born. It is safe conclusion to draw then that there is nothing new about a day a woman or anyone was born. After all, people are born every day and it such a repetitive cycle so many people are born on the same day of a calendar. Women have captivated the concept of birthdays as their own and are running with it for their own advantage. No woman, it appears, wants to remember her birthday and it ends there. Not one. The social media has been infested with women's birthdates announced millions of years earlier. Everyone who manipulates the various platforms in the cellphones, be it Facebook, WhatsApp, Instagram, the list is endless has seen something like, "Birthday loading...." For starters, why should everyone be informed about the woman's birthday as if lalabatjelwako bate abo emalanga ekutalwa? The answer is very simple; that is a trap, kwetsiywa emadvodza so that they can get their pockets ready to spend on the woman, on her birthday. Women's birthdays are getting very expensive for men, and the latter are taken for a ride.

Scales has said, says it now and will say it again should the need arise; women are a united front these days and are dangerously conspiratorial against men at any level of engagement with them. Once a woman's birthday is near, other women would throw her a preparty or mini-party, say in the office, akunendzaba kutsi unaThirty-bani, a very insignificant age. They will pretended she doesn't know anything about it, buy fluffy cheap cakes, this and that and flaunt everything first for the men in the office to buy in They even go around duty stations asking anyone who cares to contribute this or that. Akwentiwa nakuyibirthdady for a male colleague unless he is a hunk and there is womanlosha emashushu ngaye. Forgive Scales for the digression. The pictures of that little but significant party in the office will be posted in all the media walls available, first by the birthday girl and also by her friends. That is where her boyfriend, fiancé, nalona lomsomako presently and the husband would come in. He has to see those pictures, especially if he has been playing dumb and deaf towards the incessant calls of her birthday loading. If her friends and colleagues in the office can throw her a small party, as a husband or anything she is engaged with you in, you should do something big, significant and unforgettable, the very friends who threw the party should be part of it.

The moment a man bites unto a woman's birthday bait, he is in like hooker and sinker. Sitawubanjwa silwane semandla until sitfulile konkhe lomake has ever wanted, courtesy of her birthday. Those girls out there dated by married men can be ridiculous in their birthday wish list. By the way, just like women getting married, the ladies with expensive birthdays will send a list longer than their arms of what they want to be bought for and presented with as gifts. People can be daring and women are forthrightly so. Bayasho, bayabala, bayabita, bayamemeta nje labakufunako just because it is her birthday. You wonder why, a day, everyone has in the year,



Women's birthdays becoming expensive for men they love

this one must cost those around a fortune. For those they date, a woman *usuke akucolele* or have scaled your economic status to as for mere cell phone. They want more. She may demand she be thrown a party at an exotic



The moment a man bites unto a woman's birthday bait, he is in like hooker and sinker. Sitawubanjwa silwane semandla until sitfulile konkhe lomake has ever wanted, courtesy of her birthday. Those girls out there dated by married men can be ridiculous in their birthday wish list.

place by a boyfriend wherein she would call all her friends and relatives wherein she would receive a galore of gifts. Others *uvele akutjele kutsi lukuphi lolucingo lalufunako* and you find it at a price wherein you can buy 10 of the kind that you have. For her birthday, you buy someone a cellphone for E15 000 *kantsi*

lwakho is a Thousand Emalangeni from that small insignificant Indian shop. Men buy these things and pretend they are cool with it. They ain't. Given an option, he would declare that he has nothing to do with anyone's birthday. These days you are going to be told about a woman's birthday ucala nje kumsoma and if you want the negotiations to be progressive and successful, you must mind the information about this imminent day in which she was born. Some women try to 'rob' men on their birthdays and succeed, others fail dismally. They will then post something that looks like gifts on their social media walls, "I want to thank everyone who has wished me a birthday and given me gifts,"unemanga laluhlata. Those are just pictures posted to guilt-trip the man who did not respond positively to the

Escape

Husbands have also failed to escape the birthday hook their wives set like their sisters out there. You know a man is ever guilty in the eyes of his wife, innocent or tainted. This beautiful woman you are married to knows that wawunguMandoza inkalakatha leMobeni Flats having sponsored the Mother Of all Parties for your girlfriend Gegisile. She may not have breathed a word about it until her birthday is also due. She will throw innuendos your way about it coming soon and how much she wished she were spoilt by umuntfulomtsandzako. She will leave the lines open so that you swim or sink. She may hint in the

event you are unmoved that bayajabula bo Gegisile bona bayentelwa. The party will be there organised, paid for by the husband and it will be huge. What do you think is the point of celebrating your wife's birthday at 38 inviting all the people south of the hemisphere and paying billions for it? Simple thing, ucisha umlilo. Birthday parties are becoming extremely expensive for men at all levels of indulgence with women. Mhlongo, a businessman of magnitude standards, got a call from a car dealership where the salesman told him that, his wife's car had been already registered, polished and ready for collection. He didn'tknow anything about it until he got into the house.

He was duly informed for the umpteenth time that it was her birthday. She had chosen her car just like Nontuntuzelo Manana his girlfriend, who received a Kai Picanto for her birthday. As the main woman and principally his wife, she chosen an SUV fit for her status. Tinkhulumo tajubeka lapho and there was compliance on the part of the man to fulfil what his wife wanted and demanded for her birthday. You are not going to ignore your woman's birthday incessant pronouncements and hope to get along with. You better tune yourself that nawe ufake lokuncane lonako to remain relevant. Labanye bajita bafaka tintfo letikhulu when they had never celebrated their own birthdays. And women don't care about a man's birthday, even if they are married to him!





You tested HIV negative? Here's 4 ways to stay negative...

Congratulations on taking care of your life by testing for HIV. There are two outcomes when you test for HIV: you either test positive or negative. Both outcomes are manageable and the Government of the Kingdom of Eswatini has made it easy for the nation to get assistance to treat HIV or prevent HIV. This week's Lifeline article focuses on prevention of HIV for those who test HIV negative.



1. Voluntary medical male circumcision (VMMC)

Research shows that male circumcision can reduce the sexual transmission of HIV from females to males by 60 percent. This is a medical procedure performed by a trained doctor and nurse. Globally, VMMC is recommended as a key component of HIV prevention for countries, If you are not circumcised, visit Litsemba Letfu Men's Clinic in Matsapha or call us at 1212 to get information on a site that performs VMMC around you.



2. Pre-exposure prophylaxis (PrEP)

PrEP is a way for people who do not have HIV but who are at substantial risk of getting it to prevent HIV infection by taking a pill every day. When you have a partner who is HIV positive and you are negative, you need to consider PrEP as it can work for you to keep the virus from establishing a permanent infection. When taken consistently, PrEP has been shown to reduce the risk of HIV infection in people who are at high risk by up to 92 percent. PrEP is much less effective if it is not taken consistently.



3. Post-exposure prophylaxis (PEP)

Post-exposure prophylaxis is a medication taken after one high-risk event to prevent HIV infection. PEP should be used only in emergency situations and must be started within 72 hours after a recent possible exposure to HIV. If you think you have recently been exposed to HIV, talk to your health care provider about PEP right away.



4. Correct and consistent condom

Finally, correct and consistent condom use is important for anyone engaging in sexual activity with someone whose status is unknown or who may have been at risk of HIV infection, or when one partner is HIV positive. Using condoms consistently and correctly will help further protect you from the risks of sexually transmitted infections (STIs) and unwanted pregnancies.



We would like to hear from you. Contact us for your feedback or question. Call 1212 for free and follow us on social media.

Police ordered to pull their weight as Indonesia fights obesity

OJOKERTO Indonesian province has put .50 overweight police on a crash programme of aerobics, swimming and jogging, telling them they'd better shape up for the job.

The officers in East Java are being closely monitored on the two-week progamme and also get guidance from nutritionists and medical experts, said spokesman Frans Barung Mangera.

"We think all the selected personnel don't have the ideal body weight," said

The police force had determined that the ideal weight for an officer in kilograms should be their height (in centimetres) minus 110, Mangera said.

Indonesia has seen a spike in obesity in recent years and the World Health Organisation in 2016 estimated that at least 28 per cent of Indonesia's 250 million people were overweight.

A 2018 health survey of 300,000 families concluded that about one in five



adults was obese, media said. A sedentary lifestyle as well as a diet often rich in oil and sugar have been blamed.

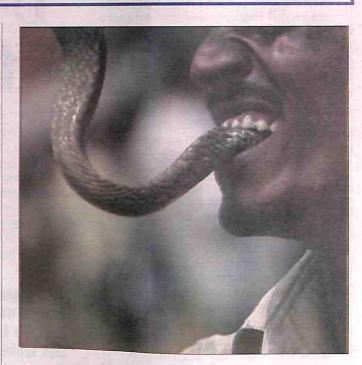
During one part of the training, the police punch their fists in the air and twist their waists to music blasted from loudspeakers.

"Being overweight makes us less agile when we are on duty and we often

fall sick," said officer Iwan Sutanto. He claimed to feel healthier after losing 3.5 kg (7.72 lb).

Police spokesman Mangera said the programme was likely to be extended to the entire province of East Java.

"Body shape determines whether the officer is fit to serve the public," said



'Definitely weird': Man bites snake

n Indian man who was Ram. bitten by a snake got his revenge on the reptile by biting it back and killing it, the man's father said on Monday.

The man, Raj Kumar, was relaxing at home, enjoying a drink on Sunday, when a snake slithered into his house in Uttar Pradesh, and bit him, said his father.

"A snake bit him. So, in turn, he bit it and chewed it into pieces," said the father, Babu

The man's family took him to hospital where the media said his condition was critical. The snake that bit him was reported to have been a rat snake, which experts regard as usually not venomous.

"This is definitely weird," said Raj Kumar's doctor, N.P Singh.

"I've seen people coming in with snake bites, but never somebody who bit a snake and then brought it with him in a bag."

(Reuters)

Man chases dog on London railway, adding to commuter heat misery

ONDON - London commuters were fuming after a man lost control of his dog at a railway station and chased it down one of the capital's busiest stretches of track, adding to transport delays on Britain's hottest July day on record.

Twitter users posted images on Thursday of the dog leaping over the another clip of a man running after it, leading to the suspension of train ser-

"Well done to the person at Waterloo who on the hottest day of the year jumped onto the track in pursuit of their dog, requiring all 24 platforms to be shut down and all power

tracks near Waterloo Station and air con turned off on waiting trains packed with people," tweeted Iain Martin, a columnist for the Times newspaper.

South Western Railway, which operates trains in and out of Waterloo, said lines were reopened about 30 minutes after the incident was reported. (Reuters)

SA Scene

Your Daily Mzansi News

LPC sends complaint about Mkhwebane to provincial office for 'processing'

OHANNESBURG - The director at Accountability Now, advocate Paul Hoffman, told the LPC: "As you know, it is intolerable that an officer of the court should be found to be lying under

The Legal Practice Council (LPC), which regulates the legal profession, was expected to deliberate yesterday whether it should approach the Supreme Court of Appeal in the case against lawyer Seth Nthai's readmission as an advocate.

Nthai, who was struck from the roll of advocates under a cloud of controversy, was allowed to practice again in terms of a ruling by the Limpopo High Court in Polokwane.

The court dismissed an application that the Johannesburg Society of Advocates (JSA) and LPC lodged for leave to appeal the ruling which allowed him to be readmitted as an advocate and to practice at all.

The JSA confirmed to News24 it intended to approach the SCA for leave to appeal against the High Court

In a separate matter, the LPC said the executive committee council had met last week and 'acknowledged' the request it received over Public Protector Busisiwe Mkhwebane's fitness as an advocate.

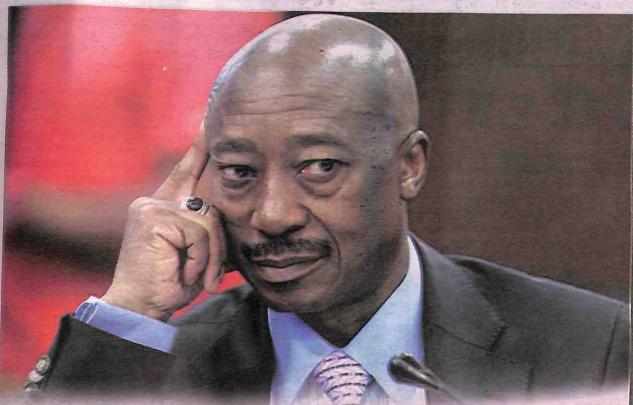
The LPC said in a statement this week it had sent the complaint to the relevant provincial office for pro-

"While the complaint is being processed, the LPC is prohibited by the Legal Practice Act from discussing the matter.'

The council received the request

in July from non-profit organisation Accountability Now following a ruling by the Constitutional Court that found Mkhwebane had acted in bad faith and put forward a "number of falsehoods" in the ABSA/Bankorp case. The director at Accountability Now, advocate Paul Hoffman, told the LPC: "As you know, it is intolerable that an officer of the court should be found to be lying under oath.

"Our highest court has so found in respect of Ms Mkhwebane. Her response that the judgment of the court creates a bad precedent is contemptuous of the court and does her no cred-



MOYANE THREATENS after Zikalala's apartheid spy remark LEGAL ACTION

OHANNESBURG - ANC Veterans' League Chairperson Snuki Zikalala has said former SA Revenue Service commissioner Tom Moyane can take him to court, after he

remarked that Moyane might have been an apartheid spy. This comes in the wake of Moyane threatening to take Zikalala to court, following his allegation on Power FM on

Wednesday. Zikalala is one five ANC stalwarts who penned a discussion document on counter-revolution and state capture, and used Moyane as an example of functionaries who incapacitated the state.

The stalwarts included Wally Serote, Aziz Pahad, Thami Ntenteni and Fazel

Speaking to Daily News on Thursday, Zikalala said while he could not allege that Moyane was a spy, he could have been used by apartheid agents, and that his credentials were questionable.

"As veterans, we cannot go around saying people are spies without evidence, but what we are saying is that his credentials are questionable.

"How he left the country, and what he has been doing makes him questionable. This warrants a thorough investigation by the ANC," Zikalala said, adding he was not fazed by Moyane's threat to take legal action against him over his

"I am not fazed by his intention to take me to court. He must take the whole document to court. The manner in which he went into exile with a suitcase, books, new clothes and flew by plane was questionable. "It was very suspicious. Going into exile was not a nice journey, like his," he said. Zikalala said Movane could have even dramatised his experiences in exile, and lied about his alleged attack in his house because there was not a shred of evidence to his claim. Political

'ANC's 'nefarious plot' to remove Mashaba no surprise'

OHANNESBURG Questions have been asked as to whether a repeat of the Nelson Mandela Bay Metro episode, where a coalition led by the Democratic Alliance (DA) and Mayor Athol Trollip were ousted, will occur in Johannesburg where a plan is allegedly brewing to get rid of Mayor Herman Mashaba.

The ANC Greater Johannesburg branch confirmed that it had instructed its councillors in the city council to table a no-confidence motion in Mashaba and his executives.

It remains to be seen if the Economic Freedom Fighters (EFF) would support the motion but its recent decision not to support either the DA or the ANC in councils put Mashaba's job on the line.

But Mashaba says this is a nefarious plot to derail service delivery

progress made by his administration to improve the lives of Johannesburg's people.

Mashaba confirmed he learned of the ANC's plan to remove him from SANCO members who marched to his office last week.

"The ANC is determined to prevent a situation where it must contest a 2021 election in Johannesburg comparing its dismal record of failure against the successes of the multi-party government, and for its campaign to be deprived of the proceeds of corruption," Mashaba said.

The DA took over the administration after the 2016 municipal election, replacing the ANC. Although the ANC had 121 seats, the DA, with 104 seats, managed to form a minority government through a coalition with smaller parties.

Citizen

ANC, BUSA, BLSA to make voices heard on political party funding act

APE TOWN - Public hearings on draft regulations for the Political Party Funding Act continued yesterday morning with input from business.

Thursday saw the Democratic Alliance (DA), civil society organisations like My Vote Counts, which took the matter to the Constitutional Court, and trade union federation Cosatu make submissions for and against some of the regulations.

Today will see business organisations like Business Unity South Africa and Business Leadership South Africa, as well as other political parties make further submis-

ANC Spokesperson Dakota Legoete

said the party would raise issues regarding the threshold amount in terms of declaring funding when the party makes its submission today.

Submissions have called on the funding threshold to be lowered from R100 000 to R50 000 so it covers even smaller parties.

IEC Chief Executive Sy Mamabolo said the submissions on day one of the hearings were of a technical nature and would be taken into account."There are also submissions which are very weighty and of a substantial nature."

He said the regulations would hopefully be ready by the local government elections in 2021.

EWN

Ramaphosa has constitutional duty to ensure PP's effectiveness, court told

OHANNESBURG - Legal representatives for Public Protector Busiswe Mkhwebane have accused President Cyril Ramaphosa of failing to uphold his constitutional duties by joining in insults against her. The case between the president and

the public protector was heard in the High Court in Pretoria on Thursday.

It related to the pension payout to former South African Revenue Service (SARS) Deputy Commissioner Ivan Pillay when he took early retirement.

Mkhwebane found that Public Enterprises Minister Pravin Gordhan improperly and unlawfully approved the payout for Pillay who later returned to the revenue service on a fixed-term contract in the same position.

She wanted the president to take action against Gordhan but Ramaphosa was challenging this. Advocate Dali Mpofu represented the Public Protector: "The president, let alone Mr Gordhan who has the same duty, for the president who has a constitutional duty to assist the Public Protector, to ensure her effectiveness, to ensure that her dignity is maintained in terms of Section 181, constitutional duties..."Judgment has been reserved. EWN



PEACE: Mozambique's President Filipe Jacinto Nyusi addresses the 71st session of United Nations General Assembly at the UN headquarters in New York on September 21, 2016.

MOZ GOVT, OPPOSITION SIGN HISTORIC PEACE PACT

APUTO - Mozambican President Filipe Nyusi and Renamo opposition leader Ossufo Momade on Thursday signed a landmark agreement aimed at formally ending decades of military hostilities, state TV said.

The signing took place in the Gorongosa National Park in central Mozambique, nearly 27 years after the end of the southern African country's first civil war.

The two leaders hugged after penning the deal on a mounted stage in Gorongosa where a white tablecloth carried the inscription "Peace: Final agreement on cessation of hostilities", according to live broadcasts of the ceremony.

Thursday's agreement brought an end to a long peace negotiation process initiated by Renamo's historic leader, Afonso Dhlakama, who died in May last year, and comes just months before general elections in October.

"We want to assure our people and the world that we have buried the mindset of using violence as a way of resolving our differences," Momade, the new Renamo leader who succeeded Dhlakama, said

Nyusi said this agreement opens a new era in the history of our country in which no Mozambican should use weapons to resolve conflicts". "The act we have just witnessed shows our commitment to permanent and lasting peace," Nyusi said. "Today, August 1, a new child was born." Soon after Mozambique gained its independence from Portugal in 1975, Renamo fought a brutal 16-year civil war against the Frelimo government, a conflict that left one million people dead before the fighting stopped in 1992.

The rebel movement then entered politics after a 1992 peace pact which was signed in Rome, paving the way for multi-party elections in 1994.

Renamo (the Mozambican National Resistance Movement) lost that vote and subsequent elections and became the official opposition party.

In October 2013 Renamo declared the end of the 1992 peace deal after the military raided its bush camp in central Sathundjira.

4 killed in renewed protests in Sudan

Continental News

HARTOUM - At least four protesters were killed and many injured by gunfire in the Sudanese city of Omdurman on Thursday, opposition medics said, as hundreds of thousands took to the streets to pile pressure on the country's military rulers.

Organisers had called for a millionperson march in cities across Sudan in response to the killing of young protesters in El-Obeid, southwest of the capital Khartoum, earlier this

Thursday's killings, reported by the Central Committee of Sudan Doctors, one of the main protest groups, came as opposition leaders said there had been some progress in talks with the military on reaching a deal to form a new government after the ousting of long-time leader Omar al-Bashir.

Pressing

Sudan has been gripped by months of political turmoil that climaxed in the army overthrowing Bashir in April. The opposition has kept up protests, pressing the army to hand over to civilians.

Despite signing a deal in July which secured a three-year transition period and a joint sovereign council with a rotating leadership, talks over the wording of a constitutional declaration on the changes have stumbled.

"The agreement is really now just around the corner," Satea al-Hajj, a leader in the Forces of Freedom and Change (FFC) coalition of opposition groups, said in a press conference in Khartoum on Thursday.

Negotiations were set to restart later on Thursday, the spokesman for the military council said.

The opposition had demanded that members of the sovereign council,

which is intended to lead the country until elections are held, should not be granted blanket immunity from prosecution for past crimes. But FFC leaders said on Thursday they had agreed that they could be granted only 'procedural immunity' - meaning top officials could be tried with the permission of two-thirds of the legislative council.

Sudanese pro-democracy activists have posted videos on social media showing thousands of people taking to the streets in the capital, Khartoum. Picture: AP

The opposition leaders said both sides also agreed another key point, reaffirming that the parties included in the FFC would have 67% of the legislative council while the rest will be granted to other opposition and political groups.

Sudan's ruling military council did not immediately confirm the details of the agreements.

In Omdurman, across the Nile from Khartoum, protesters chanted "it's too bad, it's too bad, we don't have an army," expressing anger at the army for not protecting protesters.

Footage posted on social media also showed protests breaking out in El-Obeid, the state capital of North Kordofan state, and Wad Medani, the state capital of Jazeera state, southeast of the capital on the Blue Nile.

The Sudanese Professionals Association, the main protest group and a leading voice in the FFC, had called for those responsible for Monday's killings in El-Obeid to be brought to justice.

The FFC accused military and paramilitary forces of firing on the high school pupils as they protested over bread and fuel shortages. *Reuters*



Equatorial Guinea's president marks four decades in power

ALABO - Equatorial Guinea's Teodoro Obiang Nguema is celebrating 40 years in power, a record time for any current president in the world.

The 77-year-old leader is grooming his 51-year-old son Teodorin and his current vice president to take over the top job of the small oil state in central Africa.

Teodoro Obiang came into power on August 3, 1979, he and his

officers overthrew his uncle, Francisco Macias Nguema, who was shot two months later.

President Obiang managed to escape the threats of coup d'état and worked hard to command powerful security services under his direct authority.

Since coming to power, he claims to have foiled at least 10 coup attempts or assassinations and, at each attempt, Malabo has accused the army, the opposition or foreign powers alternately.

The latest episode to date, Malabo foiled a coup attempt in December 2017. The alleged perpetrators, more than 130 people, including many foreigners, were sentenced in June to prison terms ranging from three to 96 years. On the other hand, the 1979 coup was described by the authorities as a "Coup de liberté".

It will be celebrated torday in three cities across the country, including Bata, the economic capital, Mongomo, the president's hometown, and Djibloho, a

new city built in the middle of the jungle with petro-dollar money, symbolizing the transformation of this small country, the only Spanish-speaking country on the continent.

Teodoro Obiang Nguema, first leader of a country with few resources and treated with sufficiency by other African presidents, benefited from the discovery of oil in territorial waters in the early 1990s.

AFP

BRIEFS

Academic faces sentence for insult

KAMPALA - Dr Stella Nyanzi, from Makarere University in the capital Kampala, was due to be sentenced yesterday after being found guilty of insulting President Yoweri Museveni, his wife Janet and his late mother Esteri Kokundeka in a Facebook post. In March 2017, Nyanzi referred to Museveni as "a pair of buttocks." She could face a three-year prison sentence or a fine of 72 currency points with each point valued at US\$5, the East African reported. The charge under The Computer Misuse Act has been a test case on reigning in cyber-based criticism.

African News Agency

Mogadishu mayor dies in hospital

MOGADISHU - The mayor of Somalia's capital Mogadishu has died of wounds sustained in a suicide bomb attack on his office, government officials said on Thursday. He died in Qatar where he had gone for treatment after the attack.

he had gone for treatment after the attack.

Abdirahman Omar Osman was a naturalised Briton who returned to Somalia to help rebuild the wartorn country after serving as a councillor for the Labour party. He sustained serious injuries when a suicide bomber from the al Shabaab militant group struck while a meeting was being held at the municipal government headquarters last week, killing six senior local government officials. *Reuters*

Zim's electricity up by a double

HARARE - Zimbabwe's finance minister has more than doubled the cost of power. The country has been facing chronic power shortages since May and daily blackouts last for up to 18 hours in most areas. In a mid-term budget review, Finance Minister Mthuli Ncube hiked the price of power, from 10 cents per kilowatt hour to 27 cents. That's for farmers and ordinary households. Miners and exporters will have to settle their electricity bills in US dollars, at a rate of between six and nine US cents per kilowatt hour. The state power company had been pushing for an upward review of its prices to help it remain viable. EWN

Rwanda re-opens border

KINSHASA - Rwanda reopened its frontier with DR Congo on Thursday after closing it for eight hours following a new case of Ebola in the Congolese border city of Goma, Kinshasa said. "Traffic between Goma and (the neighbouring Rwandan city) of Gisenyi resumed on Thursday afternoon after being closed in the morning without explanation," a statement from the Congolese presidency said.

"The border has been reopened and people can move in both directions," the statement said. Fears that Ebola could spread into neighbouring countries have mounted since mid-July, when the disease claimed its first fatality in Goma, a city of two million people that lies adjacent to Gisenyi, a city of more than 85 000. AFP

prise second behind populist euroscep-

tic Nigel Farage's Brexit Party in the

European Parliament elections in

Farage's candidate ate into the

Conservative's support by picking up

3 331 votes. The main opposition Labour Party once a dominant force

in Wales came in a distant fourth with

just 1,680. "My very first act as MP

when I arrive in Westminster will be to find Boris Johnson wherever he is

hiding and tell him loud and clear stop playing with the futures of our

communities and rule out no-deal Brexit," a visibly relieved Dodds

said. The election was viewed as a

test of strength for the "Boris bounce"

Focus on World News

Global News



KOREA FIRES WEAPONS AGAIN

EOUL - North Korea fired what appeared to be short-range ballistic missiles twice yesterday into the sea off its eastern coast in its third round of weapons tests in just over a week, South Korea's military and presidential office said.

The increased testing activity is seen as brinkmanship aimed at increasing pressure on Seoul and Washington over stalled nuclear negotiations. North Korea also has expressed frustration at planned US.-South Korea military exercises, and experts say its weapons displays could intensify in coming months if progress on the nuclear negotiations isn't made. By test-firing weapons that directly threaten South Korea but not the U.S. mainland or its Pacific territories, North Korea may also be trying to dial up pressure on Seoul and test how far Washington will tolerate its bellicosity without actually causing the nuclear negotiations to collapse. Seoul's Joint Chiefs of Staff said the launches were conducted at 2:59 a.m. and 3:23 a.m. from an eastern coastal area and said the projectiles flew 220 kilometers (137 miles) on an apogee of 25 kilometers (15 miles) and at a max speed of Mach 6.9.

South Korea's presidential office, which held an emergency meeting presided over by chief national security adviser Chung Eui-yong to discuss the launches, said the South Korean and U.S. militaries shared an assessment that the projectiles were likely newly developed short-range ballistic missiles the North has been testing in recent weeks. However, the office said further analysis was needed because the projectiles showed similar flight characteristics with the weapons that the North test fired on Wednesday and described as a new rocket artillery

Kim Eun-han, a spokesman for South Korea's Unification Ministry, said the Seoul government expressed "deep regret" over launches that it believes could hurt efforts for peace on the Korean Peninsula. Japan's defense ministry said it was analysing the launch and that the projectiles did not reach Japanese territorial waters or its exclusive economic

The North fired short-range ballistic missiles on July 25 and conducted what it described as a test firing of a new multiple rocket launcher system on Wednesday.

Boris Johnson suffers first leadership blow in by-election European Union saw it come a sur-

ONDON - Britain's Boris Johnson lost his first test as prime minister yesterday after his candidate was edged out by a pro-EU rival in a by-election that slims his parliamentary majority to one.

Thursday's vote in the Welsh sheep farming community of Brecon and Radnorshire offered a stark choice between a Brexit-backing candidate from Johnson's Conservative party and a Liberal Democrat who wants to preserve Britain's four-decade stay in the EU. Johnson dropped by the region on Tuesday to help out Chris Davies a Conservative MP who was forced to step down after becoming embroiled in an expanses scandal. Davies protested his innocense and contested the seat again but the Liberal Democrats' Jane Dodds received 13 826 votes to Davies' 12,401



BLOW: Britain's PM Boris Johnson.

that has helped the Conservatives regain a slim lead in some national opinion polls. Control of Brecon and Radnorshire has swung between Liberal Democrats and the Conservatives since the 1990s. AFP

Trump targets China with tariffs on \$300bn in goods

YASHINGTON - US President Donald Trump announced on Thursday he will hit China with punitive tariffs on another US\$300 billion in goods, prompting Beijing to warn it was the wrong way to resolve the trade war.

Trump's move jolted US and Asian stock markets and came just a day after US and Chinese trade negotiators revived

talks aimed at ending the year-long dispute. The announcement means virtually all of the US\$660 billion in annual trade between the world's two biggest economies will have tariffs on it.

The 10 percent duties will take effect September 1, and come on top of the 25 percent tariffs on US\$250 billion in imports already in place.

Trump later raised the possibility he

could increase the duties further.

"The 10 percent is... for a short-term period and then I can always do much more or I can do less, depending on what happens with respect to a deal," he said at the White House, adding, "it could be lifted up to well beyond 25 percent."

After resuming face-to-face talks in Shanghai this week, trade negotiators were set to reconvene in Washington in early September for another round of discussions, which means they will take place just after the new tariffs take effect.

"Slapping on tariffs is definitely not a constructive way to resolve economic and trade frictions, it's not the correct way," Chinese Foreign Minister Wang Yi said in brief remarks on the sidelines of a regional meeting of top diplomats in Bangkok yesterday.

China has yet to say whether and how it will retaliate, but it has hinted in recent months that it could restrict exports of rare earths, which are vital to the US tech industry, and it is also working on a blacklist of "unreliable" companies that could target US firms.

When he announced the tariffs on Twitter, Trump said Beijing had agreed "to buy agricultural product from the US in large quantities but did not do so."

Just hours earlier, China had said it had started to make more purchases of US farm goods. AFP

BRIEFS

Sanctions push Syrians into poverty

DAMASCUS - Mohammed Haji Abed drives his yellow taxi through the busy streets of the Syrian capital for about 12 hours a day, toiling in the sweltering summer heat but earning barely enough for his family of five to get by. It was easier for him to make ends meet at the height of his country's civil war, when rebels regularly lobbed mortars into Damascus from their strongholds on the outskirts of the city. In the past year, as the Trump administration tightened sanctions on Syria and re-imposed sanctions on its chief regional ally, Iran, living conditions have become steadily worse, compounding the daily struggles of a wom-out population that has lived through eight years of conflict. AP

Blasts hit Bangkok

BANGKOK - Six bomb blasts wounded at least four people at three sites in Bangkok on Friday, as the Thai capital hosted a Southeast Asian security meeting with top diplomats from the United States, China and other world powers. The first small explosions were heard during rush hour, just before 9 am (0200 GMT) at two sites near central Bangkok. A third blast was heard shortly afterwards at a government complex hosting several ministries on the northern side of the city. Four people were wounded, the Erawan Medical Center said. It added that "none are serious and all are receiving medical attention at hospitals."

Women allowed to travel independently

YEMEN - Women in Saudi Arabia can now travel abroad without a male guardian's permission, royal decrees say. Under the new rule announced vesterday, women over the age of 21 can apply for a passport without authorisation from a male guardian. All adults can now apply for a passport and travel, putting women on an equal footing to men. The royal decrees also grant women the right to register child birth, marriage or divorce.

They also cover employment regulations that expand work opportunities for women. Under the rule, all citizens have the right to work without facing any discrimination based on gender, disability or age. BBC

frump has no problem with latest test

WASHINGTON - North Korea carried out its third weapons test in eight days yesterday, according to the South's military, but US President Donald Trump said he had "no problem" with the spate of launches by Pyongyang. The nucleararmed North is barred from ballistic missile tests under UN resolutions and its actions have drawn condemnation from European members of the Security Council but a comparatively sanguine response from Trump, who has met North Korean leader Kim Jong Un three times, generating global headlines on each occasion.

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TERMS & CONDITIONS

DEAF UPHOLSTERY EXPERT

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CHEAP, FAST & VERY NEAT

NDEX

1. NOTICES

General Notices Legal Notices Church Notice:

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DEATHS





Funeral: 03/08/2019 Vigil: 02/08/2019 Place: eSivalo

Kwatiswa tihlobo nebangani bamake Jenneth Ndwandwe ulaMthupha kutsi akasekho emhlabebeni kwatiswa bakaMthupha u Msahhweni, Enkhomanzi neMalangeni eNginamadvolo ekhabonina nelibandla lakhe leBlack Mbuluzi Methodist Church, I memorial ingaleSihlanu nga 1pm esontfiveni lakhe eWeseli utofihlwa kaDvokolwako eSivalo nge Mgcibelo. Lebekatiwa ngekutsi ngugogo Mthupha. Simemetelo sikhishwa ngMdeni wakhe Kanye nebantfwabakhe, Longasekho ngulenneth Ndwandwe ula Mthupha.

Samuel Themba Mamba



Funeral: 03/08/2019 Vigil: 02/08/2019 Place: eLwandle

Kwatiswa tihlobo nebangani baSamuel Themba Mamba kutsi akasekho emhlabeni. Kwatiswa bakaMamba Engudzeni, basekhabonina ka Ndlangamandla Emanyandeni nebakaHlophe eMponono ekhakhakhe Kanye nebelibandla lakhe eGwamile Apostolic World Faith Church. Utawufihlwa ekhava lakhe Elwandle ngeMgcibelo mhlaka 3 August 2019 emvakwemlindzelo kutaba nenkonzo yesikhumbuto Esontfweni Emasekweni Lwandle nga 3;00 entsambama ngaleSihlanu. Simemetelo sikhishwa ngu Sithembiso Mamba indvodzana yakhe egameni lemneni.

Death brings pain that time can only

heal, no words could ease what we

truly feel but with God, her joy is

eternally sealed, and cherish her

memories that death can't even

Condolences

Thandiwe Ndzandzane Zwane nee Nkambule



Funeral: 04/08/2019 Vigil: 03/08/2019 Place: eKutsimleni

Kwatiswa tihlobo nemdeni waThandiwe Ndzandzane Zwane nee Nkambule lobengu Archbishop wase Gayimashini Church in Zion kutsi akasekho emblaheni ufihlwa ngeLisontfo. Kulindzelwa ngeMgcibelo inkonzo ingena nga 21hrs ekhaya kakhe eKutsimleni siteshi Emcozini ngase High School.kwatiswa bakaZwane ekhakhakhe kuMtsambama e Mankayane bakaNKambule kuBulunga nakuMaliyaduma nabomake bomiikelo eLuve libandla lakhe Gayimashini kubabe Archbishop Z.Zwane. lokhipha simemetelo ngumyeni wakhe Archbishop Zephania

Annie Mannoni Malanna nee Mpungose



Funeral: 03/08/2019 Vigil: 02/08/2019 Place: Mbekelweni

Relatives and friends of Mrs Annie Nanzeni Mpungose are notified of her death. Memorial service will be held at St Paul's Methodist Church on 02/08/19 from 12 noon. She will be laid to rest on 03/08/19 at her home Mbekelweni, Mpholi after a night Vigil. Announcement by

Nondumiso Oratswedy



Funeral: 04/08/2019 Vigil: 03/08/2019 Place: eMfabantfu

Kwatiswa tihlobo nebangani ba Nondumiso ORATSWEDY Dlamini kutsi akasekho emhlabeni. Abesebenta e EDGARS ACTIVE BHUNU MALL MANZINI. Imemorial itawuba nga 2.00 pm ngalesihlanu eLoyalty house next to ukukhanva okusha Church in Zion. Kunemlindzelo ekhaya eMfabantfu ngemgcibelo afihlwe ngelisonfto ngelisiko leMalangeni. REST IN PEACE GWALAGWALA



Victoria Thandive Simelane laSihlongonyane



Funeral: 03/08/2019 Vigil: 02/08/2019

Kwatiswa tihlobo neMndeni taVictoria Thandiwe Simelane laSihlongonyane kutsi akasekho emhlabeni. kwatitiswa nebekhabonina eKutsimleni kaMntfwane Nkosi lo Malombo. Utawufihlwa ngeMgcibelo mhlaka 3 Inci emvakweMlindzelo. Simemetelo sikhishwa nguMndeni.

Dumisani Clement Mbingo



Funeral: 04/08/2019 Vigil: 03/08/2019 Place: eKuzeni

Kwatiswa tihlobo nemdeninebangani ba Dumisani Clement Mbingo, kutsi akasekho emhlabeni utawufihlwa ngeLisontfo emvakwemlindzelo eKudzeni esibozini mhlaka 04-08-19. Kwatiswa baka Mbingo basemsebentini eRoyal Swazi Airways nebase Sonftweni lakhe COC phansi kwa Bishop G-Gama. Simemetelo sikhishwa ngmndeni.

REST IN PEACE



Rose Dolly Dlamini (Gogo Gumedze)

AND THE PROPERTY OF THE PROPER



Funeral: 03/08/2019 Place: eMbekelweni

Kwatiswa tihlobo nemndeni wa Rose Dolly Dlamini (Gogo Gumedze) kutsi akasekho emhlabeni. Utawufihlwa ngemgcibelo ekhaya lakhe eMbekelweni ku Bhodo, kwatiswa bakubo eNhlambeni ekhakhakhe eLuyengo. Simemetelo sikhiswa ngu Bheki Dlamini indvodzana yakhe.

Daniel Shigashiga Sifundza



Funeral: 03/08/2019 Vigil: 02/08/2019 Place: kaShewula

shigashiga Sifundza. Kwatiswa tihlobo nebangani baDaniel Shigashiga Sifundza lobekangu thishela, kutsi akasekho emhlabeni ufihlwa ngeMgcibelo 03 august ekuseni ekhaya lakhe kaShewula kaMswati. Simemetelo sikhishwa nguMndeni.



Boy Ellard Maseko



Funeral: 03/08/2019 Vigil: 02/08/2019 Place: Gelekeceni

The Maseko Family is sad to announce the passing of Boy Ellard Maseko. Funeral to be held at Ezulwini, Gelekeceni on Saturday 3 August 2019 after a night vigil on Friday. Announcement by his wife on behalf of the Maseko Family.

It's almost unbearable when so much hope turns in deep sorrow wishing you much strength

Though He slay me, yet will I hope in him; I will surely defend my ways to his face.

The LORD is close to the broken-hearted: He rescues those whose spirits are crushed.

It's almost unbegrable when so much hope turns in deep sorrow wishing you much strength



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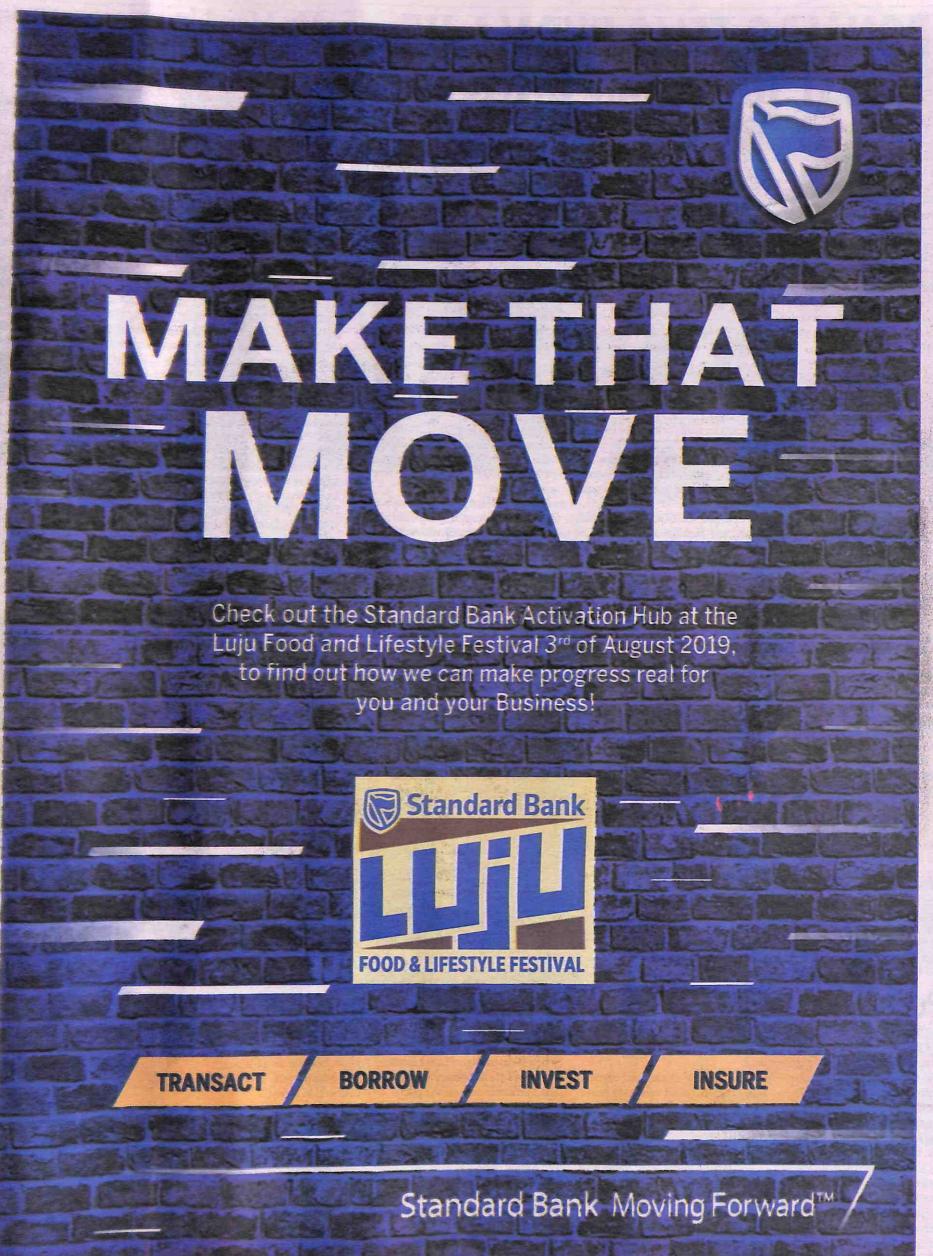








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RONALDO TELLS DYBALA HE MUST JOIN MAN UNITED

URIN - Manchester United great Cristiano Ronaldo has told his Juventus team-mate Paulo Dybala he must move to Old Trafford to become a champion.

Following Dybala's return to Turin on Thursday, he asked for Ronaldo's advice in the players' WhatsApp group over the potential move to Old Trafford, a deal which would see Romleu Lukaku move the other way.

Ronaldo is understood to have approved of Dybala's move to Manchester, citing that he became a 'champion' during his trophy-laden six-year stint at the club.

It is a resounding endorsement for United and could be the biggest step yet in their move to capture the talented 25-year-old Argentina international. Ronaldo, along with club director Fabio Paratici and vice-president Pavel Nedved, is thought to be one of the strongest voices at the club and his advice is not taken lightly.

Having nudged Matthijs de Ligt to Turin earlier this summer with a pat on the back in the Nations League match between Portugal and the Holland, Ronaldo now appears to have played another pivotal role in one of the transfer deals of the summer.

Dybala's time at Juventus is over and



MOVE: Paulo Dybala and Cristiano Ronaldo.

the striker wants to leave for the right

He wants to prove himself elsewhere and, according to the advice given by Ronaldo, Manchester is the best place for him.

Ronaldo's seal of approval will help quell any feelings of doubt held by Dybala - it is understood he would prefer to be playing Champions League football - while also helping to facilitate Lukaku's Old Trafford exit.

Maurizio Sarri is an admirer of Lukaku's and his capture will help fill the void left by Dybala, who has scored 78 goals in 182 games during his four years at Juve.

Sportsmail understands Dybala is now ready to accept United's offer and once again, 10 years after Ronaldo left the club, United will have to offer their gratitude to one of their greatest ever players.

Daily Mail

My Man United success is undervalued - Mourinho

ONDON - Jose Mourinho opened up on how his public persona differs to his personal life, and insists his successes at Manchester United were not fully appreciated.

In an exclusive interview with Sky Sports News, Mourinho spoke candidly about his time at Old Trafford, and believes winning the Europa League in 2017 and finishing second to 100-point Manchester City in 2018 constituted real success.

The 56-year-old, who holds a higher Premier League win percentage than Jurgen Klopp, Mauricio Pochettino and Arsene Wenger, is enjoying time out of the game after leaving United in December, and gave a fascinating insight into his character off the pitch.

Differs

Asked why his persona differs on and off the pitch, Mourinho said: "It's probably my fault. I am very closed. When I am working I need my loneliness. The football manager on many occasions is a lonely man. Lonely with his thoughts. Lonely with his feelings. Lonely with his decisions. You can have staff and people that work with you but the key word is decision, only one in charge of decisionmaking.

"So maybe it's my fault because

the tendency is to close myself in a shell. Then also my fault because what people see is the 90 minutes. The way you behave in the game, the way you appear on camera. People who see me in street say: 'Oh you look younger. Oh I thought you were a little bit fatter, you look slimmer. Oh you are taller, we thought you were small'.

"So I think TV changed the perspectives.

Natural

"I am what I am. I don't act. I see people acting. I don't act. Everything is natural. When I'm on the bench and don't celebrate a goal it's natural, I am focused on what is coming. It's natural when I grab the bottles of water and throw them. It's natural when I kick a bottle. What you see is what it is. If I have reason to smile, I smile. I love to smile. I cannot explain.'

Mourinho arrived at Old Trafford in 2016 - "the job that everyone wants" - winning the EFL Cup and Europa League in his first campaign.

He says the second-place finish in 2017/18 was an even bigger achievement, but admits he was surprised at the criticism he received and thought the success deserved more credit.

Sky Sports

BAXTER CALLS IT QUITS

OHANNESBURG - Bafana Bafana coach Stuart Baxter has announced his decision to step down as the coach of the national team with immediate effect.

Baxter has yesterday called time on his role as Bafana gaffer two years after returning to the helm for a second bite at the cherry.

The British tactician guided the national team to the quarterfinals at the recent 2019 Africa Cup of Nations but has decided that he no longer has a role to play in the national structures.

The decision comes after he was pressed about his contribution to the progress of the senior men's team as they failed to qualify for the 2018 FIFA World Cup, and "What I'm going to do next, I don't



QUITS: Stuart Baxter.

know," commented Baxter on his next steps.

"It's been an honour to work with the national team, and I don't think anybody could have done more than I have done - I've scouted in Europe, with young players, etc.

"With Vision 2022, I think SAFA's got a bright future, but we've got to all get on the same page and support the national team." Kick-Off

'Downs complete 3rd signing SHWANE - Mamelodi Sundowns have completed details of it in due course. Confirms their third signing of the new season with midfielder Sammy

It was reported by the Siya crew that the Brazilians were close to landing the player's services, with sources close to the deal confirming that the move for the 24year-old to Chloorkop had already been agreed to in principle.

Seabi, who joins from Polokwane

Crew

The Siya crew has been reliably informed that the Polokwaneborn player has completed the move to the Brazilians, with the club expected to announce the

Seabi becomes the third player signed by Sundowns in this transfer window, after Uruguayan striker Mauricio Affonso, as well as former Free State Stars defender Nyiko Mobbie, whom coach Pitso Mosimane has confirmed that he will be going out on loan for the 2019/20 season.

Laduma

THIRD SIGNING: Sammy Seabi

Pulisic hopes he's 'earned the respect' of his team-mates

ONDON - Chelsea new boy he felt he needed to prove him-said. self to his team-mates, but thinks scoring his first goals for the club in a preseason friendly against Red Bull Salzburg may have gone some way to doing so.

Pulisic is the only new face on the playing staff at Chelsea as they deal with a transfer ban imposed by UEFA. He was signed in January from Dortmund, and the pressure of moving to the Premier League has been intensified by the departure of Eden Hazard from Stamford Bridge.

The United States international doesn't see himself as Hazard's replacement though, wanting to be seen as his own man.

"It was a big relief to score my first Christian Pulisic has admitted goals for Chelsea," the 20-year-old

"Being a new signing and coming into the club, I felt I needed to prove myself and wanted to show the guys early on, especially my team-mates, that I can play too. Hopefully I have done that a bit and earned their respect.

"It's what I'm out there to do. I'm in an attacking position. I want to score goals, I want to help with assists and do a lot of good things.

"I'm not trying to fill the gap left by Eden, he was an unbelievable player. I want to be my own player, to look at me like that, do the best I can for the team."

One figure in the stands of Wednesday's game was Chelsea owner Roman Abramovich.

Pulisic was introduced to the Russian by new Blues manager Frank Lampard, but he says the billionaire's presence didn't influence him on the pitch.

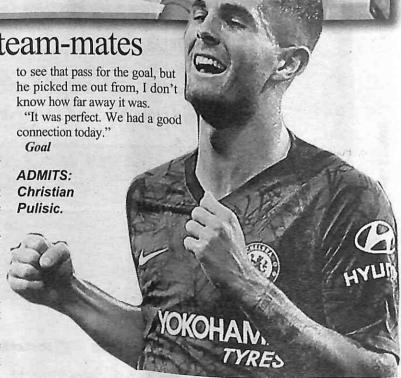
Scored

"I wasn't thinking about the owner being there when I scored. But it's great, he said 'hello' to us after and it was a good night. He said 'welcome to the club', just being nice."

One player that Pulisic has already developed a relationship with is Ross

The England international provided an inch-perfect pass to the American for his second goal and he was quick to praise the ex-Everton man.

"He's an easy guy to play with," he added. 'I wasn't sure that he was going



ARSENAL SMASH THEIR TRANSFER RECORD TO SIGN £72M PEPE

ONDON - Arsenal have confirmed the signing of Nicolas Pepe in a £72 million (\$87m)

The Ivory Coast international becomes the club's fourth signing of the transfer window and the deal smashes the club's transfer record, which was previously set by Pierre-Emerick Aubameyang's £56m (\$68m) move from Borussia Dortmund in 2018.

Pepe has been in England since Tuesday morning when he travelled to Arsenal's training centre at London Colney to undergo a medical and meet his new team-mates. And - despite a slight delay in finalising the paperwork - the Gunners have officially announced the capture of the 24-year-old from Lille.

"Nicolas is a highly-rated and talented winger who was wanted by many of the top teams in Europe," said Arsenal boss Unai Emery.

"Signing a top-class winger has been one of our key objectives in this transfer window and I'm delighted he's joining. "He will add pace, power and creativity, with the aim of bringing more goals to our team."

Pepe's arrival will be a massive boost to Unai Emery, who has been desperate to bring in a winger who will be able to offer genuine support for Aubameyang and Alexandre Lacazette in the final



DONE DEAL: Nicolas Pepe.

third. Arsenal did try to bring in Wilfried Zaha from Crystal Palace, but saw a £40m (\$49m) offer knocked back by the south London club.

A second bid was expected, with Zaha keen on a switch to the Emirates, but Palace refused to budge on their £80m (\$97m) valuation and were not interested in a deal that would be structured over a number of years.

So Arsenal turned their attention to Pepe, who scored 22 goals for Lille last season and contributed 11 assists.

The Gunners fought off strong com-

petition from Napoli for the winger and it is believed they will pay an initial fee of £20m (\$24m) up front before paying off the remainder of the £72m price tag over the five-years of Pepe's contract. Pepe follows Gabriel Martinelli, Dani Ceballos and William Saliba through the door at Arsenal this summer.

The Gunners will now look to finally strike a £25m (\$30m) deal with Celtic for left-back Kieran Tierney, having already seen two bids rejected by the Scottish champions for the 22-year-old.

David Haye calls for critics to lay off Whyte amid anti-doping controversy

ONDON - Former world heavyweight champion David Have has criticised people 'jumping on the bandwagon' by condemning Dillian Whyte before any possible failed drugs test is officially confirmed.

Whyte has been provisionally suspended by the World Boxing Council pending an investigation into an adverse finding in a test prior to his recent bout against Oscar Rivas.

The Londoner was cleared to fight by UK Anti-Doping and the British Boxing Board of Control and went on to win the WBC's interim title and the right to challenge champion Deontay Wilder after his unanimous decision win. UK Anti-Doping officials have yet to comment on the matter while the BBBC said it deferred its antidoping programme and sanctions to

And former WBA champion Haye believes caution is needed until any misdemeanour is confirmed.

He told PA: 'If it turns out to be incorrect, then there needs to be some compensation paid because it's definitely hurt his brand, distracted him as a fighter and it's potentially a terrible thing.

'Hopefully it all gets smoothed out, it's also hurting boxing. Boxing doesn't need headlines like this - particularly if they turn out to be wrong.'

Tournament

Haye, currently competing in Goliath, the world's biggest poker tournament outside of Las Vegas, added: 'A lot of people have jumped on the bandwagon stating these alleged facts as real. 'Nobody is guilty until proven innocent - it's the other way around.

'As far as I'm aware, from my limited sources, there was a hearing before the fight. Whoever was in that hearing was satisfied with whatever they heard and decided he was cleared to fight. Daily Mail

Canelo Alvarez stripped of his IBF middleweight world title

TEW YORK - Canelo Alvarez has been stripped of the IBF middleweight world title after failing to reach an agreement with his mandatory chal-

The Mexican sensation unified his WBC and WBA 'Super' world titles with the IBF by outpointing Daniel Jacobs in an entertaining clash back in May.

Canelo was ordered to fulfil his obligations as the IBF champion and fight the governing body's No ranked fighter Sergiy Derevyanchenko in his next bout, but the two parties failed to strike a deal despite extensions being made to the deadline.

The middleweight champion's promoter, Oscar De La Hoya, described the IBF's decision to take the title off him as 'an insult to boxing' in a tempered tirade against the organisation in which he also vowed ... for failing to fight his mandatory challenger... as promoter Oscar De La Hoya calls the decision 'an insult to boxing'

to take legal action.

The Golden Boy promoter said: We are extremely disappointed at the IBF for forcing the world's best fighter to relinquish his world title. We have been in serious negotiations with Sergiy Derevyanchenko's promoter.

We offered his team an unprecedented amount of money for a fighter of his limited stature and limited popularity, but the truth is that I'm now certain they never had any intention of making a deal. But instead they wanted to force us to relinquish Canelo's belt.

Daily Mail

Why In-demand keet turned down PSL For Belgium

OHANNESBURG - Darren Keet turned down offers from South Africa in order to sign for OH Leuven in Belgium, and now - as he gets to work at his new club - he has explained why...

The 29-year-old shot-stopper didn't waste any time after returning from international duty at the Africa Cup of Nations, penning a contract with the ambitious Proximus League outfit prior to the start of their new season.

While Bidvest Wits had been keen to keep hold of him and Kaizer Chiefs are believed to have tabled an offer, the goalkeeper explained that he needed a new challenge after winning everything there is to win in Mzansi.

Translated from the club's official website, 'Popeye' said, "I have won all the trophies that can be won in my home country... I was looking for a new challenge and I found it at OHL. This club wants to go to the Jupiler Pro League. I want to fight to help achieve that goal.

"I know OHL quite well, because I played against it a few times when the club was still active at the highest level. remember OHL as a nice club with enthusiastic supporters who push the players forward especially in home games. During my career I have always played in the first division."

Laduma



FAILS: Naomi Osaka has failed to reach a final since winning the Australian Open in January.

Naomi Osaka opens up on 'rough' 2019

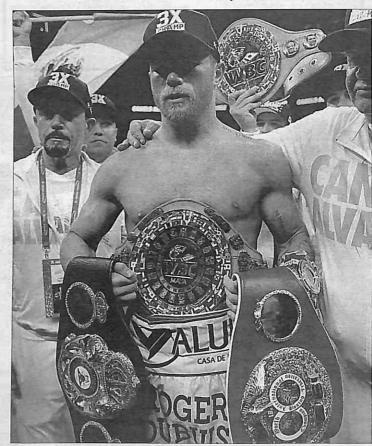
champion Naomi Osaka has revealed that she hasn't "had fun" playing tennis since her victory at the Australian Open in January.

The 21-year-old appeared set to dominate women's tennis after following up her maiden major triumph at last year's US Open with victory in Melbourne, but has struggled since.

A surprise split from coach Sascha Bajin followed the Australian Open, and Osaka has failed to reach a final at any tournament since, with a third-round exit at the French Open and opening-round defeat at Wimbledon punctuating the Japanese star's struggles. Osaka said in an "update"

ONDON - Two-time Grand Slam posted on her Twitter account: "The last few months for me have been really rough tennis wise, but thankfully I'm surrounded by people I love and who love me back (hopefully hahaha). In that regard I'm very thankful for them because whenever things go wrong I blame myself 100%. "I have a tendency to shut down because I don't want to burden anyone with my thoughts or problems but they taught me to trust them and not take everything on by myself.

"Unexpectedly, though, the worst months of my life have also had some of the best moments cause I've met new people and been able to do things that I've never even considered doing before. Sky Sports



FORCED OUT: Canelo Alvarez has been forced to relinquish the IBF middleweight world title (red belt)

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CALVIN LOUW SPOILS DIG DEEP PARTY

By Mbusi Motsa

(Guest writer)

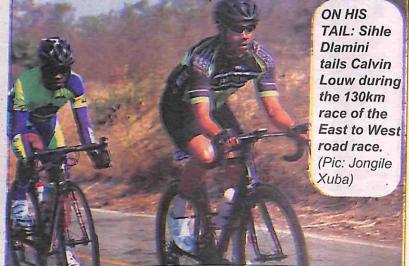
alvin Louw spoilt the party for Dig Deep Racing at East West race at Buhleni last Sunday.

He was the blemish on the lime kitted ensemble.

Dig Deep's Sihle Dlamini and Gcina Banda were positions 1 and 3 respectively while Calvin was second. Sihle and Calvin broke away very early in the race and kept opening the gap all the way to the end.

The chasing peloton just failed to catch up. I did mention in my last article that odds favoured the host team owing to their fitness and hunger for the podium to show off their hard work. Same goes to the presentation of the race that was glitch and incident free.

The locals were able to experience top notch racing for the first time in the area. This was one of the best days for their



leader Joseph Warring I even felt it in the hand shake he gave me after the race. Well done Mr and Mrs Waring, your investment is paying off handsomely. Newcom Wheels reigned supreme on the

60km by dominating the podium. New kid on the block, Nzuzo Nsibande championed this race and Sihlangu Sikhondze was position three while 4ever's Gija Gwebu came second.

ON TOUR DE FRANCE

he Tour de France is finally over with Team Ineos duo of Columbian Egan Bernal and defending champion, British Geraint Thomas claimed first and second spots.

Steven Kruijswijk from New Zealand was third.

For me it was an anti-cli-

max. Frankly it was painful when my hero Julian Alaphilippe cracked after leading for a long period and eventually relegated to fifth position. I actually felt pain similar to that night when Mike Tyson was floored by Lennox Lewis. I recall well as he lay on the canvas blink-

ing not believing what happened to him. I happened to discuss the tour with Sihawu Dlamini during the the Stix race who rightfully predicted Egan Bernal as a possible winner of the tour owing to his ability to survive long climbs.

The youngest rider in the tour, who is only 60kg, is the first Columbian to win the

tour. He is from an MTB background and started winning races from the age of 9. He managed a bronze medal in the 2015 UCI MTB World championships.

He joined Team Sky in 2018. I can only imagine the hero's welcome he received at home. Noteworthy is the fact that he is 500 000 Euros richer as I write.

Message to female riders

oming back home, I am greatly worried about female participation in our local races.

There is literally no competition.

In the past weekend race the big race only had Dinize Wilsch. We have a task to change this situation quickly and I am optimistic that we shall soon find a solution to this big problem.

In the interim can girls interested in cycling and not older than 18 years old get in touch with lady coach Mandisa Simelane.

Inyatsi G2G here next weekend

☐ G2G MTB race this Saturday at Nkonyeni.

myself in this one.

ocus is now on the

This is one lovely and challenging race that has grown immensely since inception.

I will also be enjoying

Support Let us all support this race to reward the race organisers Inyatsi Construction for com-

mitment and the great effort they put in setting up race for us.



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RECKONING MOMENT FOR SIHLANGU IN LUAND

By Melusi Miotsa

Angola vs Eswatini (4pm, Coqueiros Municipal Stadium, Luanda)

OCCER - Nations pride Sihlangu Semnikati will be looking to achieve its biggest dream of qualifying for its first major international competition in the 2020 CHAN finals when they meet Angola this afternoon in Luanda.

The senior national side will be aiming for glory against the host who are boasting a healthy goal advantage after holding Sihlangu to a 1-all draw during the first leg encounter which was played last Sunday at the Mavuso Sports Centre.

Sihlangu coach, Kostadin Papic has already sounded a ram's horn that declares war on the opponents who needs no introduction in the international arena.

Angola once finished as runner up behind Tunisia during the 2011 tournament of the continents second premier national competition.

The Palangra Negras will be coming to this assignment with their heads held high after salvaging the important advantage during the first encounter.

Undoubtedly, Papic has introduced young blood in the national team. His focus on development and nurturing young talent is exactly what local football has been yearning for, for years.

The Serbian mentor seems to be not afraid to take risks and he showed this last Sunday at Mavuso by throwing in voungster Lindani 'Rio' Matsenjwa into

Possible Sihlangu

Lindo Siboniso

Frank Dlamini

Dlamini Banele

Siboniso Mamba

Fanelo Tsabedze

Siboniso Ngwenya

line up

Musa Dlamin

. Sifiso Matse

Landu

Jose

Antonio

Augusto

Fransisco

Jaredi

Estavao

Menzi Sithole



WARM-UP: Sihlangu players captured warming-up during the CHAN first-leg match which was played last weekend at the Mavuso Sports Centre. The nations pride faces Angola today during the second-leg encounter in Luanda.

the deep end and he is likely to keep his faith on the Young Buffaloes youngster by deploying him on the left flank.

The Young Buffaloes star had a good game as he troubled the Angolans with his silky skills that carved open their defence.

Direction

The local side is on the right direction and they only need to convert the numerous chances which they have been creating during their recent matches. Today, Papic's men will be entering the hostile Angolan territory and will play without the 12th player.

After matching the Palancas Negras pound for pound last weekend at Mavuso Sports Centre, all eyes will be on Papic's youthful squad to deliver the goods. The nation is waiting with bated breath for the outcome of the match.

The return of captain Banele Dlamini at the back is sweet music to the ears of the supporters. He is expected to partner with Siboniso Ndzabandzaba.

The latter had a good game in the first leg of the match as he marshalled the defence well.

Mbabane Swallows goal keeper Sandanezwe Mathabela needs to be in full concentration for the entire match if Sihlangu want to progress to the last qualifying hurdle of the competition to be hosted by Cameroon next year.

Papic should start with Young Buffaloes' attacking winger Fanelo 'Order' Mamba if he wants to kill the game in the first half.

The former Moneni Pirates winger was introduced in the second half last weekend and stamped his authority.

He was galloping on the flanks like a horse in a race and he is expected to spearhead Sihlangu's attack during this crunch assignment.

The return of 2018/19 MTN Player of

What the coaches have to say

Terisayi Changara (Tambuti FC coach)

6 We need to attack form the first whistle and not give our opponents any breathing space.

An early goal will suit us fine as it will give confidence among the players

All in all I have full confidence that Sihlangu will conquer today"

the Year and Top Goal scorer, Musa Dlamini will also give Papic attacking options today.

Speedy

The Green Mamba speedy forward will also be one to watch, not only by the fans but also the Palancas Negras' defence with darting runs and excellent eye for goals.

However, the local side is facing an Angolan side that is also oozing Domenic Kunene (Young Buffaloes coach)

"We have better chances to win the match today. It is just that we have to convert our chances to goals. Edwin Matsebula (Royal Leopard) "Judging by last week performance match, we have better chances than the Angolan side to record a win today. All we need to do is to be clinical in front of goal."

with confidence as they will be enjoying home ground advantage.

In a post-match interview on Sunday, the Angolan side made it clearly that they will finish the job at home.

It will be remain to be seen which side progresses to the third round of the tournament to set up a date with the winner between Botswana and Zambia later this year.

A thriller is on the cards.

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UZBEKISTAN BOUND TEAM PROMISE TO DELIVER GOLD

By Jongile Xuba

AEKWONDO - The five artists headed to the 2019 World Taekwondo Cadet Championships at Universal Sports Palace Tashkent, Uzbekistan have promised to bring home gold medals during the global championships scheduled to take place from Wednesday till Saturday.

This was revealed by the athletes during a press conference held at the Eswatini Olympic and Commonwealth Games Association (EOCGA) conference room yesterday.

The five artists include Sihlelelwe Matsebula, Sifiso Dlamini, Gcinumuzi Nxumalo, Kimberly Dlamini and Sivunwesihle Dlamini.

St Theresa's Primary School 11 year old Sivunwesihle Dlamini who is a green belt, said this is her second time travelling outside the country for competition.

"I got a gold medal the last time and I want to replicate that performance. Having faith in my abilities as well as not being scared helps me compete well, so I am ready," she said. Sihlelelwe Matsebula from St Michael's Primary said he was looking forward to the competition.

"I trained a lot in order to get ready



READY: Eswatini National Taekwondo Cadet team joined by Eswatini Olympic and Commonwealth Games Association (EOGCA) CEO Sydney Simelane (centre) during their departure for the 2019 World Taekwondo Cadet Championships taking place at Universal Sports Palace Tashkent, Uzbekistan yesterday. (Pics: Jongile Xuba)

for competition. I also tried to listen to my coach which helped me improve. This is my second competition outside the country and I am ready to bring home a gold medal," he said.

Eswatini Taekwondo Federation (ETF) President Zakhele Dlamini said it was the first time in the federation's history to send a team to an international competition and they were very grateful for the opportunity.

"This is a historic moment for both the federation and the country as it is the first time we are sending a team to the world championships. We would like to express our gratitude to EOCGA, Eswatini Sports and Recreation Council as well as other sponsors for sending the team abroad," he said.

Championship

The president added they expected the team to raise the country's flag

high and that they were looking at more junior championships in the future. EOCGA Chief Executive Officer (CEO) Sydney Simelane wished the teams a safe trip as well as encouraged them to enjoy themselves during the competition.

"It gives us great pleasure to see the Taekwondo national team head to 2019 World Taekwondo Cadet Championships. I know that martial



I PROMISE: Sihlelelwe Matsebula said he is ready to bring home the gold medal home after the competition.



FAITH: Sivunwesihle Dlamini said she has faith in her abilities and wants to bring medals.

artists are well disciplined people and we encourage them to enjoy themselves during the championships and further work hard," he said. The team comprises of five artists together with two coaches. The delegation leaves tomorrow and travels to Johannesburg where they will catch a connecting flight to Dubai then Uzbekistan.



FINALE: Volleyball action.

Nedbank Volleyball League ends today

By Jongile Xuba

OLLEYBALL - The first round in the Nedbank Volleyball League comes to an end today as teams look to finish strong before heading into the break.

Games will be played at Hambanathi Courts in Mhlume and will have only two games in the males and females' category. RSSC play hosts to the series of matches and they will first tackle Umbutfo Eswatini Defence Force (EUDF) at 10am.

With only three wins this season so far, the sugar belt side will be looking to continue their good fortunes against the army side.

Current leaders Correctional will face second placed Bob Cats in what is set to be a potential thriller.

	U	
anathi		
Janaun		

Today at Ham

Men's

EUDF RSSC Bob Cats Correctional 10am Chilly Babes VS UEDF 12pm RSSC

A win for either team will see them lead the log going into the break which will be high in the priorities of both

The women's league will have Chilly Babes who have two wins face log leaders Correctional at 10am where the leaders will be hoping to continue their dominant run of six consecutive victories.

WE WILL UPSET WAY INN - FLAG

By Melusi Mlotsa

OOL - Correctional Services aim upset current log leaders, Way Inn, during the crunch Dixies International E40 000 League encounter scheduled for tomorrow at the Correctional Pool Club.

The Matsapha based pool team is fresh from a defeat which they suffered at the hands of their security forces rivals Garrison last weekend.

The club captain Flag Nxumalo said his team is ready for the game and they cannot lose two times in a row.

"We will try by all means to win against Way Inn after we dropped crucial points against Garrison.

FOXTURE

Today Bhunya Garrison Manzini Pool Club REPS VS Stairs VS Figaredo Five vs Mankayane

Tomorrow France

vs Figaredo Correctional VS Way Inn

and I can confidently say that we are ready for our opponents," he said. Worth noting is that Correctional

Preparations have been going well

MANZINI REGIONAL POOL LEAGUE LOG 2019

managed to beat Way Inn during the first round encounter between the two giants.

NETBALL REGIONAL GAMES KICK OFF TODAY

By Jongile Xuba

ETBALL - Manzini and Mankayane Swaziland Building ociety (SBS) Regional Netball Leagues will kick off today at their respective venues at the Zakhele Courts and Mankayane Sports Ground.

The Manzini League will have Giant netball team against Sunshine at 10:30am. The match will be played at Zakhele Courts in Manzini.

The Mankayane League will have games at two venues. Mankayane Sports Ground will host two games as Mankayane take on Bhadzeni at 10am which will be followed by Ngcoseni against Macudvulwini at 11:30am.

The second venue Ngwempisi and

Juventus Ladies face Sibheva at 10am in the first match. Khalangilile take on Sishingishane at 11:30am followed by Ngwempisana versus Mbesamandla at 1pm.

Elite League fixtures will also take Centre stage at the Zakhele Courts and have Correctional against

Illovo in the first match at 10am. Army side Umbutfo Eswatini Defence Force (UEDF) faces

Manzini Ladies also 9am meanwhile Royal Eswatini Police Services (REPS) will entertain Fashions at 10:30am.

The last match of the day will be between Mbabane Raiders and OlympAfrica at noon.

FINTURE

Today at Zakhele Courts Correctional VS Illovo **UEDF** Manzini Ladies 9am VS REPS Fashions VS Mbabane Raiders vs OlympAfrica 12pm Men's 1:30pm **UEDF** Vixens VS 1:30pm National team VS REPS Manzini Zone fixtures 10:30am vs Sunshine Giant

Mankayane zone fixtures

Ngwempisana vs

Today at Mankayane Sports Ground vs Bhadzeni Mankavane Macudvulwini 11:30am Ngcoseni VS

At Ngwempisi Sports Ground Juventus Ladies vs Sishingishane 11:30am Khalangilile vs

Mbesamandla 1pm



I WILL SCORE AGAINST ANGOLA MENZI SITHOLE

By Sibusiso Masilela

OCCER-SIHLANGU utility player Menzi Sithole has promised to deliver another goal for the nation's pride during today's crunch CHAN tie against Angola to be played in the after-

Sithole recently rescued the senior national team by scoring the elusive

equaliser against the 2011 CHAN runner up (Angola) during the first leg encounter which ended in a 1all draw last weekend at the Mavuso Sports Centre.

The Mbabane Highlanders players said he was looking forward to the return leg of the CHAN second round encounter scheduled for

the Coqueiros Municipal Stadium. "We are all looking forward to the match where I am determined to score the much important goal for the country that will transport us to the next round.

We are not afraid of Angola and we promise to rectify the mistakes we made during the first leg in order to emerge victorious.

"We are appealing for prayers from the nation as we go to battle against Angola," he said.

The Kostadin Papic-led men need a 1-0 victory in order to reach the last qualifying round of the continents second premier national competition.

Eswatini lose to Zambia in COSAFA Women's U-20 opener

By Jongile Xuba

Zambia (3) 4 Eswatini (0) 0

OCCER - it was a hard day at the office for Eswatini women's U-20 national team as the lost 0 - 4 to Zambia in the Council of Southern Africa Football Associations (COSAFA) Women's U-20 Championship in the Group B opening fixture.

The game was played yesterday

at the Gelvandale Stadium and Zambia was the dominant team from the beginning.

It took just 15 minutes for the Zambians to find the back of the

It was Maylan Mulenga who slotted comfortably to give her side the lead and a foot hold in the game.

The second goal followed in the 23rd minute and this time it was Mambwe who eased past a shaky defence to beat keeper Gcinile Dlamini.

Zambia could have found a third ten minutes later but thankfully, Dlamini was on her toes to deny the effort at goal.

The third goal was scored on the stroke of half-time and it was Mulenga again who finished off a quick counter attack to give her side a three goal lead on the 45 minutes mark.

Back

Teams came back from the second half break and Zambia picked up where they left off in the first by running the show.

More possession, more shots and chances created saw them claim a fourth in the 63rd minute from an own goal.

Noxolo Gamedze tried to clear an incoming shot and the ball deflected off her knee and past the keeper who was rooted to her spot.

That was the final nail in the coffin as Zambia saw out the rest of the match threatening to score more. Zambia's Maylan Mulenga won player of the match.

MADAM: HMCS Com Gen Phindile.

GREEN MAMBA PROMISES TO **BRING TROPHY FOR PHINDILE**

By Sibusiso Masilela

OCCER - Correctional services side Green Mamba have promised to deliver at least one trophy this season for their new president, Phindile Dlamini.

She replaced Isaiah 'Mzuthini' Ntshangase as the President of Inyoka Eluhlazana' by virtue of being the correctional services' Commissioner General.

The team said the trophy would be a good gesture to welcome Dlamini who was recently appointed into the position of Correctional Services as a club," he said. Phakathi added

Commissioner General by His Majesty King Mswati III last weekend.

This was revealed by the club Chief Executive Officer Thamie Phakathi, who said they were happy to have Dlamini as the new leader at the green and white ensem-

Wena "Bayethe waphakathi, we are grateful for the appointment of Dlamini as the new Commissioner General.

We wish her the best in the position and we are going to give her full support

further stated they were still preparing for the upcoming CAF crunch CAF Champions League clash against Zesco United next Saturday at the Mavuso Sports Centre. "The team is working hard at training preparing for the tough

assignment where we want to make the nation proud by advancing to the next round of the competition.

Entrance fee for the match is E30 and we appeal to the nation to come in their numbers to support the team," he



Sitsebe Semhlekazi coach Anthony Mdluli.

Angola a closed book to us - Anthony

BY MELUSI MLOTSA

OCCER – Sitsebe Semhlekazi coach Anthony Mdluli said they will be playing against a side that is a close book to them today in the COSAFA Women Championships.

Mdluli said it is going to be a tough match but they are gunning for a win.

"We are playing an Angolan team not known to us and it is going to be a tough match but we are determined to play better and at least get a point from the match," he said.

Mdluli added that the two remaining matches will be difficult as they will determine their progress.

He said they need to be focused more than they were during their game against Mozambique.

Sitsebe won the first leg in the regional women's tournament on Thursday by beating Mozambique 3-1. The local's goals were scored by Merylin Sanga, Phumzile Dlamini and Tenanile Ngcamphalala.

There are twelve women national teams participating in the tournament running concurrently with the U-20. The top team in each pool will advance to the semifinals along with the best placed runner

South Africa are the defending champions of the COSAFA Women Championships tournament.

COSAFA FIXTURES

Today **Wolfson Stadium**

vs Sitsebe 3:30 pm Angola

vs Eswatini 2pm Tanzania

Tuesday

Galvandale Stadium

Botswana vs Eswatini 12 pm

By Melusi Mlotsa

OCCER - A female Premier League of Eswatini referee Buysile Mkhaliphi reportedly had to be sent back home after she failed a physical fitness test in South Africa shortly before the commencement of the COSAFA Women Championships.

Women COSAFA

Championships started on Tuesday. Sitsebe Semhlekazi is partaking in the women regional tournament.

Information gathered is to the effect that the local referee was among those who were hoping to officiate in the tournament.

A source close to the referee said Mkhaliphi was sent back home on Sunday after she failed the test on Saturday. The source revealed that

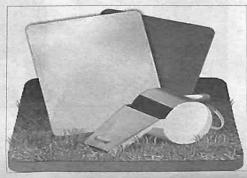
only Leticia Vienna and Tencwala Soko passed the physical fitness

"It's true that Bu'yisile couldn't make it due to lack of physical fitness. Its only Leticia and Tenewala who made the grade," said the source.

Eswatini Referees Association Manager, Sifiso Zondo confirmed that there are some referees who went to officiate in the COSAFA

Women Championships. He however, declined to go into detail and referred all questions to Eswatini Football Association Marketing and Communications officer Muzi Radabe.

"I'm not sure about the name of the local referees who are officiating in COSAFA, I have to check from the referee's manager," said



PLAYING TODAY ABSA PREMIERSHIP Chippa United

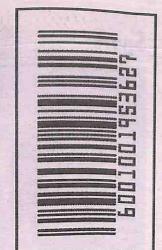
Baroka FC M.Sundowns 18:00 Orlando Pirates AmaZulu FC

Stellenbosch VS VS.

Cape Town City FC SuperSport United Bloemfontein Celtic VS **Bidvest Wits**



IF SPORT IS YOUR BIBLE, THEN WE'RE YOUR CHURCH



August 3, 2019

Highlander's playmaker promises to deliver another goal against Angola - Pg 43

HIGHLIGHTS

MASSACRED!:

Eswatini Women Under 20's thrashed by Zambia

PAGE 43

READY FOR WAR:

Taekwondo juniors aiming for gold in **Uzbekistan**

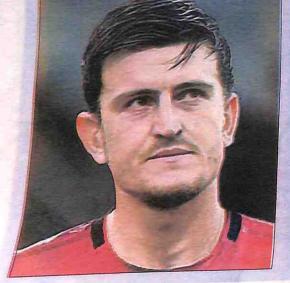
PAGE 42



MOMENT!

Sihlangu CHAN preview

PAGE 41



Man United agree £85m Maguire deal with Leicester

ANCHESTER Manchester United have play AC Milan in Cardiff. agreed a fee of £85mil-Harry Maguire the world's most expensive defender.

The figure, which includes addons, was finally reached following weeks of negotiations between the two clubs.

It eclipses the £75m that Liverpool paid Southampton to sign Virgil van Dijk in January 2018.

Maguire is expected to undergo

- his medical today while United

The 26-year-old pulled out of lion with Leicester City to make Leicester's final pre-season friendly against Atalanta yesterday because he is not in the right frame of mind to play, having called in sick on Monday.

Maguire had made it clear to his manager Brendan Rodgers and teammates that he wants to go this summer after Leicester rebuffed United's interest 12 months ago.

He did not feature in an official

club video released on Thursday to announce the club's squad numbers for the new season.

It only fuelled speculation that Leicester were preparing to sell Maguire as they line up a replacement with James Tarkowski of Burnley and Watford's Christian Kabasele possible options.

United wanted a deal done by Monday or else they will not have enough time to sign an alternative target before next week's transfer deadline on August 8. Daily Mail

MOST EXPENSIVE DEFENDERS

1. Harry Maguire	-£85m
2. Virgil van Dijk	-£75m
3. Lucas Hernandez	-£68m
4. Matthijs de Ligt	-£63m
5. Aymeric Laporte	-£57m
6. Kyle Walker	-£54m
7. Benjamin Mendy	-£52m
8. David Luiz	-£50m
9. John Stones	-£50m
10. Davinson Sanchez	-£42m

TO UNDERGO MEDICALS: Harry Maguire the world's most expensive defender.